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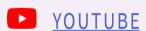
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TODAY'S SPEAKER

DR. ZIRAK MARKER, PSYCHIATRIST, **TALKS ABOUT** MENTAL HEALTH IN **CONVERSATION WITH** RTN. DR. PRAKRITI **PODDAR**

ON ZOOM AT 6.30 PM **MEETING ID:** 883 2518 8279

NOTE FROM PRESIDENT SHERNAZ VAKIL



CAPTURE THE IDEALISM AND ENERGY OF YOUTH

In the past few weeks, I have noticed that several offsprings of our Rotarians have shown amazing passion and creativity to do some service in the community.

Rtn. Mayank Kummar's daughter set out to inoculate the families of policemen. Rtn. Abhinav Aggarwal's son has created a website that informs and guides students

interested in law. Rtn. Vandan and Rtn. Ptn. Ekta Shah's kids volunteered at Bhavishya Yaan while in India and Rtn. Satyan Israni's kids visit Anand Yaan and Lighthouse regularly. Rtn. Siddharth Bhimrajka's kids participated in monthly grain distribution camps pre-Covid, while Rtn. Jamshyd Vazifdar, a fourth-generation Rotarian, brings so much energy and sincerity to every project he takes up.

The pandemic has reset the service button for youngsters. They are seeing the devastation and hardship around us, in our communities and, with being locked in, and with time on their hands, have found creative ways to help.

Certainly, if nothing else, this period has taught us lessons that we would never have learned if there had not been a slowdown in our lives.

Our Club needs to rejoice in this youthful energy and use it to invigorate our projects. We are an aging Club, having been around for over 90 years; we need to harness idealism and ideas of the youngsters around us.

It is for this reason that we propose to start a satellite club following the recommendation of Rotary International, to induct Rotaractors in the mainstream Rotary movement. Members could be past Rotaractors or even members' children who would like to experience Rotary on terms that may more easily meet their needs of finances and time.

Presently, the terms are being fleshed out by the Membership Committee and awaiting approval of the Board. ~ President Shernaz Vakil

03. LAST08. TUESDAY'S21. SPEAKER

ARCHANA CHANDRA, CEO & ADMINISTRATIVE DIRECTOR, JAI VAKEEL FOUNDATION, TALKS ABOUT INTELLECTUAL DISABILITY

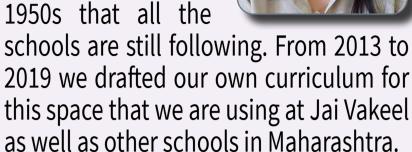
A heartfelt thank you for recognising and rewarding the work that we do at the Jai Vakeel Foundation with children and adults with intellectual disability. **No amount of surgery can change one's IQ.** Therefore, what we have to do is equip our children and their families to be as independent as possible in their daily lives. This is really a difficult task because having an intellectual disability in itself is really hard. I think within the entire spectrum of disabilities, this disability is the most invisible.

A study done by Kalgotra et al of IDD India said that 85% of the population had mild intellectual disability while the severely and profoundly disabled made up only 5%. When we look at our students at Jai Vakeel, there is a very different picture.

The kids that have borderline and mild intellectual disability account for only for 21.8% whereas 46% (against the study's 5%) of our kids are severely and profoundly challenged. In fact, this is one of the USPs of Jai Vakeel. Over 76 years we have never refused admission to any child on grounds of their IQ being too low or not fulfilling any of the minimum requirements or financial inability to pay for any of the services we provide.

What is our goal? It is the inclusion of our students by maximising their potential. The Jai Vakeel Foundation has worked with the Government to create

a framework in the 1950s that all the



During phase II of the pandemic, they began to get restless at home. Some of our teachers were in their villages, some had limited Wi-Fi, some did not have phones to design and make videos. However, our teachers and the staff and we created the first digital content library which had over 150 videos across 18 playlists ranging from drama, music, academics, yoga and so on. And for students like ours, retaining attention for over a longer period of time was a huge challenge.

In June 2020, we partnered with the Government of Maharashtra to take our curriculum to almost 400 schools all-over Maharashtra and, for a split second, we thought we were not going to be able to do it. It is one thing to train your own teachers and give all the support they need but how are you going to do this for 2000 teachers? But deep down we knew that we had to cope because all the schools were dependent on us.

TO WATCH THE TALK, CLICK HERE

TO READ ITS FULL TRANSCRIPT INCLUDING THE MANY QUESTIONS OUR ROTARIANS ASKED, CLICK HERE

RCB NBOX



This is Divyansh Sharma from Standard of Lighthouse the He Project. been with has Lighthouse since Grade 2 and it has played a big role building his confidence, his spoken English and overall smartness. Divyansh wants to invite Rotarians special for а event. To know more, click here.

Rtn. Gordon R. McInally, a member of the Rotary Club of South Queensferry, Lothian, Scotland, is the selection of the Nominating Committee for President of Rotary International for 2023-24. He will be **declared the President Nominee** on October 1st, 2021, if no challenging candidates have been suggested.



McInally said, "Membership is the lifeblood of our organisation. I would encourage the use of the flexibility now available to establish new-style clubs that would appeal to a different demographic."

Four Bhavishya Yaan alumni (Babasaheb Ambedkar school) joined Rtn. Satyan Israni in a discussion on crypto currency. These students are all in their first year of graduation and showed a great



interest in investing. Satyan, who is excellent with children of this age, brought the talk to a level they could understand. After discussing crypto at length, Satyan discussed the risk involved in investing in crypto and guided them on the path to safe investment. To see Satyan play mentor, click here.





Scoring Studios in Hollywood, LA, to make India dance to Zingaat in Sairat. All that our Ananda Yaan elders needed was one little boombox. Ananda Yaan, in association with Dignity Foundation, celebrated all the July-occurring birthdays on July 31st, 2021. Unbounded revelry followed, underscored with cake, snacks, games, songs and dance! To see AY's Zingaat fervour, click here.



CONTRIBUTE TO THE CLUB'S FLOOD RELIEF EFFORTS

SUPPORT OUR COVID INITIATIVE

PLEDGE COVID VACCINATION FOR TRIBALS

ASSIST FAMILIES WITH A MONTH'S RATION

FEED SNACKS TO CHILDREN FOR A MONTH

TEACH KIDS HUMANITY THROUGH YAY ZINDAGEE

GIFT VOCATIONAL TRAINING TO A CHILD

DONATE SEWING MACHINES TO VILLAGERS

SUPPORT A FARMER'S LIVELIHOOD BY PLANTING FRUIT

SAPLINGS

TREAT ANANDA YAAN ELDERS TO LUNCH

SPONSOR ANANDA YAAN ELDERS TO A PICNIC OR OUTING

CLICK HERE TO DONATE

RCB classifieds

This new initiative publishes CVs of our Bhavishya Yaan alumni who are looking for jobs and/ or internships. This is to help them find work experience within the Rotary family.

JAY KISHAN RATHOD

Objective: To work committed & dedicated professional who help me to explore myself & my industrial potential simultaneously I want to contribute my skills to growth oriented organization.

Education Qualification

SSC completed from Maharashtra Board with 82%

Additional Qualification

Basic Computer Knowledge

Personal Profile

Date Of Birth: 16/12/2004

Nationality: Indian

Marital Status: Unmarried

Gender: Male

Languages: English & Hindi

Work Experience: Fresher **Address:** Cuffe Parade

Email:jayrathod7910@gmail.com

SUHAS S KHAIRE

Date of Birth: 08/09/2000

Qualification:

- SSC 85.80% Maharashtra Board Mumbai
- XI 55% Sydenham College of Commerce and Economics
- XII 65% Sydenham College of Commerce and Economics

Gender: Male

Achievements and Experiences

- Member Brouhaha, intercollegiate festival Sports Department.2017
- Vice Head of Department, Treasurer Sydenham College Co-operative Stores
- Member for RASOI'17, (Sydenham College Cooperative Stores). 2017
- Head of Department Treasurer, Sydenham College Co-operative Stores
- Treasurer for RASOI'18, (Sydenham College Co-operative Stores). 2018
- Vice Head of Department Brouhaha, intercollegiate festival Sports Department. 2018

- Chairman Of Sydenham College Co-operative Stores 2019
- Assistant Chief Overall Co-ordinator Brouhaha, intercollegiate festival Sports Department.2019
- Treasurer For Blitzcreed '19 (Sydenham College public Speaking and Debating Society)

Awards

- Best hardworking committee member Annual Day 2018
- Best Vice Head of Department Brouhaha intercollegiate festival Sports Department. 2018.
- Treasurer For Sydenham College Co-operative Stores Annual Day 2019.
- Best Assistant Chief Overall Co-ordinator Brouhaha Sports 2019.

Languages: English, Hindi, Marathi

Skills: Communication, Computer Basic Knowledge, Leadership.

Hobbies and Interests: Cricket, Trekking

Address: Kalyan East

Email Id: khairesuhas11@gmail.com

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SUMIT RAJPAL VALMIKI

Applying For: Intership For 2 Months

Career Objective:

Prove myself as an asset for the company to work with full vigor capacity & excellent performing task given to me quality & perfection.

Work Experience

Fresher

Good In Sports

- (Takewondo, Karate, Marathon, Cricket)
- RSSP training done for 21 days (3 times)
- Secured 1 Prize in Passing Out Parade
- . Gold Medal In Takewondo

Educational Qualification

S.S.C Passed Maharashtra Board With 73.89%.

Additional Qualification

Basic Of Computer

Personal Information

Date Of Birth: 20/10/2004

Gender: Male

Marital Status: Unmarried

Nationality: Indian

Language known: English &

Hindi

Hobbies: Reading And Writting

Address: Colaba

Email: sumitvalmiki226@

gmail.com

ASHISH RAJPAL VALMIKI

Applying for: Intership for 2

months

Career objective:

Prove myself as an asset for the company to work with full vigor Capacity & excellent performing task given to me quality & perfection.

Work experience

- Leadership in big programe.
- Participated in drama and won 1 st prize
- Given speach at various schools.
- I can communicate with people with good skills
- I am good counsillor.
- Educational qualification
- SSC passed Maharashtra Board with 77.89%.

Additional qualification

Basic of computer

Personal information

Date of birth: 15/12/2005

Gender: male

Marital status: unmarried

Nationality: Indian

Language known: English,

Hindi & Marathi

Hobbies: Reading and writing

Address: Colaba

Email: ashsidd572@gmail.com

RCB classifieds

This new initiative publishes CVs of our Bhavishya Yaan alumni who are looking for jobs and/ or internships. This is to help them find work experience within the Rotary family.

Kumar Chavan

Dr. Babasaheb Ambedkar Nagar, sadhu TL waswani marg, Cuffe Parade, Mumbai, Maharashtra 400005, India 885081504 chavankumar624@gmail.com

Objective

To secure a position with a stable and profitable organization, where I can be a member of a team and utilize my business experience to the fullest.

Academic Details

Colaba municipal school SSC, 53.40%, 2019

000, 00.4070, 2010

Kannada Bhavans college

HSC, 56.50%, 2021

Field of Interest

Accounting Data entry

Back office

Honest

Skills

Basic Computer Knowledge

Microsoft Office Excel

Strength

Strong Work ethic

Flexibility with right shift

Trustworthy

Hobbies

Playing Cricket





Day care for the elderly in Alibaug







A few years ago, I visited San Francisco, where I stayed with my childhood friend. Every weekday he would drop his children to school and his elder mom-in-law to a day care centre for elders in the morning and pick them up in the evening.

In the evening at the dinner table, she would be so happy and tell us stories of all that she did, whom all she met, stories from the lives of others, etc.

When I returned to India, I asked RCB if we could take up such a project. RCB immediately agreed, and we started scouting for land in Khandala and Alibaug to be given to us by the local authorities. I was lucky to get the nod from the Sarpanch in Awas Village, Alibaug. We budgeted a cost of Rs 90 lakh.

Our (Late) PP Nalin Parikh magnanimously agreed to sponsor a Rs 25 lakh contribution in memory of his respected father.

PP Paul George had a fundraiser during his presidentship and raised Rs 60 lakh for the project.

The land allotment took a while and, finally, it came through last year.

We have completed 80 per cent of the work and hope to complete the project by November 2021. These are recent pictures of the finishing stages of the project.

~ PP Ashish Vaid, Chairman, Elder's Daycare Centre



RTN. NATASHA TREASURYWALA, PARTNER, DESAI & DIWANJI

became a member of the Rotary Club of Calcutta. My father was a member of the Rotary Club of Bombay North for many years.

I am married to Franklin John, and we have a six-year-old son Aeden, who studies at Bombay International School.

I am a partner at one of Mumbai's oldest solicitor firms, Desai & Diwanji and I specialise in mergers and acquisitions and debt finance. Franklin is part of his family's real estate business and has also started his own venture of employees' benefits programmes and community perks.

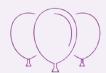
Besides work, as a family, we love to travel to new places. I love to go for a run every day. I find it a great stress-buster. Initially, I took part in the Mumbai marathon every year but haven't done so in the last few years. Maybe next year!

I am a third-generation Rotarian. I have met so many new people thanks My grandfather was a member of to RCB and have made some great RCB decades ago, for a very short friends. But the best part of being a time, before he moved to Calcutta and Rotarian is bringing joy to others. Be it providing meals to the under privileged to providing health checkups to women and children to restoring and conserving old maps at the Asiatic Library.

> Since I became a member of RCB in 2014, I have been privileged to be part of many committees including the Gender Equality Committee (which runs the IWA clinic at Fort) and the Urban Heritage Committee. The sense of satisfaction when you see the hard work put in by your committee bearing fruit is unparalleled.

> My advice to new Rotarians: Take an active part in committees that interest you. That's how you will get to know other members and you will realise what it means to be a Rotarian - someone who makes a difference by simply putting in the 3Ts - Time, Treasure and Talent, as our PP Nirav Shah always points out.

ROTARIAN BIRTHDAYS





AUGUST 10 Rtn. Dr. Sorab Javeri



AUGUST 11 PP Nowroze Vazifdar



AUGUST 12 Rtn. Venkat Ramaswamy



AUGUST 15 Rtn. Dr. Shailesh Raina

Great opportunities to help others seldom come, but small ones surround us every day. ~ Sally Koch



<mark>a</mark>nniversaries

AUGUST 14: Rtn. Ptn. Biba & PP Harry Singh Arora



ROTARIAN PARTNER BIRTHDAYS



AUGUST 10: Rtn. Ptn. Mayuri Sekhsaria AUGUST 11: Rtn. Ptn. Amita Haribhakti AUGUST 11: Rtn. Ptn. Nilima Trivedi AUGUST 12: Rtn. Ptn. Vera Umrigar AUGUST 13: Rtn. Ptn. Shalina Advani AUGUST 13: Rtn. Ptn. Kulsum Jamal

AUGUST 13: Rtn. Ptn. Aradhana Mehta AUGUST 13: Rtn. Ptn. Minal Vaghani AUGUST 14: Rtn. Ptn. Rinku Suchanti AUGUST 15: Rtn. Ptn. Sangita Advani AUGUST 15: Rtn. Ptn. Ketayun Irani







Perizaad Zorabian's first screen appearance was in a Clearasil television advertisement, which she had made before she moved to New York. She continued with advertisements for health care products after her return to Mumbai, and, in 1997, acted in a music video for Lucky Ali's Nahi Rakhta Dil Mein Kuch. She subsequently played "Maya" in the TV serial Hum Pardesi Ho Gaye. Perizaad did a minor role in Mumbai Matinee (2003). In 2004, she played a supporting role in Morning Raga and made a cameo appearance in Dhoom. Her more recent films include Highway 203 (2006), Moonlight (2006), Just Married (2007) and Kabhi Up Kabhi Down.

She has also acted in a Chinese film, *Bandung Sonata*, in which she played Indira Gandhi. From Bollywood she moved on to becoming a entrepreneur handling her family poultry business by the name "Zorabian Chicken" since 2008. She is married to builder Boman Irani, and they have been blessed with two lovely children.

ROTARY CLUB OF BOMBAY 2021-2022

RUS EES

PP DR. RAHIM MULJIANI



PP ARVIND JOLLY



PP DR. ADI DASTUR



DISTRICT THRUST AREAS

PP ARUN SANGHI



TRF TRUSTEE GULAM VAHANVATY



DGE SANDIP AGARWALLA



ADDITIONAL DIRECTOR: PP DR. MUKESH BATRA



PRESIDENT SHERNAZ VAKIL, IPP FRAMROZE MEHTA, PE VINEET BHATNAGAR, PN MANOJ PATODIA, HON. SECY. DR. AKSHAY BATRA, JT. HON. SECY. NATASHA TREASURYWALA, HON. TREASURER KIRIT KAMDAR



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