

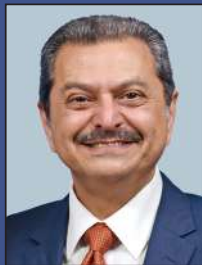
# THE GATEWAY

BULLETIN OF THE ROTARY CLUB OF BOMBAY | FOR PRIVATE CIRCULATION ONLY | WWW.ROTARYCLUBOFBOMBAY.ORG  
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Rotary Club  
of Bombay



## PRESIDENT'S MESSAGE THE MEANING OF DIWALI



Diwali or Dipawali is the Festival of Lights.

Historically, the lights symbolize

- the spiritual "victory of light over darkness, good over evil, and knowledge over ignorance"

- that commemorates Lord Ram's return after years of exile
- the inner light that protects from spiritual darkness
- for the Sikhs the release of the sixth guru, Guru Hargobind
- for Jains marks the nirvana, or spiritual awakening, of Lord Mahavira

But today Diwali is so much more, it about families gathering together around the patriarch or matriarch over five days to share meals and laughter and love, for children to be an actual part of their religion and history instead of just reading about it in a schoolbook.

As you pass by buildings lit up and decorated with fairy lights and lanterns and diyas you feel a part of the rich and beautiful mythology that this nation is steeped in – giving you a sense of belonging to your heritage and a hope for a better future.

On the 11th of November, as is the current normal, we celebrated Diwali at the Club

over a zoom gathering. Though never is the spirit of Rotary ever diminished, and all the members turned up dressed to the nines for a fun and hilarious evening of celebrations and camaraderie.

With yesterday, 16th of November, marking the New Year, I wish each and every one of you happiness, love, health, prosperity and positivity in the coming year. May these festival lights guide you on your chosen path.

President Framroze Mehta

### #tuesdaythoughts

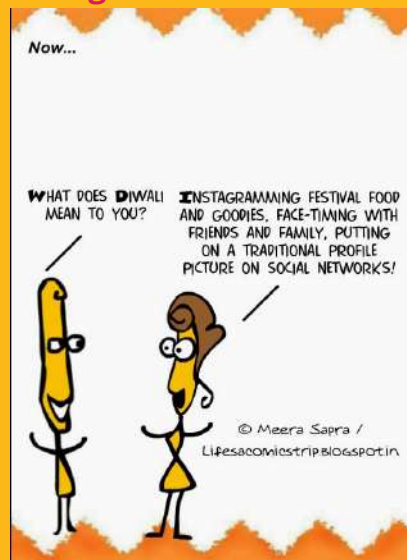
"We cannot live only for ourselves. A thousand fibers connect us with our fellow men." – Herman Melville

### #numbercrunching

45,000

The number of people who attended Diwali celebrations in 2019 in Belgrave, Leicester, UK, one of the largest celebrations outside India.

### #caughtintheweb



## DR. MUFAZAL LAKDAWALA, FOUNDER OF THE DIGESTIVE HEALTH INSTITUTE, HELMED MUMBAI'S FIRST JUMBO COVID ISOLATION FACILITY AT NATIONAL SPORTS CLUB OF INDIA'S DOME IN WORLI

I ACCEPT THIS AWARD ON BEHALF OF A LOT OF PEOPLE: THE BRAVE NURSES WHO RISKED THEIR LIVES AND WERE ALL UNTRAINED, NOT EVEN QUALIFIED. I STARTED WITH A GROUP OF 24 NURSES WHO HAD NOT CLEARED THEIR NURSING COLLEGE, AND ALL THE DOCTORS, PHYSIOTHERAPISTS WHO BECAME DOCTORS DURING THIS JOURNEY. A SPECIAL THANKS TO MR. ADITYA THACKREY BECAUSE WITHOUT HIS SUPPORT I WOULD HAVE NOT BEEN ABLE TO MAKE THE NSCI DOME FACILITY INTO WHAT IT IS. HE BACKED MY WILD IDEAS FROM ICU

CONTAINERS TO EVERYTHING ELSE AND WE KNOW THAT WITHOUT POLITICAL BACKING IT IS VERY VERY DIFFICULT, AND ALSO MUNICIPAL COMMISSIONER IQBAL CHAHAL, I THANK THEM ALL. BUT MOSTLY TO ALL THE PATIENTS WHO KEPT A SMILE ON THEIR FACE THROUGH ALL THE DIFFICULT TIMES THEY FACED.

I had a few things when I started this journey: the first, to drive away fear because fear was the one thing killing more people than the actual disease. It was straight out of a movie: the sirens would blast the moment you came to know

you are positive. In March, and early April, we were so scared.

The next thing was stigma. The municipal officers would come, the ambulance would take you away from your family, you didn't know if you would be alive, come back and see them or probably you would never see them again. The myth was that if you are 60+ or diabetic, there are very few chances that you would survive. The other myth was: let's start inhaling steam, start all kinds of hot gargle. Now, we know that in the hot climate, hot gargles and steams have done little to save lives. If at all, they have managed to probably clear out your nose

TODAY'S SPEAKER: DR. R.S. SODHI, MD, AMUL INDIA AT 12 NOON



IPP Preeti Mehta



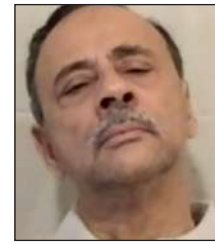
PP Dr. Adi Dastur



PP Ramesh Narayan



Rtn. Akhil Sanghi



Rtn. Anand Parikh



Rtn. Meera Alreja

so you can breathe well. That is the extent of the curative effect.

I had to think out of the box. I told the Municipal Commissioner G South that the NSCI dome is a great facility to convert because we will soon run out of hospitals and we will not have any space. He asked if I could do it and I said, give me five days.

We divided it straight up into sections where one was for ladies and one was for gents, one was for old people and one was an isolated section for those at higher risk who needed oxygen. And, because NSCI already has hi-tech cameras, I could zoom into the finger of the patient and point out their pulse and oxygen. That is how our journey started and we started to save a few lives.

There was not too much money, so I thought of simpler measures. I read autopsy reports of about 50 patients from Italy and it said that what was killing people was tiny little blood clots. So, I put all of the diabetic patients above 50 years of age on blood thinners. And that Rs. 350 injection which I got with the help and support of lot of Rotarians like yourself and a lot of other CSR initiatives. That is why our mortality rates were shockingly and exceedingly low.

I promised all the 24 nurses that joined along with a group of seven doctors to manage 500 patients, that I will be the first one to get infected of Corona, if at all, I will protect you completely. In the beginning, I was going in wearing a PPE suit for 10 hours and it was extremely difficult because I used stringent guidelines. I would not allow anyone to go and take a bathroom break, no

one was allowed to drink water, coffee, nothing. So the team was in PPE suits and even 10 minutes is torturous because at that time, we wore PPE suits that came from Taiwan and these had a PSM that was more than 200. Now, of course, it has come to 60s and 90s which are more breathable. At that time, these were not available. So, when you came out, there was a process of donning and doffing, and for doffing we created a buddy programme. I told two people to come out together so that one would observe the other remove the PPE because sometimes you make mistakes and the steps are not looked after. I can proudly say that these tiny little steps ensured that not a single doctor or nurse was infected in the five months I ran the NSCI dome. I am much more proud of that because if we had lost even one health care professional at this time, the morale of the entire team would have come down and, as it is, we didn't have too many people to fight this war with us.

The other thing I did was to make a contact space. So, I first thought of putting the doctors in a separate space and patients in a separate space. This being a centrally air-conditioned space, it was impossible to actually do so. What happened was that when a doctor went in a PPE suit, he was as it is anxious, sweating and had his glasses fogging, his screen would be foggy, he would be irritable, the nurses would be irritable, and the patients didn't have much time with the doctors. We had two doctors watch about 500 patients at six-six hour shifts with four nurses. It became difficult to personalise attention.

We thought we would concentrate all our resources on those who are serious, those who needed complete care and that is where we started using hand wearable devices. We used IOT devices where the thing would come on my phone or computer screen and I could tell whether the patient's saturation levels are dropping and we would move that patient, zoom in, get that patient on oxygen and save their life.

Then, because NSCI was not a hospital, I set up the ICUs in shipping containers, I also thought of how to reduce the contact time because that is where the maximum aerosolization of virus would spread. So, I thought how do I reduce this contact time between the doctor and the patient. First, I created oxygen coats so the patients could bathe in the oxygen, the other idea, I was actually castigated on Twitter from some people who actually didn't know medical science as to why I was suggesting these jumbo massive cylinders to come up because when they asked the BMC engineers at Nair, KEM, Sion to begin with, how much oxygen you need? They said 5-8 litres and I said I need 60-80 litres per minute per patient. So, they thought it was completely crazy. They were massive jumbo oxygen cylinders and now, we don't know, many are saying that India is importing oxygen from abroad because we don't have enough to save lives.

Then we had BKC, NESCO and various other facilities because I set up a guideline for these facilities and I became more of an advisory, I have a lot of young doctors, braver than me and I think the bravest of all were the

nurses because they were going every single day wearing these PPEs. I have girls, young girls, actually throwing out in the PPE, some fainting on our hands, all this drama and action has happened while we were at the NSCI dome.

The other thing I noticed was that if you displaced fear, you managed to save, the irony is that in the five months that we were there, we went in everyday, fearlessly roaming around, people came in wearing masks and shields and gloves and everything, eventually people realised that though it was corona patients it was not much of a problem. We were walking around as if it is all common. We used to wear our masks but that was it. I never wore gloves; I was always against wearing gloves because unless you were touching patients physically it was no point wearing gloves. It was a false sense of security. I would rather sanitize my hands insanely often.

The other thing was keep up team morale. We would organise many things where you keep peppering up the members who were a little down and it then almost became like a family and I must thank all these people for being a part of this journey because while we were there, we were great.

We must thank the police officers because there are so many who succumbed to this disease, a lot of BMC officials too. All came out very bravely right in the front. I remember the first time we had the cyclone, we had 260 patients to be shifted out of BKC because they feared that the tents might be blown away due to the velocity of the wind and within three hours,



Rtn. Mudit Jain



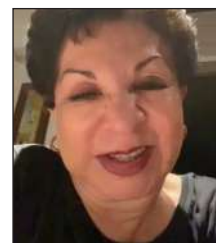
Rtn. Partha Ghosh

Rtn. Dr. Phiroze  
Soonawalla

Rtn. Rahil Shah



Rtn. Rituprakash Desai



Rtn. Sabira Merchant

we accommodated 260 patients in the NSCI dome. We stayed up whole night to make sure that every one was comfortable. The other tough time we had when the first rain hit the city and Mumbai was flooded out.

The wind velocity blew out the entire covering of NSCI and we had electricity disruption with 16 ICUs being treated. I stayed up the whole night to ensure we don't have to shift any of these patients, we temporarily made oxygen available for 16 beds inside the dome and moved them there till morning, till we had back up. Another time was when two or the electricity servers (lines, board) blew up on us and the entire dome was going on only one and we were wondering what would happen if this closes up. So, we had 20,000 litres of diesel coming in the NSCI for the generators to run smoothly till the morning.

I also thank my wife, she was five months pregnant when I jumped into this fight and I didn't even ask her if I could go or not, and she delivered when I was in the ICU. The other two people I'd like to thank is Dr. Nita because she came on board and we took all the pregnant ladies and we became the first CC2C facility taking everyone from two months pregnant to nine months pregnant because there was a lot of discrimination against them initially. Then, Dr. Arjun and Dr. Pankaj from the Tata hospital. Initially, nobody was ready to take on the cancer patients, so, I said would you like to join hands? So, they would come in everyday, they have treated over 300 cancer patients while they were at NSCI without even one mortality and

I think that was some kind of record. Thanks to the Municipal officials who stood shoulder to shoulder in this fight going in all nooks and corners of the city, in the cramped slums.

And to say, what differentiates doctors here and the doctors abroad? It is the heart! Most doctors here have the heart and they would be ready to risk their lives to save yours and that is what we stayed on to do.

### ROTARIANS ASK

#### What are the after-effects of COVID-19?

Covid not only kills in an acute phase but actually causes harm in a longer term. A lot of people were scared of getting reinfected. Now we do know that is happening across the world but it is extremely miniscule and people who are getting re-infected are probably not dying because of the Covid infection. There are rumours but don't believe them. Now the Covid long term sequelae, it has sequelae like fibrosis of the lungs, so, we monitor these patients very closely. The one thing that can save you is steroids, during the acute phase of COVID-19. Then, people have died out of sudden heart attacks or had neurological problems suddenly within a month. So, we do D-Dimer test, to figure out the capability of your blood to clot. So, if your D-dimer is on the higher side, I would recommend either inject a blood thinner or an oral blood thinner close to 21 days a month. This will prevent a long-term sequela. Physiotherapy and yoga will help too.

#### Are obese people at higher risk of COVID-19 infection?

Obesity is a big killer. It is the mothership of all diseases and has been proven in COVID-19 times through worldwide statistics. So, yes, obese people have higher risk.

#### Indians seem to be less prone to Covid-19, given all the challenges, is there any scientific reason? In India male group is affected more than the female group. And the age group 50-65 is most vulnerable. Your comments.

The fatality rate in India is much lower, I do believe it. I think what we must realise that many of the slum's population has been exposed to some form of corona virus, because we do know how they stay and maybe that has given them some form of innate immunity to fight corona. I don't have any medical proof for it, it is my personal thought. It is not about age, but the genetic pre-disposition. We have acted early, and we have got ourselves prepared. About men and women, men are affected more that just shows that the Indian women are immune to anything.

We lost a lot of people in the early months because we were not giving blood thinners and we started using them much before WHO recommended it. It depends when you initiate the treatment. I would say, use pulse oximeter as your new stethoscope. Keep it at home. I feel there are three phases to corona, the first 10 days; where there are hardly any symptoms, you have started taking medicines, the second 10 days: it is the most to worry about, either it will decide that you go home and live happily or you go to the ICU or worse and

the last 10 days if you have been in an ICU, you can either make it out or never. The second course decides everything. So, be careful from the 8th-10th day of corona.

#### Are children the silent carriers? And now with everything opening up, what care should we take?

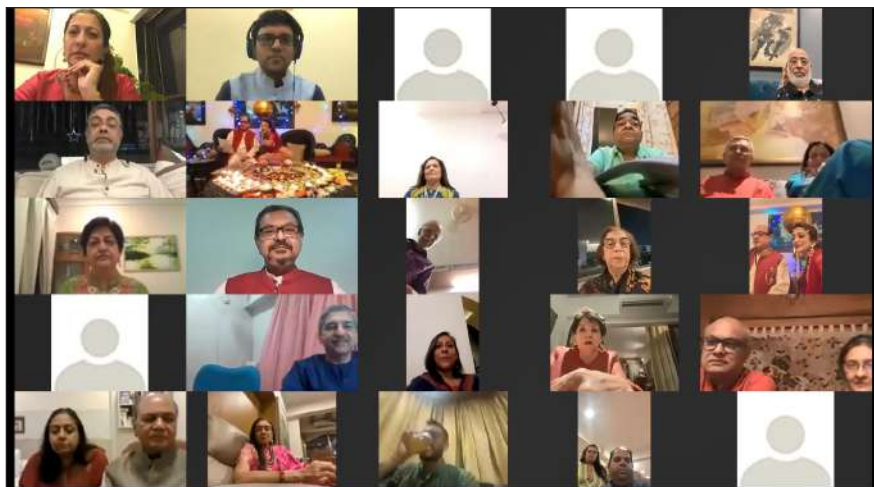
Yes, children are silent carriers because they are majorly asymptomatic. They inter-mingle with one another, they can't wear their Disney character masks all the time and, also, how often can you sanitize a child's hand. So, be vigilant, don't let your guard down. We have about six months left, and while we are there let us treat everyone as if they are COVID-19 positive and take all precautions.

Let's not hug, keep social distancing, you can invite people home but don't stick to one another, don't share drinks, try and be in open spaces with cross ventilation rather than AC rooms, don't wear masks while running outdoors, keep distance, when someone is coughing we go away but a person who will infect you is someone who is breathing heavily, or shouting. So, try and use these few basic rules, protect our old ones, make sure you sanitize and when you come home have a shower. Soap water does wonders, you can order from outside as much as you want but make sure that when you take out the food from the box, wash your hands and then touch the food. Don't touch your face, as much as possible, and keep a sanitizer with you and wear a three-layer mask. That's it!

# RCB'S SAFE & SPARKLY CELEBRATION



## MEMBERS HAD AN ENJOYABLE ONLINE FELLOWSHIP FOR DIWALI ON NOVEMBER 11, 2020



Rotary Club of Bombay had its Diwali night on November 11th, 2020. The first virtual Diwali night ever, put together by the Fellowship Committee, it was enthusiastically attended by a large number of Rotarians and their partners who came dressed in their festive best.

President Fali Mehta welcomed the Rotarians to Diwali Nite and Rtn. Ritu Prakash Desai, Chairperson of the Fellowship Committee thanked the gracious hosts namely Akhil Sanghi as well as the Fellowship Committee for organising this novel fellowship to bring much needed festive cheer.

The evening began with a dazzling display of magic and illusion by noted mentalist and illusionist Chirag Jethwaney. It was followed by a fun performance by stand-up comedian Nitin Mirani.

Rtn. Anar Shah thanked the performers as well as the attendees and announced prizes for the best dressed attendees: Rtn. Ptn. Erica Born, Rtn. Rekha Tanna and Rtn. Dushyant Dave. A special prize for the member with the most festive spirit went to Rtn. Mudrit & Rtn. Ptn. Malti Jain. The evening concluded with virtual fireworks and best wishes to all members on the occasion of Diwali.



# JWD: THE MARCO POLO OF ROTARY

**JAMES WHEELER DAVIDSON WAS THE FOUNDER OF RCB AND 33 OTHER ROTARY CLUBS. THE ROTARY CLUB OF BOMBAY EXISTS BECAUSE OF HIS VISION AND ACTIVE INVOLVEMENT 91 YEARS AGO. ON NOVEMBER 24TH, 2020, WE HAVE A SPEAKER WITH US WHO IS THE AUTHORITY ON JWD.**

He spent many years researching and has, until now, published two books on JWD (with one more in the making). Dr. Robert Lampard, a Canadian and Rotarian of RC Red Deer will address our Club on JWD on November 24th, 2020.



## Early Days

James Wheeler Davidson (14 June 1872 – 18 July 1933) was an explorer, writer, United States diplomat, businessman and philanthropist. He is remembered for his long stay and book on The Island of Formosa (now Taiwan) and also noted for greatly aiding the internationalisation of Rotary International.

In 1893 Davidson was a member of the Peary expedition to Greenland, which was attempting to find a route to the North Pole. In 1895 he travelled to Taiwan as a war correspondent to report on the transition from Qing rule to Japanese rule and witnessed the resistance to the Japanese takeover which centred on the short-lived Republic of Formosa. He was decorated by the Emperor of Japan in 1895 with Order of Rising Sun for services rendered to the Japanese army in capturing the capital of Formosa. Once the Japanese established control over the island, he took up a job as a trader based in the town of

Tamsui. In June 1897, he was appointed consular agent for the island of Formosa by President Cleveland. He remained there nine years, during which time he wrote numerous monographs on Formosan affairs.

In 1903, he obtained leave of absence and, under the auspices of the Russian Communications Department, made a careful survey of the territory adjacent to the Asian section of the Trans-Siberian Railway, collecting material for a complete report of this territory.

Invalided out of the service in 1905, he returned to the United States of America to convalesce, subsequently emigrating to Canada after he had recovered. Once there, he became involved in the lumber business, making his fortune and becoming a pillar of the local community. Davidson was an enthusiastic member of the Rotary Club in Calgary, and when the organisation wanted to extend its reach throughout the Mediterranean, Middle East,



Southeast Asia and Australasia, he was the logical choice as envoy to the region because of his prior international experience.

Many of these Clubs today still exist. Bombay is one of them!

We look forward as Bob takes us along this epic journey...

**ROBERT LAMPARD TALKS ON JAMES WHEELER DAVIDSON - YESTERDAY, TODAY, AND TOMORROW**

**ON: 24.11.2020**

**AT: 7 PM IST**

## NEW TWIN CLUB, ROTARY CLUB OF JERUSALEM

**Being a part of Rotary International, which is working on 34 Clubs belonging to James Wheeler Davidson founded Clubs, our Rotary Club of Bombay (RCB) being one of them, we were on the lookout for other Clubs to join us as Twin Clubs.**

When we realised that Rotary Club of Jerusalem (RCJ) was also part of the JWD-founded Clubs, we were able to contact their Immediate Past President, Rtn. Robert Hammer. With the help of our friends in Israel, including the Consul General of Israel in Mumbai, Mr. Ya'akov



Finkelstein, our PP Gul Kripalani was successful in convincing the Board of RCJ on October 14th, 2020 to join hands with RCB.

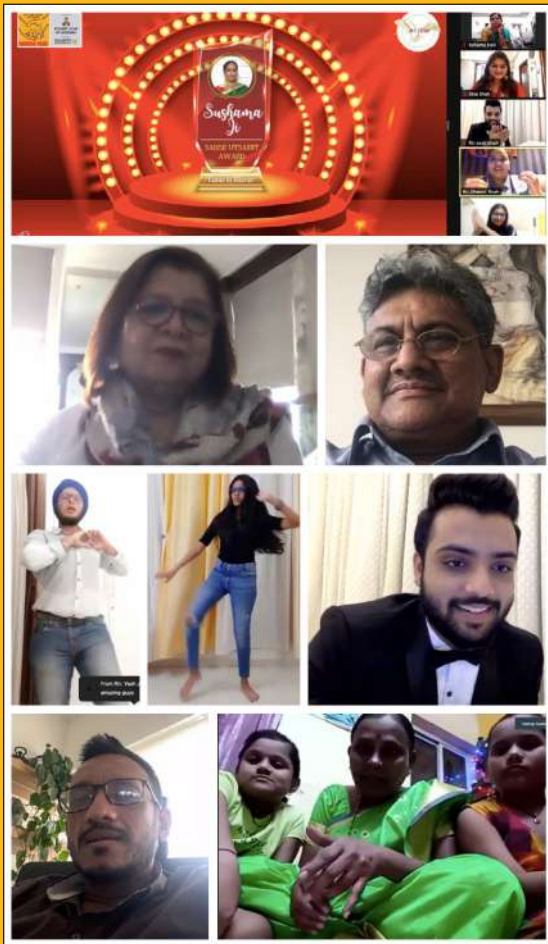
We have now exchanged Twin Club Certificates as per

attachment and have also signed an Agreement with RCJ to explore possibilities of working together on projects globally as our partners. That Agreement has been signed by President Dieter Ziulkowski

on behalf of the Rotary Club of Jerusalem and our own President Framroze Mehta on behalf of RCB.

Gul has volunteered to organise a trip for our Club members to visit Israel and enjoy the magic of Jerusalem. Of course, you all know what Israel can offer and of course, what Jerusalem can offer. In turn, President Framroze Mehta has invited the members of RC Jerusalem to visit us and enjoy all that Mumbai has to offer.

It will be a blessing for us to work with RCJ as our new partners.



# AWARDS NIGHT FOR AY!

**THE GRAND FINALE OF RCISME'S YAADON KI BARAAT FOR ANANDA YAAN MEMBERS WAS ATTENDED BY CHAIRMAN MADHUSUDAN DAGA, CO-CHAIR VRINDA RAJGARHIA, PP RAMESH NARAYAN, RTN. ALOK SEKHSARIA, PE SHERNAZ VAKIL, RTN CHARU AGRAWAL, RTN. PTN. EKTA SHAH AND RASHMI BAPNA.**

Mrs. Sheilu Srinivasan, Founder President of Dignity foundation, graced the event along with programme coordinator Ms Kusum Gupte. All the members of Ananda Yaan and RCISME Rotaractors dressed formally, as Bollywood stars, for the red carpet of Aaj Ki Raat !

RCISME collaborated with Rotary Club of Bombay and Dignity Foundation for Yaadon Ki Baarat. Today was the third and last session named 'Aaj Ki Raat', celebrating the elderly. Old Bollywood songs were played as each and every person was welcomed.

RCISME prepared a dance video for the elderly. Every member in the Organisation Committee danced and a compilation was

displayed in front of them. AY's elderly enjoyed the performance.

The show moved on with a small skit prepared by ISME's infamous twins Manav and Pranav Agarwal, who enacted a scene from the Bollywood movie Andaaz Apna Apna. Their crisp acting and dialogue delivery were loved by audiences. Next was a fun Bollywood quiz where the hosts quizzed AY members on Bollywood dialogues and actor pairs.

The seniors then sang beautiful Bollywood songs for the youngsters. At the end, the seniors were presented awards for the games they had won, for their smiles and lastly for their never-ending enthusiasm.

Chairman Madhusudan Daga wrapped up the event by appreciating the enthusiasm and planning of RCISME team under Ms Riya and thanking their Organisation Committee members – Sakshi Chauhan, Khushboo Ranka, Fiza Shaikh, Shreeya Bang, Gurjas Singh Sethi, Dhwan Shah, Dishti Doshi, Janvi Kela, Yash Shah, Ishita Malde, Aashka Oberoi, Lokesh Shet, Riya Jain and Gehena Shahani.

## AY TURNS THREE

**ANANDA YAAN (AY), ROTARY CLUB OF BOMBAY'S ELDER DAY CARE PROJECT, CELEBRATED ITS THIRD ANNIVERSARY WITH A VIRTUAL VARIETY ENTERTAINMENT PROGRAMME.**

President Framroze Mehta charmed everyone with his short and sweet Hinglish speech. He said Ananda Yaan was a sterling example of what community work is all about.

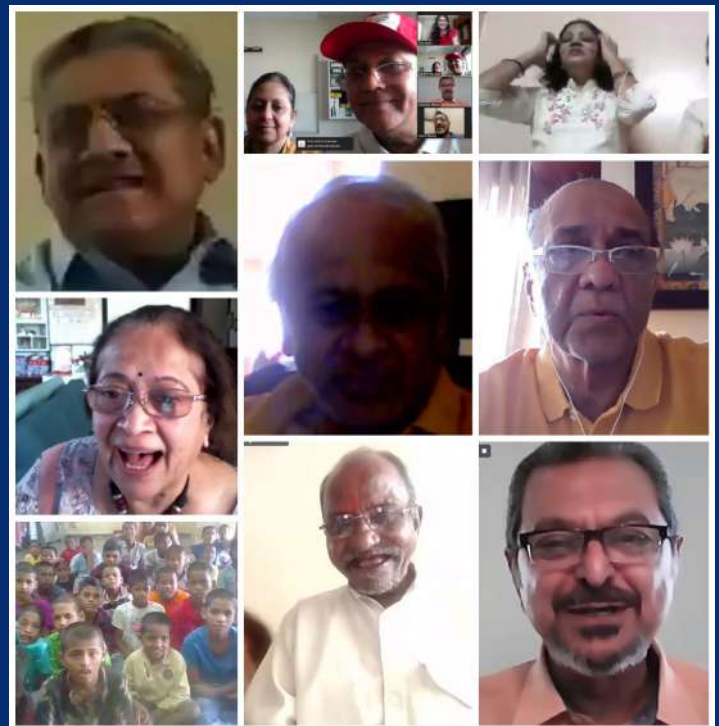
AY Chairman Madhusudan Daga welcomed the large audience which consisted of elders of Ananda Yaan, students and alumni of Bhavishya Yaan, street children at Salaam Balak centres and members of the RCB and their well wishers. He thanked the team at AY with special reference to Rtn. Alok Sekhsaria, Rtn. Ptn. Ekta Shah, Rtn. Vrinda Rajgarhia and Rtn. Charu Agrawal.

An estimated 400-plus people witnessed the event hosted by Suditi Shah (daughter of Rtn. Ptn. Ekta and Rtn. Vandan Shah). The programme consisted of a wonderful medley by our favourite singer Vandana Daga. The event had a "straight-from-the-heart" message from famous Marathi actor Neena Kulkarni who recalled the inaugural ceremony of AY.

Sidharth Mahadevan, son of Shankar Mahadevan, then presented a peppy number recorded specially for the event.

Bipin Pandit had the audience in splits with his mimicry of famous Bollywood actors. Ameya Naik presented a soulful song along with a special message.

Eshna Kutty, the internet sensation, recalled how happy she was to perform for the students of the Lighthouse



project last year and then presented her famous Sari Hula Hoop number.

The elders of AY presented a

delightful dance number stitched together by Suditi Shah. Then it was time for the grand finale where Varun Kapoor presented a superb medley of songs.

# RCB FOR PAEDIATRIC HEART CARE

**OUR CLUB HAD APPLIED FOR A GLOBAL GRANT WITH ROTARY CLUB BOMBAY PIER DURING THE YEAR 2018-19 FOR A TOTAL AMOUNT OF US\$ 175,285 EQUIVALENT TO RS 1.26 CRORE. TILL DATE, OUR CLUB HAS COMPLETED A TOTAL OF 97 SURGERIES (NINE PATIENTS UNDER DISCHARGE) AND HAS DISBURSED / COMMITTED AN AMOUNT OF OVER RS 1 CRORE. DURING THE CURRENT YEAR ALONE, WE HAVE COMPLETED 25 SURGERIES AND EXPECT TO COMPLETE ANOTHER 25 SURGERIES IN THE COMING MONTHS AND CLOSE OUT THIS GRANT.**

Last year, many of our members generously contributed money to sponsor Paediatric Heart

Surgeries at our partner hospitals. We had made an application for a Global Grant to the Rotary Foundation for a total value US\$ 509,653 and we have received an initial amount of US\$ 255,780 equivalent to Rs. 1.90 crore. The balance amount of Rs. 1.90 crore will be disbursed by them once we utilise the first tranche.

Due to the fear of Covid-19 and strict Government rules, families were reluctant to attend health camps and admit their children to hospitals. However, now with the relaxations in Government norms, this is changing, and families are becoming more aware and trusting hospitals in terms of precautions and safety measures taken. We have now started receiving

cases and the total surgeries completed / committed till date are six of which five patients have been discharged and we have more cases coming in. We have also planned a few camps at various places in and around Mumbai to identify the afflicted children.

If you wish to recommend any poor and needy child suffering from a congenital heart disease for treatment, we are conducting surgeries at : (1) Kokilaben Dhirubhai Ambani Hospital, Andheri, Mumbai (2) SRCC Hospital, Haji Ali, Mumbai and (3) Rotary Haria Hospital, Vapi, Gujarat.

Please contact our Rotarians Jaymin Jhaveri and Swati Jajodia for further information.





## RCHR TO LIGHT UP A VILLAGE!

**18,000 VILLAGES IN INDIA DO NOT HAVE ELECTRICITY SUPPLY FOR DOMESTIC USE. TO CELEBRATE WORLD ELECTRICITY DAY (OCTOBER 22ND, 2020), THE ROTARACT CLUB OF H.R. COLLEGE HAS STARTED THE AASHAYEIN PROJECT: EDITION 1.**

This campaign aimed to raise Rs. 80,000. This amount will enable us to light up the village of Jambut in the Sangamner block

of the Ahmednagar District.

This campaign is running under the social initiative of the Rotaract Club of H.R. College called Aashayein-Adopt A Village that aims at the holistic development of rural villages in Maharashtra.

To donate for this social cause and light up thousands of lives, please contact Rtr. Jahan Chandalia- +91 98200 94150.



## RCHC PREPS BY WITH HYGIENE TIPS

**RTR. RIYA JAIN AND RTR. PALIN RATHOR, PARTNERS-IN-SERVICE DIRECTORS OF THE ROTARACT CLUB OF HINDUJA COLLEGE ALONG WITH THE ROTARACTORS OF HINDUJA COLLEGE ORGANISED, 'HEALTH IS WEALTH' – A TWO-DAY INITIATIVE FOR THE BHAVISHYA YAAN KIDS WITH AN AIM TO BRIEF THEM ABOUT NUTRITION AND HYGIENE TO BE MAINTAINED IN COVID-19 TIMES.**

On the first day of the session, i.e. October 31st, 2020, guest speaker Ms. Yashvi Mehta, a certified yoga trainer and dietician explained basic nutrition which includes carbohydrates, proteins, fat, water, vitamins and minerals and also nutritional requirements

during the Covid-19 pandemic.

On the second day, i.e November 1st, 2020, guest speaker Ms. Meeti Jain, a psychologist working with Drishti and counsellor at Podar International School, explained the basics of hygiene, steps to wash hands and various kinds of hygiene necessary to be practiced during pandemic.



# LESSON IN FORGIVENESS FOR LIGHTHOUSE



**FORGIVE AND FORGET – THAT'S THE LESSON OUR LIGHTHOUSE STUDENTS LEARNT FROM THE STORY SESSION ON OCTOBER 22ND, 2020. STORYTELLER VARSHA, OF MYSTORYTIME.NET, CONDUCTED AN HOUR-LONG SESSION EXCLUSIVELY FOR OUR LIGHTHOUSE STUDENTS.**

MY STORY TIME, through online storytelling, entertains, educates, and instils moral values for children between the ages of five and eight. Around 25 children between the ages of 4 and 11 attended the online event organised by My Story Time.

Activity II. Antonyms / Opposite words	
(Words from the story)	
Happy X Sad	Like X Dislike
Up X Down	Agree X Disagree
Friend X Enemy	Run X Walk
Forget X Remember	Sit X Stand
Before X After	Forgive X Blame
Pack X Unpack	Dead X Alive

Students listened with interest as Ms. Varsha narrated a moral story using attractive slides bearing images and story text.

She kept the youngsters engaged throughout by asking questions and eliciting responses.

The session concluded with an activity to check comprehension.

Storytelling serves to develop imagination and is a fun way to build vocabulary and language skills. We hope to organise many more sessions like this in future.

## COLOUR ME ENLIGHTENED!

ENLIGHTENING LIGHTHOUSE, A PROGRAMME FOR THE SKILL DEVELOPMENT OF OUR LIGHTHOUSE KIDS WITH THE HELP OF FUN ACTIVITIES STARTED BY THE ROTARACT CLUB OF H.R. COLLEGE, WAS TAKEN TO A NEW HIGH THIS WEEK. KINDERGARTEN AND STANDARD ONE STUDENTS LEARNED ABOUT DIFFERENT KINDS OF FRUITS AND THEIR COLOURS.

Children can sometimes find it monotonous to see pictures in a book and learn names of fruits, so these college students came up with something simple yet fun, to make sure that the students enjoyed and learnt something new.

They did an exciting and fun art activity titled 'Finger Painting Fruits'. The students painted a pineapple, grapes and strawberry using their tiny little fingers dipped in a splash of paint. They



then conducted a short quiz to test whether the students actually remember all the fruits with their colours.

To their surprise, the kids of our Lighthouse answered every question and bonded very well by interacting with the college students. Lighthouse kids were then given some fun activities to do at home during the week. They are supposed to make a tree using finger painting.



Meanwhile, senior Lighthouse students contemplated the pros and cons of plastic bags and cloth bags. They were made aware of the hazards of using plastic bags for daily chores. They were taught about the importance of cloth bags and how to Reduce, Reuse and Recycle.

After this, the students were given cloth bags and fabric paints with the help of which they customized their cloth bags with



some fabulous paintings and a learnt a new technique using a masking tape. The other side of the bag was given to them to paint at home with a new design to build their creativity and teach them different colour combinations.

Our students were very patient with their paintings and followed their instructions perfectly. This resulted in the creation of some masterpieces.

## STORYTELLING FOR BY



### THE STUDENTS OF FAZLANI L'ACADEMIE GLOBALE SCHOOL CONDUCTED A SIX-WEEK STORYTELLING PROGRAMME FOR STUDENTS FROM STANDARDS THIRD TO TENTH OF NMJ'S BHAVISHYA YAAN.

BY mentor Rtn. Ptn. Jaya Prasad organised the event with the Head of the school Ms. Arwa Baldiwala and supported by teachers of Fazlani and Vidya.

The module provided an opportunity to BY students to interact with the outside world, embarking on an exciting imaginative journey.

The objectives were also to enhance communication skills, instil moral values, inculcate social ethics, improve English vocabulary etc.

For ease of understanding and to keep stories as per their age, BY students from 3rd to 10th standards were divided into three groups.

Ten students of Fazlani school conceptualised the sessions, selected the stories and narrated them to the BY students.

To map the understanding of our young BY students, they were encouraged to narrate the stories

back as well as describe them in a visual way.

Novel techniques were skilfully interwoven into the sessions, some of them being Art, Quiz and games such as Housie and Crossword.

The Fazlani students enjoyed playing teachers and, in the process, learnt patience and empathy and were grateful for this rich and unique experience.

It was certainly not a one-sided initiative with our BY students warmly responding to the sessions, enjoying the 'journey' into so many worlds spelt out in the various stories.

The team of 10 students from Fazlani was led by the Head Ms Arwa Baldiwala who has always been supportive, looking out for opportunities to add value to our BY students.

In the Weekly Tuesday meeting on November 3rd, 2020, President Framroze Mehta and BY Committee Co-Chair Rtn. Akhil Sanghi mentioned and appreciated this wonderful initiative carried out by Rtn. Ptn. Jaya Prasad and Ms. Arwa Baldiwala. The 10 Fazlani students were felicitated and

## Nov 24<sup>th</sup> Club Meeting

Rotary  
Club of Bombay



### Robert Lampard



**James Wheeler Davidson -  
Yesterday, Today, and Tomorrow.**

Venue : Online at zoom.us (members only)

Time : 7:00pm



**THE SUN WILL SHINE BRIGHTLY  
ALL NIGHT AT GHODIPADA AND MUKANDPADA  
THIS DIWALI.**



The Environment Committee of the Rotary Club of Bombay (RCB) has a unique gift this Diwali. We're transforming the lives of 500 people in the remote villages of Ghodipada and Mukundpada just three hours out of Mumbai. For the first time they will have 24X7 access to power for homes, streets and a school. Safe drinking water, water for sanitation, irrigation, and saplings for horticulture. In short, a new life, powered by solar energy. Thanks Frashogar Charities, **President Framroze Mehta** and our partners **Chirag Foundation and Digant Swaraj.** We are delighted with our third rural integrated project. **Priyasri Patodia** Chairperson Environment Committee.

## ROTARIAN BIRTHDAYS



NOVEMBER 10  
Rtn. Natasha  
Treasurywala



NOVEMBER 11  
Rtn. Mohit Jain



NOVEMBER 15  
Rtn. Vivek Kothari



NOVEMBER 17  
Rtn. Akil Hirani



NOVEMBER 18  
Rtn. Peshwan Jehangir



NOVEMBER 18  
Rtn. Mihir Sagar



NOVEMBER 18  
Rtn. Freyaz Shroff



NOVEMBER 20  
Rtn. Jagdish Malkani

## ROTARIAN PARTNER BIRTHDAYS

NOVEMBER 12: Rtn. Ptn. Yasmin Divecha  
NOVEMBER 13: Rtn. Ptn. Bharti Gandhi  
NOVEMBER 16: Rtn. Ptn. Nidhi Aggarwal  
NOVEMBER 17: Rtn. Ptn. Rohitashwa Poddar

NOVEMBER 18: Rtn. Ptn. Jita Kapadia  
NOVEMBER 19: Rtn. Ptn. Mona Nevatia  
NOVEMBER 20: Rtn. Ptn. Silvia Salins  
NOVEMBER 22: Rtn. Ptn. Pratiksha Mody  
NOVEMBER 23: Rtn. Ptn. Priti Gupta

## ROTARIAN ANNIVERSARIES

NOVEMBER 10: Rtn. Ptn. Shafali & Rtn. Apurva Diwanji  
NOVEMBER 11: Rtn. Ptn. Sushmita & Rtn. Christopher Bluemel  
NOVEMBER 11: Rtn. Ptn. Ayesha & Rtn. Dr. Darius Soonawalla  
NOVEMBER 12: Rtn. Ptn. Dr. Soonnu & Rtn. Farokh Balsara  
NOVEMBER 12: Rtn. Ptn. Shailaja & Rtn. Samir Mogul

NOVEMBER 18: Rtn. Ptn. Radhika & Rtn. Sameer Kaji  
NOVEMBER 19: Rtn. Ptn. Dolan & Rtn. Parth Ghosh  
NOVEMBER 19: Rtn. Ptn. Ketayun & Rtn. Darius Irani  
NOVEMBER 19: Rtn. Ptn. Falguni & Rtn. Pratap Padode  
NOVEMBER 19: Rtn. Ptn. Soha & Rtn. Nilesh Parekh

NOVEMBER 19: Rtn. Ptn. Poonam & Rtn. Manish Sampat  
NOVEMBER 20: Rtn. Ptn. Nayna & Rtn. Ashok Chinai  
NOVEMBER 20: Rtn. Ptn. Thrity & Rtn. Dr. Sorab Javeri  
NOVEMBER 20: Rtn. Ptn. Poonam & Rtn. Ajit Lalvani

## ROTARY CLUB OF BOMBAY 2020-2021

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PP Dr. Adi Dastur	PP Arun Sanghi

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Immediate Past President	Rtn. Preeti Mehta
President-Elect	Rtn. Shernaz Vakil
President-Nominee	Rtn. Vineet Bhatnagar
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Hon. Jt. Secretary	Rtn. Natasha Treasurywala
Hon. Treasurer	Rtn. Kirit Kamdar

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Rotary Vision Panchatattva	Rtn. Poonam Lalvani

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Cotton Green Medical Centre	Rtn. Manoj Patodia
Cancer Aid	Rtn. Dr. Ian Pinto

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Vocational Training & Night Study Centre	Rtn. Mehul Sampat