

PRESIDENT'S MESSAGE



Dear Friends,

Very Warm Greetings!!!

When people talk about 'fruit', reference is usually to a very specific fruit or generally, ignoring the varieties of the fruit or its different colours.

There is one fruit that deserves special recognition because it's probably the

world's most universally consumed fruit and spans generations, as food from our toothless babies to our toothless elders. It's soft, sweet, and easy to digest. It's the 'banana' – and here are some things which many of us may not be aware about bananas.

The banana's parent plant isn't a tree but a 'herb', and the fruit itself is a 'berry'. It is the fourth-most valuable food crop in the world, behind only wheat, rice and milk. In India, it is the second-most important fruit crop after mango. Banana is available around the year, is affordable, nutritious, tasty and also has medicinal value, which makes it one of the most in demand fruits, as a food for salads, main course and desert. Bananas come in yellow, red, blue and green colours and in different sizes and shapes.

There are more than 300 known varieties of bananas all across the world. However, in India, only 15 to 20 varieties are predominantly grown by farming. Of the thousands of bananas grown on Earth, the only one with truly global reach and most common is called 'Cavendish'. To most of the world, it is simply a banana, cloned so many times over, that a banana you buy in one country is almost identical as that in another country.

India is however known for different banana varieties and banana production, which is due to the apt combination of tropical weather and humidity. Picking up a normal regular banana is good practice, but it is also prudent to know the types of banana and relish them while consuming them.

Commercially, bananas are classified as dessert types and culinary types. The culinary types have starchy fruits and they are used in the mature unripe form as vegetables. Bananas are consumed not just as fruit, but also blended into a smoothie, a raita, a dessert or as a raw plantain in making some delicious side dishes.

The major banana growing states in India are Tamil Nadu followed by Maharashtra and Karnataka.

The varieties of bananas and its enormous health benefit have motivated people around the world to know the importance of banana and its consumption. Banana is a rich source of fibre, carbohydrate and is rich in vitamins particularly vitamin B and C. It is also a good source of potassium, manganese, phosphorus, calcium and magnesium. The fruit is easy to digest, and believed to be free from fat and cholesterol, said to be good source of energy, for skin, blood pressure, constipation, stomach ulcers, heartburn, aid digestion, control blood sugar, improved heart, bone and brain health and beat gastro intestinal issues. Even the banana peel has both medicinal and home care uses.

So let's go 'Bananas'!


President Preeti Mehta



SAVE WILDLIFE, SAVE THE FUTURE

Hemendra Kothari, who received the Taru Lalvani Award for Environment Protection last Tuesday, talked about conservation and wildlife along with Dr. Anish Andheria

Hemendra Kothari is the chairman of the India chapter of Nature Conservancy, the largest conservancy in the world of which 73 countries are a part.

"I realised the impact of climate change in the last few years. If we do not have forests and biodiversity, we are going to have serious problems. Today, India needs 20 per cent of forest area but it hardly has five per cent of good forest area. When I became interested in forest protection about 19 years ago, I realised what forest is by accidentally going to Corbett National park with my four friends. We saw a leopard in 15 minutes; that image still remains in my mind. I went to many sanctuaries and national parks before I saw the first tiger. It took me about 10 years to see

the first tiger."

"In the 90s, I realised that our tigers are disappearing as forests are depleting. That is when the Wildlife Conservation Trust was formed. I was very fortunate about 11 years back to meet Anish Andheria, who has done his chemical engineering and PHD and after that a Masters on conservation and wildlife. He joined us."

"We are more than a hundred people working in about 160 national parks and sanctuaries. We are maybe the largest working people in this area after the government. What we require from Rotarians now is to come forward and support people like us to do something to save the forests, help reduce carbon emission. Forests are necessary to absorb carbon in



Rotarians Pradeep Chinai, Ajit Lalvani, President Preeti Mehta, Suresh Kotak and PP Arun Sanghi confer the Taru Lalvani Award for Environmental Protection upon Mr. Hemendra Kothari



President Preeti Mehta wishes Rtn. Kasimali Merchant for his birthday



Rotarians Bipin Kapadia and Ashok Chinai



Rotarians Sabira Merchant, Jagdish Malkani, PP Ramesh Narayan, S K Mitra and Tarjani Vakil



Rtn. Anand Dalal, Rtn. Suresh Kotak, Ms. Radhika Rajan, Mr. Hemendra Kothari and Rtn. Pradeep Chinai



Dr Anish Andheria addresses the Club

the atmosphere and give out fresh air, that is why it is necessary to protect the forests. There are 600 rivers which are giving water from the forests we are protecting, of which 200 rivers originate from this forest."

"We work for land, water, air etc, with a few hundred scientists, the budget is US\$ 852 billion a year. Thus it's at a large scale and various things I am trying to do there which are different from the Wildlife Conservation Trust. I am now looking at the future generations. I have a grandson who is less than a year old. I think his life is going to be tough unless we do something in the next 10 years or so. Whether it is public transport, waste management, recycling, water management, we need to take care of it. Forests are necessary for all as they act like sponges; when it rains, they slowly release the water. There are places where we have roads, it's good infrastructure-wise but we are not putting them in the right places where the water can go to the reservoir. So these are the things that we require in future."

"Thus, Saving Tigers and saving forests is necessary. Today, youngsters visit national parks; we have been sponsoring the Sanctuary Awards to motivate people working in forests and see how forests can be protected."

The talk was then followed by a few presentations with Anish showing the rich wildlife heritage that India has, shot by the best filmmakers of the country. The presentation also spoke about the rationale of the Wildlife Conservation Trust and similar organisations. Anish says, "India has four per cent of the



Rtn. Mudit and Rtn. Ptn. Malti Jain et al

world's renewable water sources but is home to 18 per cent of the world's human population. Our forests are worth US\$ 1.7 trillion estimated, standing value of wood and soil but the emotions, water and agriculture is not factored in this."

"Jungle *nadi ki maa hai!* But people don't protect the forest if there is no anchor. Tiger is that anchor, a hook to safeguard the river basins. Forty per cent of India depends on forests for energy for fuel. India has highest density of cattle. Tigers are found in 13 countries of the world, 75 per cent of them are found only in India and 25 per cent in 12 countries. India has shown a rise in the population of tigers."

Anish points to the businessmen in the house: "No business can give you returns like this. One Rupee spent on the management of tiger reserves by the government, leads to an ecosystem service - good quality water, pure air, germination etc. One rupee is to 530 - that is the kind of return you get. Yet we are not investing in it. India is 2.4 per cent as far as land mass is concerned but it has eight per cent of the biodiversity of the world."

"There has been talk of linking rivers, a lot of agriculture in India is dependent on river water. Government has subsidised solar pumps so farmers are taking those pumps and getting as much water as they want without regulating it. That is why the yield has not gone down and people think that India is in good hands and our agricultural produce has gone up. But because now they are dependent on unlimited water which is not regulated and hence going to get

FACT: A wheel has been the symbol of Rotary since our earliest days. The first design was made by Chicago Rotarian Montague Bear, an engraver who drew a simple wagon wheel, with a few lines to show dust and motion. The wheel was said to illustrate "Civilization and Movement."

MARCH 3, 2020

THE BULLETIN OF THE ROTARY CLUB OF BOMBAY **03**



President Preeti Mehta thanks Mr Hemendra Kothari and Dr. Anish Andheria for addressing the Club



President Preeti Mehta wishes Rtn. Anar Shah for her birthday



President Preeti Mehta wishes Rtn. Harshbeena Zaveri for her birthday

over soon, that is why it is very important to understand the need for conservation."

"There has been a 60 per cent decline of vertebrates on Earth which is vast with massive impact on the GDP and the economy. 18 of the last 19 years are the warmest years on record. If business grows as usual we will have 140 million climate migrants by 2030. Bangladesh will release 100 million in India. It is this migration of people for livelihood that takes a huge amount of toll in law and order, social security."

"Because of environmental issues, there are flashpoints of violence. Almost 16 million hectare of tree cover loss was measured in 2017 alone and this was before the Amazon and Australian fires. So you can imagine the amount of loss that will be calculated in 2019; the darkest year of forests. Climate change is a problem for all nations big or small and global impact is really huge. We are 1.3 billion people with high aspirants, we have a high dependency on wood."

"We, as a business community, should put that pressure on the government to shift the focus. There are about three million people living in the tiger reserve

areas. That's the real issue. There are 300 million people in India depending upon five per cent of the Indian forest, imagine the impact of it. We must make sure that we pressurise the government to mitigate the roads without creating any hindrance to water flow and animal movement. There is a huge amount of loss in the human and wildlife side. There is conflict with the change in fabric of the country."

"At the Wildlife Conservation Trust, we don't work with tigers or elephants. We work with people to protect wildlife. These people are government, policy makers, businessmen and communities which share their backyards with the tigers. We love the wildlife and conserving it because we have sympathy towards the issues but people who live there have no romance with the tigers. So we are working to change their perception."

"We do STEM studies in schools to help them understand, build capacity in the government and fill in the gaps by understanding the plans of the government and locate the lacunae."

The presentation made the working of WCT clear to the Rotarians. It was rather

overwhelming to see the kind of work done by WCT in areas of training of forest people, livelihoods, trauma management training, preventing health checkup, education and policy changes, movement/ migration of tigers and use of scientific methods to root the data and much more. WCT has a team of economists, social scientists and psychologists to understand the behaviour of people."

*Dear Rotarians,
We look forward to your presence
On Tuesday, 10th March 2020, 10am - 1pm*



The Annual Jain Phoolon ki Holi !

*Live music, Flavours of Dilli ki chaat,
Shower of Rangeen Flowers, Kesar and Gulab.*

Rtn Naresh Jain . Rtn Mohit Jain . Radhika

**Venue : 44 Ashok Bhavan, 14th rd Khar,
Behind Satguru on Linking rd.
R.s.v.p. Ulka - 22840473 / 22826356**

BE HEART SMART

On February 13, the in-camera event 'How to be heart smart' by practicing cardiologist Rtn. (Dr.) Sharukh Golwalla, and hosted by Rtn. Anil and Rtn. Ptn. Honey Harish, brought many eye-openers. Sharukh discussed relevant cardio issues with attending Rotarians.

A) Type A personality or A stressed individual: Type A personality are the ones that are ambitious, aggressive, agitated, angry and anxious. They are hyper individuals and predisposed to heart issues. Train your brain to diffuse stressful situations.

B) Body Mass Index and Blood Pressure: BMI tells you whether your weight is normal (below 25) overweight (25-30) obese (30-35) and if you are beyond that then you are morbidly obese. How does this affect our heart? The cardiologists say, longer the waistline, shorter the lifeline.

C) Cigarette smoking and couch potatoes: Cigarette smoking is any person consuming nicotine, whether he smokes it or chews it. There is always an issue of having heart related issues from nicotine. Couch potatoes are individuals who only exercise their forks and knives. Cardiology journals say that 5000 steps in 24 hours is reasonably good activity to maintain heart health.

D) Diabetics: A good number is a three-month average called the glycosylated haemoglobin which should be below 7.

E) Environment: Non-smokers are smoking an equivalent of 10 cigarettes a day. The recent noise pollution is potent enough to raise your blood



pressure and create blockage in your arteries.

F) Family history of heart disease: A cholesterol test called LPA is a marker that a person with family history is prone to future heart disease. Unfortunately, there is no one form of medication. All we can do is lower bad cholesterol, LDL, of the genetic cases, below 100. A change in lifestyle can be beneficial.

G) Gout: Genetically high uric acid or factors in your lifestyle may increase uric acid. If it is high, it may harm the arteries, kidneys and cause premature thickening of arteries. A good number of uric acid is below 6, upper limit is 7. Factors that cause high uric acid are alcohol, red meat and shellfish, excess of caffeine intake and overweight individuals.

H) Hyperlipidemia: High cholesterol and high triglycerides. Alcohol, sweet intake, lack of exercise, weight gain adds to triglycerides. HDL was considered good cholesterol a few years ago. Ten years later and after a lot of money spent by the pharma industry, it was realised that HDL did not make any difference to longevity.

Homocysteine: a protein in the blood which is genetically high protein. Below 10 is acceptable. Or, it can cause premature blockages in arteries.

Holiday Heart Syndrome: guys who consume alcohol on the weekends and binge drink, land up in the hospital with a heart condition called Atrial Fibrillation. So drink in moderation.

MARCH 3, 2020

THE BULLETIN OF THE ROTARY CLUB OF BOMBAY 5

ROTARIANS IN THE NEWS



Rtn. Moy Biswas being felicitated by the Academy of Architecture.



PP Rtn. (Dr.) Mukesh Batra was felicitated at the 1st Sheikh Zayed Award ceremony for Traditional, Complementary and Alternative Medicine 2020 in Dubai, under the patronage of the Ruler and Founder of UAE, Sheikh Zayed bin Sultan Al Nahyan. This recognition shows the growing popularity and acceptance of Homeopathy around the world.



Advertising veteran and industry statesman, PP Rtn. Ramesh Narayan, Founder – Canco Advertising is the recipient of its Editorial Choice Award at GameChangers 2019. Narayan was chosen for his selfless and unceasing contribution to the advertising, media and marketing universe, through industry bodies and associations, officially and otherwise.

CLUB ASSEMBLY REPORT FOR OCT-DEC 2019

1. Name of the Committee: Gender Equality

2. Director-in-charge: Rtn. Vineet Bhatnagar

3. Chairperson: Rtn. Arin Master
Vice Chairperson: Rtn. Anar Shah

4. Names of Committee Members:
Rtn. Ravi Fotedar, Rtn. Dr. Ashish Contractor, Rtn. Natasha Treasurywala, Rtn. Tanya Sood, Bijal Kara, Dhvanika Thakker, Pervin Jehangir

5. No. Of Committee meetings held: Three.

Dates: July 9th, August 13th & September 24th, 2019. We had another meeting in January 2020 too.

6. Objective: To help women and children from underprivileged backgrounds lead a more dignified and comfortable life by giving them access to better medical facilities, better education and teach them professional skills to sustain themselves.

7. Status of planned projects: So far, we have financed the second phase of our commitment to Salaam Bombay for Skill Development and Enhancement. 155 Girls enrolled for Skill Development in different fields for the academic year 2019/2020 from 8 schools across Mumbai. Only one girl child dropped out of the programme. As part of the RCB grant, the girl students are also provided with a banana and a glass of buttermilk



Distribution of Sanitary Napkins to the students of MSPT High School

at every session they attend. We have also financed IWA for the Quarter for treating patients in various medical fields through regular OPDs conducted at The IWA clinic. I would like to report here that the clinic is doing well, with increased footfall and esp the Dentistry has picked up quite well. So far, this financial year, the total number of patients seen is 4150 till date. Also we have been monitoring the progress of the garden school children, to whom we give nutritional supplements. Checked on 99 children, out of which 65 had gained, 22 had lost and 9 were the same.

8. Status of on-going projects: We will be starting with Project Red this month with the sensitization and distribution of sanitary napkins to the girls of Colaba School. That is taking place on February

29th. A few other schools in the pipeline should be finalised soon. These schools will be undertaken shortly before the finals start.

Salaam Bombay will complete their second batch of Skill Enhancement programs by early next month. They usually have their Certificate Distribution Ceremony in April.

9. Action Plan to carry out the planned project: Co-ordinating with Salaam Bombay, to complete their course and for the distribution of the Certificates to the students. Contact these 3/4 schools which have been identified for the distribution of sanitary napkins. Another worthy project which has been identified and passed at the last committee meeting is to support an NGO called Miracle Feet. This NGO helps children borne with Club Feet, by putting them in casts from the time the child is borne till about 5 years of age. They also give them special shoes to wear till the defect is rectified. This provides a better quality of life than what the child would have grown up with.

10. Can the Board help : To expedite the planned projects: At present the above projects are doing well, but should any need arise or if any other worthy projects surface, we will definitely approach the Board.



50 YEARS AND COUNTING

Rtn. Dilip Piramal, who becomes a member of the Arch Klumph Society today, shows no signs of slowing down

The Gateway team is waiting for Rtn. Dilip Piramal, Chairman of VIP Industries, at his labyrinthine offices in Prabhadevi. We've been told he is going to be there in five minutes. We know that is Indianspeak for 15 minutes so we settle down. As a result, when he strides in three minutes later, we are caught unawares; we are charmed and disarmed. He invites us in and we start right off by complimenting him on his sense of time. "Why should I lie about the time," he says, "this is the problem – the truth has become flexible. But I do not like to lie."

Today, Dilip will become a member of the coveted Arch Klumph Society. Named after the sixth president of Rotary, the Arch Klumph Society was established to acknowledge and recognise The Rotary Foundation's highest tier of donors — those who have contributed \$250,000 or more during their lifetime. Dilip says, "When Vijay (Jatia) and Sandip (Agarwalla) came to me to request a donation for some project that needed funds, I said yes right away. I knew I wanted to spend that money and it seemed like a worthy cause."

Dilip's method of philanthropy is very



"Right now, I don't have the management bandwidth to get actively involved so I find good causes. One has to be careful that money is going for the right purpose. Trust and verify – with Rotary, one already has that."

straightforward. He looks into the people and the cause that he is giving towards. "Right now, I don't have the management bandwidth to get actively involved so I find good causes. One has to be careful that money is going for the right purpose. Trust and verify – with Rotary, one already has that. I am good at judging people and projects; that is my style in work also. It is rare that I have been cheated." He does intend to

get more active though, he says, "My uncle was against chequebook charity. Our Club advocates giving time, treasure and talent but I, at least, give one!"

There are two causes close to Dilip's heart – water and the girl child. He says, "What I don't like is to spend a lot of money that will benefit only a small percentage of people. One of the organisations which I support is Ekal

Quick 6

~ Rtn. Dilip G. Piramal, Chairman of VIP Industries, is the pioneer of the luggage industry in India and an industrialist with 50 years of vast and rich experience.

~ VIP Industries Ltd is the world's second largest and Asia's largest luggage maker. The company has more than 8,000 retail outlets across India and a network of retailers in 50 countries. It acquired United Kingdom-based luggage brand Carlton in 2004. It also launched Skybags in 2008.

~ VIPIL was the first company to make moulded luggage in India and it became a world leader. In 1996, Elanza, a fully integrated polypropylene suitcase was launched and soon became the leading product in the world in its category.

~ Dilip also pioneered the moulded chair industry in India. In 1985 he launched India's first monobloc (a complete upright chair with a full back) which also heralded the beginning of one of the largest industries in the plastic moulding space.

~ Dilip takes active interest in social and philanthropic activities. He is involved with the Piramal Education Trust in his ancestral hometown Bagar, in the State of Rajasthan.

~ In 1987, Dilip sponsored the establishment of the Piramal Gallery at the prestigious National Centre for Performing Arts in Mumbai. He has also restored the Piramal Haveli in Bagar, which is now a heritage hotel in the traditional architectural form of Rajasthan.

MARCH 3, 2020

THE BULLETIN OF THE ROTARY CLUB OF BOMBAY **7**

Abhiyan, which is part of the Friends of Tribal Society. These are pre-primary schools in the tribal areas, run by just one teacher. They have touched the figure of 1 lakh such schools. My father and grandfather believed in education for the poor and I too follow their example.”

Dilip has inherited his father’s love of simplicity. “My companies have done quite well,” he says, “I have lived well – my wealth has increased. But I never spend big money. Personally, I don’t require much. There is so much poverty in India – I want to leave a major chunk of my wealth to charity. My children already know this and they are in agreement with me. There is no need for more. What we have is far in excess of what we need.”

Last week, Dilip was awarded the Economic Times Polymers Lifetime Achievement Award. “Though VIP Industries is the second largest luggage company in the world, 90 per cent of our sales are in India. We now have an opportunity to become multi-national and that is the challenge we have now

undertaken.” He is proud of his lineage and has always strived to uphold that. “We have always enjoyed a reputation as an honest and ethical business family. They called us the Reserve Bank. If we had someone’s money with us, they could be sure that they would get it when they wanted it and that we would never cheat them.” In business for 50 years now, Dilip began taking business decisions in the family early. As a boy, he excelled in both academics and extra-curricular activities in school and college. He was always absorbed by general knowledge of the world around him and immersed in encyclopaedias.

Dilip has been President of the Rotary Club of Bombay Midtown, his old club. “I was the youngest member. I like Rotary. Earlier, it was very exclusive as a networking platform – now that exclusivity has gone down because of the number of ways one can network, particularly through the internet. The Rotary Club of Bombay does very good work. So I had a choice to either join RCB or my old club and I chose this. Many of my friends in the old club had retired.”

When he is not working and signing cheques for his favourite causes, Dilip listens to old Hindi music. His knowledge of it is prompt. Two seconds into a melody and he can tell you which song it is and who was the singer. His other abiding passion is reading. He says, “I am reading a lot more now. I have become a TV addict – I take in a lot of news. I am a staunch patriot and very proud of our 5000-year-old heritage. I am very happy to see our country is developing a sense of self. I guess you could say my current interest is national affairs.” Thus, he speaks on these subjects with ease and expertise.

Dilip has an unassuming air and can switch from politics to philosophy with ease – the principles of both have been integrated into the world view and the personal mantra that he now espouses. “I am a very realistic person – I do not have regrets about decisions made in the past.”

Dilip has two girls (Aparna and Radhika) from his earlier marriage to Gita and Priyadarshini from his marriage to Shalini.

MILTON

Sip it easy
with your super pals.



Campy Thermosteel bottle now in Back To School range! Buy now on **Amazon.in**

treo
BY MILTON

Memories
you can still taste



Store your kid's favourite eatables in the air-tight glass **Callisto Jars**
now available on **Amazon.in**

ROTARIAN BIRTHDAYS



MARCH 3
RTN. PRADEEP
SAXENA



MARCH 8
RTN. MOSHIN
CONTRACTOR



MARCH 9
RTN. HOSHANG
NANAVATI

ROTARIAN PARTNER BIRTHDAYS

MARCH 4

RTN. PTN. SUSHILA JOSHI

MARCH 6

RTN. PTN. PRIYANKA JATIA

MARCH 7

RTN. PTN. EMMA LALVANI

MARCH 9

RTN. PTN. RUKSHANA BILIMORIA

ANNIVERSARIES

MARCH 3

RTN. PTN. RITIKA & RTN. ANUJ

ARENJA

RTN. PTN. CHANDERKANTA & RTN.

VINOD JUNEJA

MARCH 4

RTN. PTN. NEELAM & RTN. ANIL

GOYEL

MARCH 5

RTN. PTN. SUDHA & RTN. ASHOK

GOKAL

MARCH 6

RTN. PTN. VANDANA & PP RTN.

AJAY KANORIA

MARCH 7

RTN. RENU & MR. SUBHABRATA

BASU

RTN. PTN. NAVAZ & RTN. FAROKH

GUZDER

RTN. (DR.) PRAKRITI & MR.

ROHITSHWA PODDAR

MARCH 8

RTN. PTN. NITA & HON. RTN.

MUKESH AMBANI

Forthcoming events

March 10: The annual Jain Phoolon ki Holi at 44 Ashok Bhavan, Khar.



GIVE, TO RECEIVE

There is no better deed than to feed a hungry person, especially a child. So to mark the event of each member's birthday the club will feed a child in your name. If you wish to feed more children or for a longer duration, then the charges for feeding a child nutritious food is Rs. 500 per month per child. Members (and/or their friends and relatives) wishing to continue beyond their birthday month can donate in multiples of Rs. 500 specifying the term or the number of children to the Rotary office. The cheques would be required in the name of: "ROTARY CLUB BOMBAY CHARITIES TRUST NO. 3"

ROTARY CLUB OF BOMBAY 2019-2020

TRUSTEES 2019-2020

PP Rtn. (Dr.) Rahim Muljani	PP Rtn. Arvind Jolly
PP Rtn. (Dr.) Adi Dastur	PP Rtn. Arun Sanghi

OFFICE BEARERS 2019-2020

President	Rtn. Preeti Mehta
Immediate Past President	Rtn. Vijay Kumar Jatia
President-Elect	Rtn. Framroze Mehta
President-Nominee	Rtn. Shernaz Vakil
Honorary Secretary	Rtn. Manish Reshamwala
Hon. Jt. Secretary	Rtn. Satyan Israni
Hon. Treasurer	Rtn. Jagdish Malkani

SPECIAL DIRECTOR PP RTN. SHAILESH HARIBHAKTI

DIRECTOR-IN-CHARGE PE RTN. FRAMROZE MEHTA

Classifications, Membership & Information	PP Rtn. Nowroze Vazifdar
Fellowship & Assimilation	Rtn. Ashok Jatia
Animal Welfare	Rtn. Priyasri Patodia

DIRECTOR-IN-CHARGE RTN. MEHUL SAMPAT

Social media, Website & Bulletin	Rtn. Rhea Bhungara
Sergeant-at-Arms	Rtn. Hoshang Nazir
Interact	Rtn. Jaymin Jhaveri
Rotaract	Rtn. Zeenia Master

DIRECTOR-IN-CHARGE RTN. RAM GANDHI

Programme	Rtn. Farhat Jamal
Public Awards	Rtn. Suresh Kotak
Young At Heart	Rtn. Ramesh Mehta

DIRECTOR-IN-CHARGE RTN. PETER BORN

Water Resources & Sanitation	Rtn. Abhinav Aggarwal
Urban Heritage	Rtn. Natasha Treasurywala
Environment	Rtn. Madhusudan Daga

DIRECTOR-IN-CHARGE RTN. HIRANMAY BISWAS

Sports	Rtn. Sanjiv Saran Mehra
Yoga	Rtn. Manoj Patodia
Vocational Training	Rtn. Varsha Daiya
Night Study Centre	Rtn. Jamshyd Vazifdar

DIRECTOR-IN-CHARGE RTN. PRADEEP GUPTA

Attendance	Rtn. Bipin Kapadia
In-Camera	Rtn. Zinia Lawyer

DIRECTOR-IN-CHARGE RTN. (DR.) ASHOK KIRPALANI

Talwada Projects	PP Rtn. (Dr.) Rahim Muljani
Phiroze R. Vakil Eye Centre (PRVEC)	Rtn. Homi Katgara
Ajit Deshpande Medical Centre (ADMC)	Rtn. Tara Deshpande
Cancer Aid	Rtn. (Dr.) Ian Pinto
RCB – Medical Centre	Rtn. Manoj Patodia

DIRECTOR-IN-CHARGE RTN. VINEET BHATNAGAR

Fund-Raising	Rtn. Pradeep Chinai
The Rotary Foundation & Global Grant	PP Rtn. Pradeep Saxena
Gender Equality	Rtn. Arin Master
Skill Development	Rtn. S. V. Prasad

DIRECTOR-IN-CHARGE RTN. MEERA ALREJA

Literacy / Bhavishya Yaan	Rtn. Jamshed Vakharia
Child Welfare	Rtn. Rajesh Shah
Anand Yaan / Elder Care	Rtn. Alok Sekhsaria
Scholarships	Rtn. Roda Billimoria