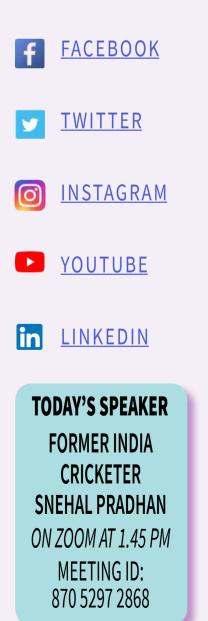


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NOTE FROM PRESIDENT SHERNAZ VAKIL



Last week I met with the team from Salaam Baalak, which has been working with our Club for the past three to four years.

Several NGOs support our projects with their expertise, to get our projects off the ground and running. For instance, at Bhavishya Yaan, we are supported by the

Vidya teachers, the Dignity Foundation aids Ananda Yaan while Chirag helps our integrated village project.

This time Salaam Balak again approached Rotary to support their initiative in training slum children with vocational courses like beauty and makeup, electrical wiring, mobile repair etcetera.

On questioning as to how many children were able to make use of these courses and earn money from them, the response was a little disappointing, at only 45 per cent. However, they felt these courses were a gateway to other aspirations of the children and helped them keep in schools and college. Meanwhile, we are going ahead with a nutrition programme for them.

Our relationship with our NGOs remains symbiotic, and we need to work together in an efficient and cost-effective way to ensure we do the best we can with the resources at hand.

We are conscious that every penny donated must achieve the highest benefit to those we serve.

RCB NBOX





PP Virendra Widge of the **Rotary Club** of Bombay Seaface remembers his first brush with Rotary. He says: "My very first contact with Rotary was a prize from **Rotary Club** of Bombay for **Best Student** of the Year in K.C. Law College."



#1 Inaugural Ruth Bader Ginsburg award for Rtn. Ptn. Hon. Judge Sujata Manohar

The Rotary Club of Bombay congratulates Rtn. Ptn. Hon. Judge Sujata Manohar for being a recepient of the inaugural Ruth Bader Ginsburg Medal of Honor in Madrid on July 5th, 2021.



Hon. Judge Sujata is a retired judge of the Supreme Court of India. She is married to RCB's Rtn. Vasant Manohar who is a Paul Harris Fellow.

The ceremony was hosted by H.M. King Felipe VI of Spain and organised by the World Jurist Association. Hon. Judge Sujata was amongst seven distinguished female jurists and leaders from around the world to receive the honor.

The Ruth Bader Ginsburg Medal of Honor is a new international recognition, established by the World Jurist Association and presented for the first time this year.

The World Jurist Association awards the Ruth Bader Ginsburg Medal of Honor in recognition of inspiring women jurists who fight to defend and strengthen the rule of law and to consolidate society's advances in gender equity.

Other recepients included UN Assistant Secretary-General Gillian Triggs, Christine Lagarde, President of the European Central Bank, Luz del Carmen Ibáñez Carranza, Vice-President of the International Criminal Court, Maite Oronoz, Chief Justice of the Supreme Court of Puerto Rico, Navi Pillay, Judge of the Supreme Court of South Africa, Rosario Silva de Lapuerta, Vice- President of the European Court of Justice, and Young Hye Kim, Senior Judge, Commissioner at National Human Rights Commission.

13. LAST07. TUESDAY'S21. SPEAKER

under-performed.

CNBC ANCHOR TANVIR GILL ON WORLD MARKETS POST-COVID

Work-from-home and online functioning have **boosted tech stocks, banks, semi-conductor businesses,** and the whole segment known as the growth segment of the market which has picked up whereas the value segment sort-of

In India, the second wave and the ultravariant which first moved from the UK in February, kind of worked on the **INDIA GROWTH STORY,** which was looking so good in 2020. The last festive season was strong, as we see on record.

From whatever I have heard analysts say, the most severe impact on the Indian economy will be in the **first quarter of the financial year** and then things will start looking up. Fingers crossed.

CHINA is trying to ensure that the debt market doesn't go out of hand. What we see is more normalisation, than a slowdown.

The future for China is stepping up on new technology, building self-reliance when it comes to technology. I think they are innovating and investing a lot in that sphere. **China is focussed on innovation and also in the semi-conductor business,** investing and building their own chip technology. They don't want to be dependent on US or Taiwan. **BITCOINS:** Big funds and institutional



investors are taking minor position in bitcoins - token investments. So, conviction is not very strong. There is more depth in the market because there is a broader range of participants but that hasn't dropped down the price.

All those saying that 2021 is a better year for crypto currency than 2018, if you just highlight the kind of price movements, it is an on-going debate. We are not able to answer that clearly but I think a lot of **people will see bitcoin as a gold proxy,** as an investment proxy.

EL SALVADOR HAS INTRODUCED CRYPTO AS LEGAL TENDER. That is telling of a trend that can build for bitcoin within emerging markets. Can countries like Zimbabwe, suffering from hyperinflation and without a strong monetary system, adopt crypto currencies as a parallel institution?

Right now, what is off-putting for bitcoin investors is the carbon footprint, energy consumption, bitcoin mining, how can that be made ecofriendly? Till that happens the big guys will lie low and take up low investment.

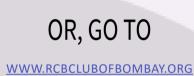
TO READ A FULL TRANSCRIPT OF THE MEETING, CLICK HERE

AY bones up on calcium



FOR MORE PHOTOS OF THE NUTRITION CAMP, CLICK:





Nutritionist Priti Kale Higiste is not new to Ananda Yaan. She has held many discussions with its elderly members and they, in turn, are comfortable sharing their concerns with her. On June 30th, 2021, Priti delivered a talk on calcium, its role in the body, its functions, importance and how to maintain one's levels.



She told members how calcium made bones strong and healthy, facilitated nerve-to-nerve communication, stimulated muscle contraction, and activated bloodclotting factors. She also stressed upon its importance in the efficient functioning of the brain.

Priti used everyday language and examples to make her points while stressing upon the need for older people to maintain calcium. She explained the importance of a nutritional diet and suggested that pre-emptive care is as important as cure. The importance of exercise in locking the calcium in the body was also emphasised.

Priti advised the women to check their calcium levels once a year. She explained the amount of calcium contained in fruits and egg/ paneer. A 1000 mg calcium tablet is needed daily, she added. Members showed her their medicines and discussed Vitamins E, C, D3 and Uric Acid. Overall, it was an interactive and informative session.

Screening for cancer

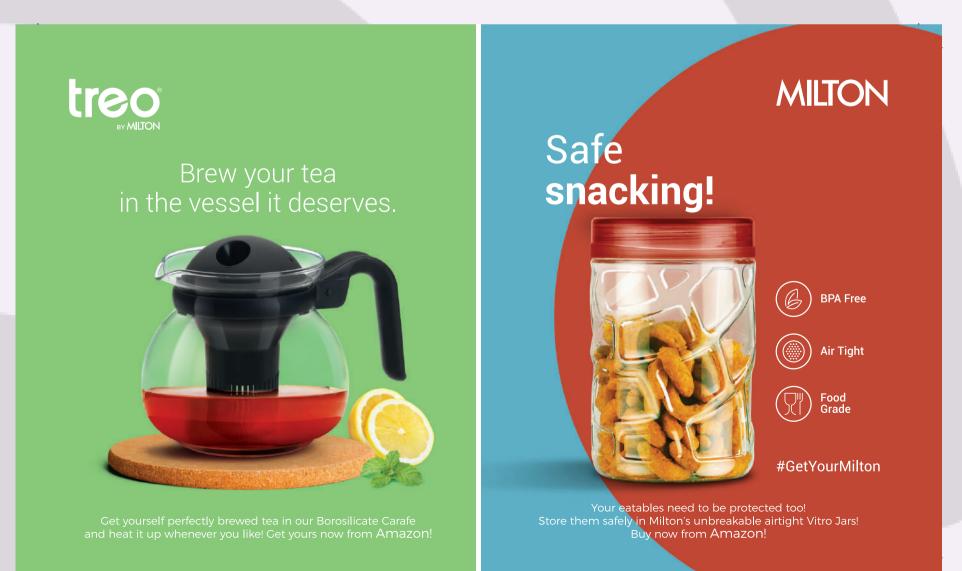






The Cancer Patients Aid Association, in collaboration with
the Rotary Club of Bombay, organised a cancer screening
camp on June 16th, 2021.

The beneficiaries of the camp were women at the Anjuman Khairul Islam Girls School, Madanpura, Mumbai. From a total of 62 women screened, additional testing was planned for 12. The follow-up tests include abdominal ultrasounds and sonomammography.



A summer of joy



SANIA KHALDI, ONE OF THE SBT KIDS, MADE A VIDEO RECAP OF THE CAMP. TO WATCH IT, CLICK HERE



O

RCB's Child Welfare Committee conducted a two-week summer camp in association with NGO Salaam Baalak (SBT) for the children of their Chowpatty Centre. The camp, held from June 15th-30th, 2021, included art & craft, dance, story-reading & enacting and math camp. About 42 children participated in all the activities.

It was a joy to see the children so well-engaged and engrossed in what they were learning. After a long period in which their visits to the centre were curtailed to studies and a meal, the children were over-enthusiastic and enjoyed these extra-curriculars.

Sania Khaldi, one of the Salaam Baalak kids, who cleared her 10th standard this year, made a wonderful video to recap the two weeks. RCB acknowledges the efforts of Deepisha, Zeenia, Vidya didi and Rajni of SBT for overseeing the camp and making it a success. SBT sincerely thanks everyone at the Rotary Club of Bombay for infusing life into a fearful environment.

Ration kits for community helpers







On June 28th, 2021, the Rotary Club of Bombay provided ration kits to the residents of a slum in the Chinchpokli area. These are amongst the communities of people most affected by the pandemic. Many of them held jobs in private offices as housekeepers, cleaners and sweepers. With the pandemic reducing the functioning of most offices, this community has lost its only means of earning a livelihood. More ration kits were distributed on July 2nd, 2021 in the slums around Arthur Road Jail and Mahalakshmi.



Ensure safe hydration at home with Milton's Copper Charge bottle made of 99.9% pure copper! Its anti-bacterial and immunity-boosting qualities are the need of the hour! Buy now from Amazon!



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Forgot your supplements? Replenish your body's iron levels by preparing your meals in Cast-Iron cookware from Milton ProCook, which infuses your food with traces of iron while cooking! Available now on Amazon!

Life infused into water



FOR A GLIMPSE OF OUR MEMBERS' DAY OUT CLICK HERE:



Intermittent lockdowns notwithstanding, a water conservation project has been completed by the Inner Wheel Club of Bombay, in Dignity Lifestyle Township, Karjat. The large reservoir can store over 9.8 lakh litre of water during the rainy season, coupled with all associated investments for rainwater harvesting.

Additionally, four existing bore wells have been recharged by directing the runoff water which was going to the drains earlier, to the recharge pits around the bore wells. The project was conceived by PP Jayati Dasgupta and supported by the managing trustees of Dignity Foundation, Dr. Sheilu Sreenivasan, Rtn. Pranay Vakil and others.

The event was followed by a guided tour of the newlyconstructed FTD centre. A delicious lunch was hosted by Dignity. It was a day spent unwinding and unlocking, after the 16-month-long lockdown.

RCISME serves it up





The Rotaract Club of ISME (RCISME) volunteered to serve people who visited the Vashi Gurudwara in an activity that they called 'Langar for hunger'. Fifteen Rotaracters went to the Vashi Gurdwara in traditional Indian clothes to do langar seva. Right from serving food to washing their dishes to helping other volunteers to clean the langar hall, they did it all. Each Rotaracter also brought rajma to donate to the Gurudwara. The humility and love we felt all around us gave us the motivation to help all those present. We look forward to going back and being of service to the community.



RTN. ADITI SHAH, DIRECTOR, THACKERS CATERING

A A A C A X N N N < NON> **Rtn. Aditi Shah handles Thackers,** the Chowpatty brand synonymous with good catering. She took over from her father Dilip Shah and loves curating menus.

"I attend all our outdoor events and ensure that the look and feel of the food and presentation is at par."

The pandemic has thrown up a new set of challenges for everyone, including the food business.

"We did not downsize, which everyone appreciated, but we had to do a salary cut. Now, with small functions picking up, we are hopeful for better times."

While Aditi handles the catering business, Rtn. Ptn. Nikesh specialises in fit-out turnkey projects. They have two boys: Siddharth (19) and Rahul (16).

She was inducted into the Rotary Club of Bombay in March this year. Her introduction to the world governed by the four-way test was

through friend Rtn. Akhil Sanghi.

"Akhil highly recommended that I join Rotary. I enjoy being part of social causes and with my boys growing up, I realised that I had time to focus on social work along with my business."

As a new member, Aditi hopes to be able to use her expertise in the service of community.

"I am a new member so I hope I can do something for Rotary. I would love to be a part of planning any event, a social cause like setting up a kitchen, helping the environment and/ or, since I am a complete pet lover, anything to do with that too."

Aditi is involved with Jai Vakeel, a non-profit that empowers intellectually-disabled children, and Cuddles, a child-centric organisation that provides hot meals and nutritional supplements to kids with cancer.

TARIAN BIRTH



JULY 13 Rtn. Samir Chinai



JULY 17 Rtn. Dr. Indu Shahani



JULY 13 Rtn. Dara Mehta



JULY 13 Rtn. Hariprasad Nevatia

JULY 18

IPP Framroze

Mehta



JULY 15 Rtn. PP Nirav Shah



JULY 16 Rtn. Rekha Tanna



JULY 19 Rtn. Dr. Ashok Kirpalani





JULY 14: Rtn. Ptn. Akshita Agarwal JULY 14: Rtn. Ptn. Namrata Kirpalani JULY 14: Rtn. Ptn. Niyati Shukla JULY 15: Rtn. Ptn. Nandini Narvekar JULY 15: Rtn. Ptn. Amisha Shroff

JULY 18

Rtn. Kamal

Bulchandani

JULY 18: Rtn. Ptn. Malti Jain JULY 18: Rtn. Ptn. Dr. Papa Rao Meka JULY 18: Rtn. Ptn. Ekta Shah JULY 19: Rtn. Ptn. Ashutosh Maneklal G DCL



JULY 16: Rtn. Ptn. Neelima & Rtn. Shailesh Patkar IULY 18: Rtn. Ptn. Dr. Renu & Rtn. Dr. Shailesh Raina

"I cannot do all the good that the world needs. But the world needs all the good that I can do." — Jana Stanfield



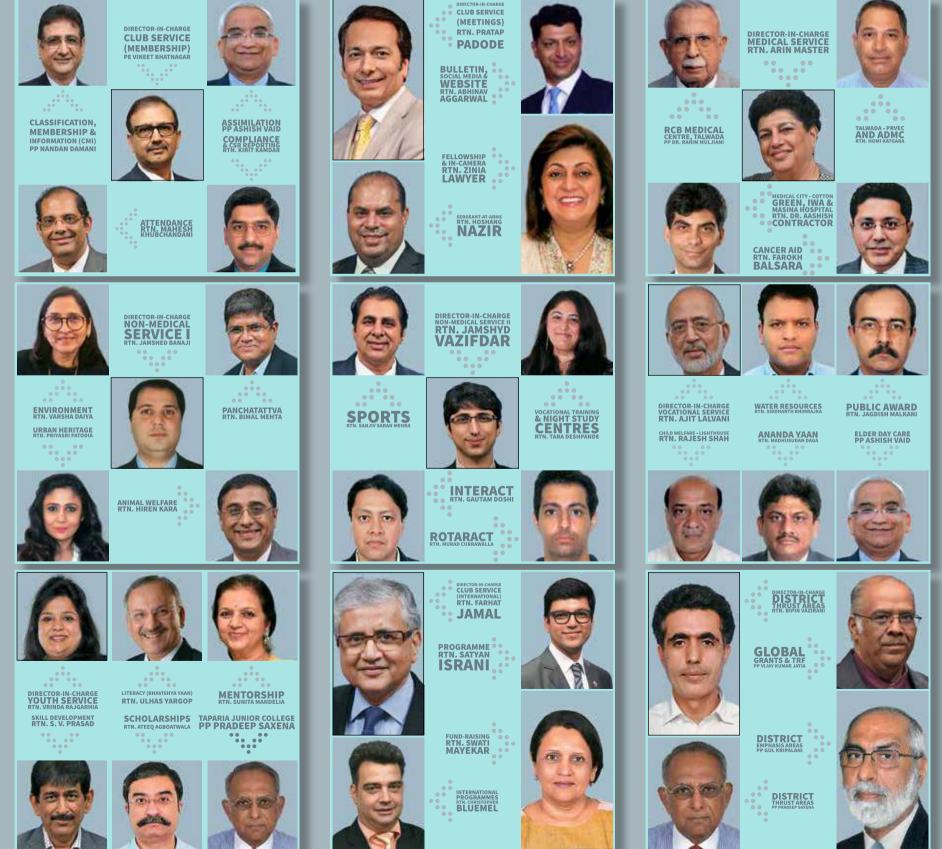
Editor of Autocar India magazine, Hormazd Sorabjee pioneered the concept of automotive journalism and road-testing in India. Considered an authority on the Indian automotive market, Hormazd is widely quoted by the media for his views.

Hormazd has driven in over 70 countries and across continents. He has been involved in several long distance expeditions which include drives from Germany to India and Delhi to Paris. Hormazd has also driven to the four corners of India; from Kargil to Kanyakumari and Kutch to Kibithu.

On an average, he drives around 70-80 different cars every year.

ROTARY CLUB OF BOMBAY 2021-2022





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