



President's Message



Dear Friends,
We have recently inaugurated the Vocational Training Centre of Excellence at YMCA Mumbai Central in partnership with Bharat Serums and Vaccines Limited and YMCA Mumbai.

I thank Bharat Serums and Vaccines Ltd for their generous contribution.

I would like to congratulate our Rtn. Hormusji N Cama on being elected as the chairman of the Audit Bureau of Circulations (ABC) for the year 2018-2019.

I also congratulate fellow Rtn. Pranay Vakil for receiving the Lifetime Achievement Award from Star TV.

A special thanks to our last week's speaker, Dr. Udwardia, for such a marvellous talk which received a standing ovation from all Rotarians. I urge all of you to kindly get other fellow Rotarians to join us at the meetings.

We are almost a month away from the fund raising event 'Dil Se'. Hope most of you have booked your tickets, if not request you all to do so well in advance. I am eager to make this a memorable and meaningful one.

Thank you,
Rtn. Vijay Jatia
President

Today's Speaker

Ajoy Mehta
Municipal Commissioner



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The Art of Medicine



Guest Speaker Dr. Farokh Udwardia

We were honoured to welcome to our meeting last week Padma Bhushan recipient, Dr. Farokh Udwardia, physician extraordinaire. Eloquent and intelligent, this man is one of the most reputed physicians, professors, and music enthusiasts - a triple treat, indeed. Dr. Udwardia wowed us Rotarians as he engaged us with snippets of three essays from his new book, 'Tabiyat.' He described it as, "Divorced from the technical aspect of medicine," making it an easy read for us not fluent in the language of medicine.

Touching upon the first essay in his book, Dr. Udwardia said, "The knowledge and awareness of humanities and history make a better physician."





L to R - Rtn. Shernaz Vakil, Dr Farokh Udwadia, President Rtn. Vijay Kumar Jatia, Hon. Secretary Rtn. Rekha Tanna

Further explaining his comment, he stated, knowledge and awareness of humanities inculcate an aesthetic sense and a feeling of sympathy in a physician. The study of humanities lends sympathy and empathy, which makes doctors more compassionate to the patients they treat. Not just that, it increases one's analytical and observational powers and instills important moral values which are important for physicians in this fast-changing world.

Humanities essentially humanise medicine, said Dr. Udwadia.

Modern medicine, unfortunately, has created doctors that relate more to machines than patients. There is more to medicine than science and technology; he believes that technology cannot thoroughly understand a patient's history. "The art of history-taking and the heart of good examination is unfortunately lost today," he explained. Therefore, the practice of medicine should be based not just on science, but in equal measure, on arts.

To describe the art of medicine in words, Dr. Udwadia said, "It is the artful application of science

to the holistic wellbeing of a patient." Often referred to as the art of healing, some aspects of this art lie in being able to detect subtle, untold nuances in medical history and make an intuitive diagnosis. In this manner, a physician is able to understand and treat the patient, not just the disease. Moreover, the bond between the patient and the doctor, "a bond that stands the test of time," according to Dr. Udwadia, is the heart and soul of medicine. Further describing this bond, Dr. Udwadia quoted poet and philosopher John Donne, "Any man's death diminishes me, because I am involved in mankind, and therefore never send to know for whom the bell tolls; it tolls for thee."

Moving on to another essay from his book, Dr. Udwadia chose to speak about 'War and Medicine,' describing the strange relationship they share despite being stark contrasts. War is man's supreme inhumanity to fellow men, while medicine represents humanity and humanism; War represents death and destruction while medicine represents healing





and preservation. However, war has also brought great advancements and research in medicine, such as varied surgical techniques, the ambulance, and transfusion services. These innovations were discovered on the battlefields of Europe and Asia. War is stitched in the genome of humankind, illustrating the dualities of good and evil that exist and have existed in the world.

Concluding with his last essay, Dr. Udwadia discussed a subject very close to his heart: 'Music, the Mind and Medicine.' Music, what Dr. Udwadia calls the greatest of all arts, is a form

of creation comprehended but not translated. By this, he means music has no relation to the external world, but it is the most emotive of all arts and its beauty is found in the subtlety of its tones, in transcendental meditation, and even in numbers - in reference to Bertrand Russell's 'Principia Mathematica.' Furthermore, Dr. Udwadia highlighted the pain-relieving abilities of music therapy.

After his thoughtful and moving speech, Dr. Udwadia left us all with some insightful food for thought. He exited the dias to a thunderous standing ovation from newly enlightened minds.



Interact Club of Bharda School community service work at Sindhodhini village, Silvassa

On 30th August 2018 the Interact Club marched ahead to fulfill their community service project. This year the venue chosen was Silvasa. The Interactors began their hamlet visit by going around the village in groups to conduct a survey to learn about the socio-economic conditions, their standard of living, their occupation through

preliminary observation study and documented the same in their individual reports. The children distributed food items and clothing for each of the villagers who had gathered there.

They also visited Gulab Mariya High School and conducted various activities for the school children. At the end a prize

distribution ceremony was conducted where the Interactors distributed prizes to the winners. They distributed stationary items, notebooks, tiffin-boxes, water bottles, and more to each and every student of the school. They generously distributed 510 snacks and biscuit packets to the children.

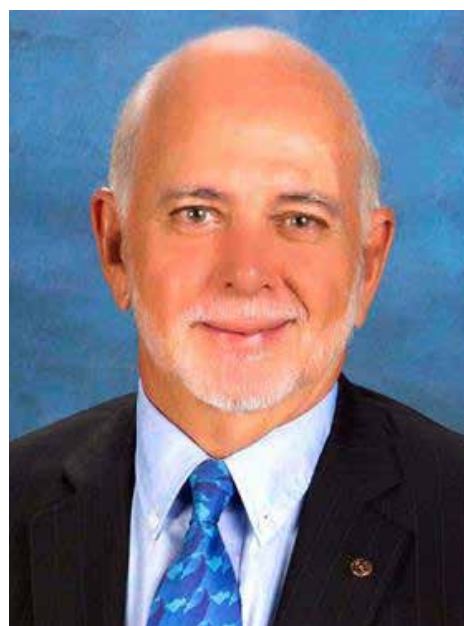


Q & A with RI President, Barry Rassin

Recently RI President Barry Rassin was on facebook live and was taking questions from Rotarians across the world. Rtn Satyan Israni of Rotary Club of Bombay put the following question to Barry:

Q: Barry do you think increasing the number of members in existing clubs is preferred or increasing the number of clubs when we talk about getting more people into the rotary family?

A: It depends on the area and the club. We should be doing both - is the answer. We should be growing our clubs. We shouldn't be having clubs who are having less than 20 members. They are doing great work don't get me wrong but you have a better dynamic if you get more than 20 members in a club. So you want to grow your clubs but you also want to start new clubs especially to provide opportunities for the young professionals to get into a club if they can design themselves. They can put it together the way they want it to with their friends. So it's important to start new clubs and it's important to continue building our own clubs.



Inauguration of the Vocational Training Centre of Excellence

The Rotary Club of Bombay and the Bombay YMCA began its partnership way back in 1929, when Mr. H.W. Byrant, General Secretary & CEO of Bombay YMCA was instrumental in founding of the Rotary Club of Bombay as one of the Charter members. He was also elected as the Vice President. Since then, the Rotary Club of Bombay and the Bombay YMCA have collaborated on numerous projects which include Night Study Centres, a swimming pool, self-help groups and Vocational Training Centres.

Rotary Club of Bombay, one of the pioneers in India among the Rotary movement, devoted to the ideal of 'Fellowship through Service' over the years found a worthy partner and a likeminded ally in The Bombay YMCA.

In its resolve to transform lives of the marginalized and weaker sections of the community especially women and girls, the Vocational Training Centre was established at the ground floor classroom of Municipal School Agripada in 1995 under the Presidentship of Rtn. Arvind Jolly. The Vocational training centre has touched close to 48,000 lives since its establishment in 1993.



18th September 2018 was a proud moment for both the organisations as they joined forces yet again to inaugurate a project which is rightly being named 'The Vocational Training Centre of Excellence'. This Centre is supported by Bharat Serum and Vaccines Ltd, who have made a munificent contribution as part of their CSR initiative.

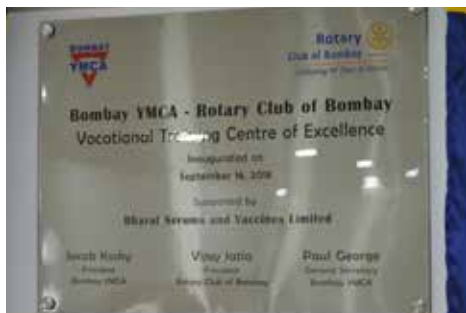
The centre was inaugurated by RCB President Vijay Jatia, Bhavna Daftary and YMCA President Jacob Koshy.

The centre will function with the aim to...

- To empower the underprivileged section of society



- To facilitate the vocational training programs for needy.
- To facilitate employment opportunities
- To identify the problem of an individual through counseling and provide the services accordingly.
- To organize and conduct educational and awareness programmes for the underprivileged



Gender Equality - Upcoming projects

The Gender Equality Committee has laid down its plans for the year 2018-2019. It will continue with most of the previous work and has proposed a new plan called Project Red.

The objective of this project will be to distribute sanitary napkins to all 353 girls from Grades 6-10 in the five Bhavishya Yaan schools. The project will begin with an orientation program involving screening of an AV followed by distribution of packets of sanitary napkins to each girl along with an illustrated comic book explaining about menstruation with pre and post care and most importantly, disposal of sanitary pads.



WE ARE ACTIVE ON SOCIAL MEDIA WITH MORE THAN 3000 FOLLOWERS. FIND US ON FACEBOOK, TWITTER AND INSTAGRAM WITH THE HANDLE @RCB1929.

FIND US ON LINKEDIN AND YOUTUBE WITH THE HANDLE ROTARY CLUB OF BOMBAY.

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Rotary Youth Exchange Program Update

Vedant Chandrakant Kadam an alumni of Bhavishya Yaan from NM Joshi School, Topper of SSC batch 20015/16 and now studying to become an Electrical Engineer has taken off to Brazil as a Rotary exchange student.

Vedant left on 18th September, 2018 and will return on the 12th of October, 2018.

This was a great, novel Idea that was conceived by IPP Ramesh Narayan last year to provide this once in a life time opportunity to an underprivileged student.

This came to fruition with the wholehearted support and

encouragement of President Vijay Jatia, who so thoughtfully wrote to the host family in Brazil.

A big thank you to all the Rotarians like Homi Katgara, Peter Born and his wife Erika Born, Ashok Jatia and Gul Kripalani for facilitating the entire process.

A huge shout out to all the district officials of District 3141, appreciate all the efforts put in coordinating with their counterparts in Brazil. As well as, to Kamlesh and his team from the District Office for coordinating with the Rotary District at Brazil. A huge and special appreciation for the dedication and hard work of R/



Anne Jaya Prasad without whose tenacity and dogged follow up this simply wouldn't have been possible.



ROTARIANS MAKING WAVES



We congratulate Rtn. Hormusji N Cama on being elected as the Chairman of the Audit Bureau of Circulations (ABC) for the year 2018-2019. Cama was earlier the President of the Indian Newspaper Society (INS) for two

terms, as well as Chairman of the Press Trust of India (PTI) and the Media Research Users Council (MRUC).

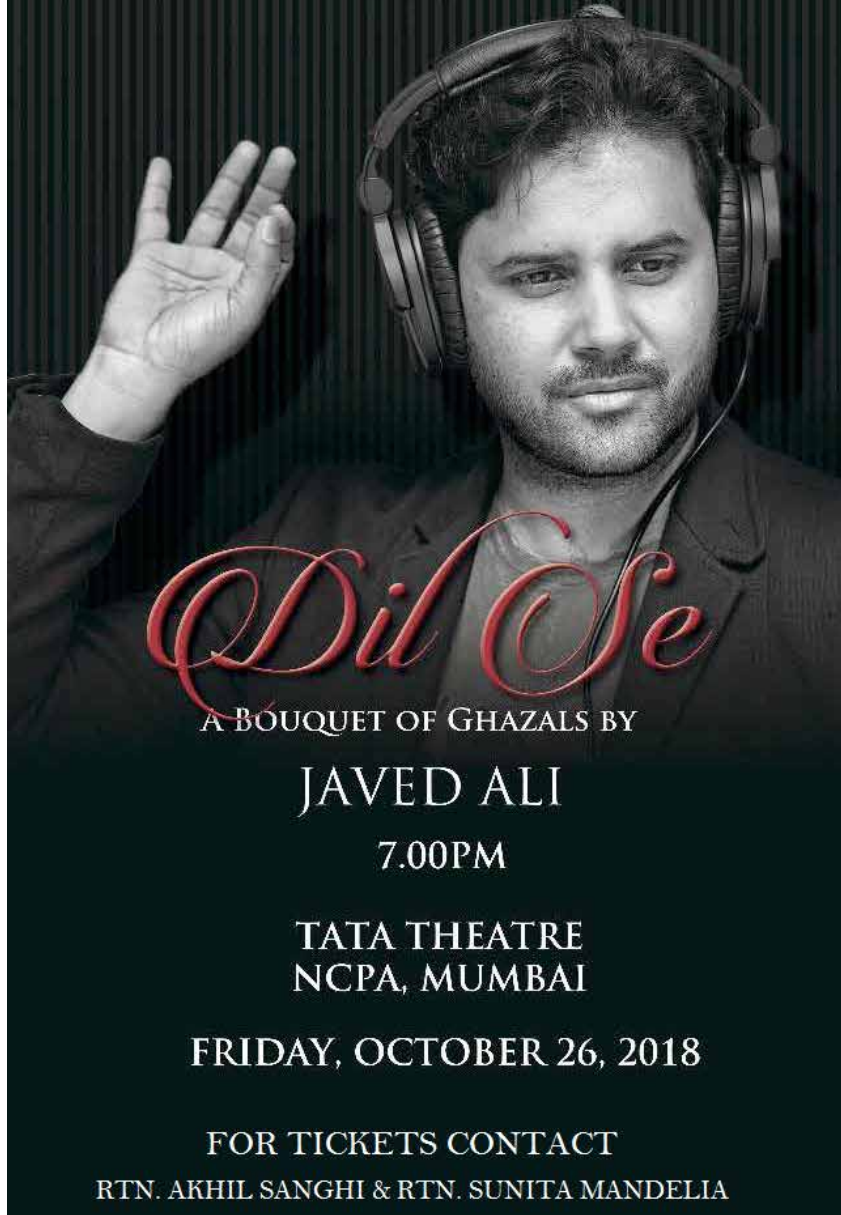


Our very own Rtn Pranay Vakil receiving the Lifetime Achievement Award from Star TV! Congratulations!!

Forthcoming Events

- **September 28th 2018**
Upcoming talk by Rtn Ashok Jatia at Asiatic Library
- **October 2th 2018**
There Will Be No Meeting
Public Holiday
- **October 9th 2018**
Speaker: Rishabh Shah
Nurturing youth for active citizenship

TICKET PRICE:
 Rs. 8,000 / Rs. 5,000 / Rs. 3,500
 Rs. 3,000 / Rs. 1,200



Dil Se

A BOUQUET OF GHAZALS BY

JAVED ALI

7.00PM

TATA THEATRE
NCPA, MUMBAI

FRIDAY, OCTOBER 26, 2018

FOR TICKETS CONTACT

RTN. AKHIL SANGHI & RTN. SUNITA MANDELIA

All Directors and Committee Chairpersons are requested to send their project write ups with high resolution pictures to Rtn. Satyan Israni for publishing in the Gateway at the following email id:

rotary.satyanisrani@gmail.com

ROTARY CLUB OFFICERS

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Arvind Jolly
Arun Sanghi
Dr. Adi Dastur

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Vocational Training Centres	Varsha Daiya
Child Welfare	Rajesh Shah

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Speaker for 9th October : Rishabh Shah, Founder and President, IIMU

Rishabh Sanjay Shah is the founder and president of the Indian International Model United Nations, a youth organisation from India which conducts simulations of the working of United Nations and teaches students how different governments work.

He wishes to work towards getting India a respectable position on the International stage and thus uses the IIMUN conferences to give students from 108 cities a lesson of diplomacy. His organisation has conducted a conference within UN Headquarters, New York in August, 2016. Other notable projects which he has overseen for IIMUN include conducting the World's Largest MUN conference with 7500 students in Mumbai and using the entire Aamby Valley City in Maharashtra for one conference involving 3000 students. He will be informing us on how we should be "Nurturing youth for active citizenship".



THERE WILL BE NO MEETING ON 2ND OCTOBER ON ACCOUNT OF IT BEING A PUBLIC HOLIDAY.



Birthday & Anniversary Greetings



Rtn. Jamshyd Vazifdar
24th September



Rtn. Rajesh Shah
26th September



PP Rtn. Dr. Zerxis Umrigar
26th September



Hon. Rtn. Rajashree Birla
29th September



Rtn. Rohit Dhoot
29th September



Hon. Rtn. Venugopal Dhoot
30th September



Rtn. Preeti Mehta
1st October



Rtn. Suresh Kotak
2nd October



Rtn. Purnima Sheth
2nd October



Rtn. Ramesh Mehta
2nd October



PP Rtn. Arvind Jolly
5th October



Rtn. Meera Alreja
6th October



Rtn. Vikram Daiya
7th October



Rtn. Ritu Prakash Desai
8th October



President Rtn. Vijay
Kumar Jatia
8th October



Rtn. Poonam Lalvani
8th October



Rtn. Gautam Doshi
8th October

Partners

25 th September - R/anne. Blossom Pinto	03 rd October - R/anne. Vatsala Jatia
26 th September - R/anne. Moushumi Chakraborty	R/anne. Rekha Ruia
R/anne. Rekha Jalan	05 th October - R/anne. Divya Mafatall
27 th September - R/anne. Anita Parikh	06 th October - R/anne. Sweta Vakil
30 th September - R/anne. Madhu Ruia	07 th October - R/anne. Swapana Murarka
	R/anne. Niloufer Vakil

Anniversaries

25th September - Hon. Rtn. Adi Godrej
03rd October - Rtn. Dr. Nayna & PP Rtn. Dr. Adi Dastur

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Statistics for last week's meeting

Rotary Club Bombay Members	147
R/Annes	07
Visiting Rotarians	03
Invitees & Guests	06
Rotractors	05
Total attendance	168
Community Service Box Collection	₹ 950/-