

# the gateway

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**TODAY**  
IN CONVERSATION  
WITH PERIZAAD  
ZORABIAN  
ON ZOOM AT 1.45 PM  
**MEETING ID:**  
**883 2518 8279**

## NOTE FROM PRESIDENT SHERNAZ VAKIL



### OUR LEGACY

Last week I wrote about the importance of having youth and idealism and the energy of youngsters in our Club.

This week I would like to acknowledge our legacy... the older Rotarians who have been with us for decades and who have built the Club to what it is today. The legacy of any association rests on the values, passion and commitment of those that stood before.

Our Club has had stalwarts from the very beginning. From the days of Sir Pheroze Sethna and Sir Sultan Chinoy to all the presidents in the last several decades. Each one has served selflessly and committedly to projects that have stood the test of time.

This year, we acknowledged their contribution in a small way and exempted many more from the Club's membership fees, based on years of service and age. However, their spirit of giving continued, and many returned with donations to our trust. As PP Nowroze Vazifdar wrote, "To express my gratitude, I donate...."

Thanks to all our generous donors who give to serve those that need our support. Our projects can only sustain due to the benevolence and caring that our members demonstrate year after year.

The Club thanks you for what you have done and continue to do, in service and kind.

~ *President Shernaz Vakil*

## 10. LAST 08. TUESDAY'S 21. SPEAKER

DR. ZIRAK MARKER TALKS  
ABOUT MENTAL HEALTH WITH  
RTN. DR. PRAKRITI PODDAR



### WHAT DO YOU SEE AS KEY CHALLENGES?

There is not only social deprivation but also sensory deprivation... At playdates, **kids don't know how to socialise.** We guide many parents on how to stimulate children and integrate their five senses because we see huge chunks of learning lags in these core areas.

Kids between 8 and 12 are overly dependent and almost addicted to their gadgets. They are going through online burnout; they are irritable, frustrated, have headaches, posture problems and backaches. **Kids are in a pre-diabetic state** because of unhealthy eating habits, unhealthy diets, not sleeping right.

One in three kids has been diagnosed with either B12 or Vitamin D3 deficiency because they have not been exposed to outdoor activities or natural sunlight.

For the 13 onwards section is a difficult age group, the virtual world and excess social media comes with its own risk. There is a surge of inappropriate social media, pornography, risk-taking behaviour, interaction, and dating, perhaps with strangers. **The biggest fear right now is the dark web.** It is not just pornography anymore. We are talking about paedophiles, who are propagating businesses, grooming young teenagers and young adults, sometimes, in that direction. We are looking at a lot of inappropriate content that comes up even when the kids are browsing. Kids are constantly

frustrated and bored, emotionally disturbed and stressed, and **they interact with other teenagers who are as depressed or anxious, around the world.** They are forming groups and giving inappropriate strategies of coping with stress or distress.

The most common are these crazy groups that tell you to self-harm. **Self-cutters propagate that when you are emotionally disturbed, cut yourself, and that will numb the pain, or that is the best way to cope with pain.** There is immense propagation of negativity. As adults or stakeholders and/or parents, we need to be aware of this considerable rise.

There is a high rise of substance abuse, especially marijuana. **So many parents are misinformed and feel that marijuana is not a drug and not unsafe for kids.** Sometimes parents tell me that they think it is safer than drinking and smoking, which is not true. Marijuana and weed are addictive, and harmful for kids. Marijuana induces psychosis, marijuana-induced panic attacks with depression, cognitive decline, memory focus and concentration problems, further worsening ADHD symptoms and a whole spectrum of other allied issues.

**TO WATCH THE TALK, [CLICK HERE](#)**

**TO READ ITS FULL TRANSCRIPT INCLUDING THE MANY QUESTIONS OUR ROTARIANS ASKED, [CLICK HERE](#)**



Last week, PP Ashish Vaid, Chairman of Elder's Daycare, wrote about the status of our Alibaug centre for underprivileged senior citizens, which is under construction. He posted The Gateway article on Facebook and the response he received was tremendous: 248 Likes and 138 comments, when we last checked in! This is just one example of how RCB projects touch hearts – and not just those of the beneficiaries.

**Dr. Thrity M. Talaty expired on Sunday, August 8<sup>th</sup>, 2021, age 74 years, after a prolonged illness due to Multiple Sclerosis.**

She has been the largest single donor to our Rotary Club of Bombay. She donated the munificent sum of Rs. 4 crore in memory of the late Rtn. Phiroze Ratanshah Vakil for the Eye Centre run by our Club at Talwada.



Thrity came to Talwada for the inauguration of the PRVEC on November 26<sup>th</sup>, 2017, in spite of being wheelchair bound and in excruciating pain. Everyone who came to Talwada on the occasion was amazed at her courage as well as generosity.

The Eye Centre will continue to retain this name for a minimum of 20 years. The name may be changed thereafter only if the Rotary receives a new donation exceeding Rs 4 crore.

**It's been three years since the Lighthouse Project was born. PP Ramesh Narayan posted this on Facebook last week:**

Three years ago.

The Rotary Club of Bombay realised there was a problem for the kids of Machchimar Nagar, a slum colony in Cuffe Parade. The kids got admission into schools like Fort Convent and St. Annes under the Right to Education Act but they were isolated in the class because they couldn't speak English. And, so, the Lighthouse Project was born in June 2018 and formally inaugurated later.

The team consisting of Rajesh Shah Ekta Shah, Charu and others, guided by the Vidya team (Manisha) and supported by Bhavna Daftary have done wonders. Over 100 kids enjoy learning. They have really developed their speaking skills. Added activities like sports and visits give them exposure...

And now classes are on virtually and everything is on course. Truly a beacon of hope for the kids. A great example of Rotary making a difference in the community. Hats off to Ekta Rajesh and Charu.



# – CHANGE – *a life* – TODAY –

CONTRIBUTE TO THE CLUB'S FLOOD RELIEF EFFORTS

SUPPORT OUR COVID INITIATIVE

PLEDGE COVID VACCINATION FOR TRIBALS

ASSIST FAMILIES WITH A MONTH'S RATION

FEED SNACKS TO CHILDREN FOR A MONTH

TEACH KIDS HUMANITY THROUGH YAY ZINDAGEE

GIFT VOCATIONAL TRAINING TO A CHILD

DONATE SEWING MACHINES TO VILLAGERS

SUPPORT A FARMER'S LIVELIHOOD BY PLANTING FRUIT  
SAPLINGS

TREAT ANANDA YAAN ELDERS TO LUNCH

SPONSOR ANANDA YAAN ELDERS TO A PICNIC OR OUTING

[CLICK HERE TO DONATE](#)

# RCB's pest control for cotton farmers



**STEP 1:** Meeting leading farmers in Chopda Tehsil to explain the implementation of the project and responsibilities of each stake holder



**STEP 2:** Field Facilitators (FF) deliver pheromone traps in the presence of either the Sarpanch/ Coordinating Member/ lead farmer



**STEP 3:** Installation of the pheromone traps in farmers' fields

**The Rotary Club of Bombay has installed pheromone traps** to help the cotton farmers of the Chopda area, district Jalgaon, control the attack of the Pink Boll Worm. The pests not only affect the farmers' yield and profit but also the quality of produce.

A pheromone trap is an environment-friendly, natural method of pest control. Lures containing sex pheromones are placed into insect traps and erected in the field at a recommended spacing. Pheromones attract the pests and trap them.

Chopda is surrounded by around a hundred villages, of which a few are in tribal areas. The farmers and under-privileged people of these villages are dependent on cotton farming, as cotton is the major crop in this area.

The Pink Boll Worm (PBW) has caused more than 50 per cent economic loss to the yield of cotton crop in season 2020-'21. One of the areas that has suffered heavy damage due to this pest was Chopda (district Jalgaon), a remote place on the boundaries of Gujarat and M.P.

# PARSI NITE

To Celebrate  
**Parsi New Year**  
the Fellowship Committee of the  
Rotary Club of Bombay  
invites you to an evening with  
our favourite  
Wanna be Bawa  
**-Kunal Vijaykar**  
and an introduction to Udvada  
it's history and unique cuisine  
7.00pm  
Friday, August 27, 2021

Hosted by  
select Parsi Members  
of the  
Rotary Club of Bombay

Please RSVP Rashmi Kotian  
on 97691 40141  
to receive your Sweet Surprise!  
(latest by August 20, 2021)

Zoom link will be sent one day prior

# Committee News

**Ananda Seva:** Traditionally, the monsoon month of Shravan is considered holy by Hindus who also make meaningful donations during this time. One of the rituals of this time period is the bathing of the Shiv ling idol in milk and



milk products. Instead of doing this particular pooja, Rtn. Ptn. Vandana and Rtn. Madhusudan Daga, at the behest of their mother, donated tetrapacks of 1 litre Amul milk to 210 members of Ananda Yaan (in association with Dignity Foundation) instead. Our elderly thanked RCB and blessed the Daga family.



**75 art kits were donated by** Ms. Vaishali Gupta, HOD of G D Somani's primary section, to our Lighthouse Project's children on July 26<sup>th</sup>, 2021, in loving memory of her mother-in-law.

Though we have overcome online technical learning difficulties in the last year, it has been a challenge to keep the attention of little children via phone. Hence, Ms. Manisha Ahuja requested Ms. Vaishali for art kits to enhance learning through activity-based learning.

RCB's Child Welfare Committee thanks Ms. Vaishali for her generosity. The specially curated comprehensive art kits will last them the whole year.

**Science was made super fun for the kids of Lighthouse Project.** Rotaractors of ISME College designed a module called Pathshala to the human body via a quiz, and the essential concept of good and bad touch.



Basic plant anatomy was taught as this will be the foundation to their future studies. However, the most exciting part for the kids was the teaching of the solar system.

Children were shown a video and told intriguing facts about planets. For example, 1300 Earths can fit in one Jupiter and Neptune is so cold that it has freezing winds!

The children finished by painting leaves on a paper and recalling parts of a leaf. As the session headed towards an end, children refused to log out, so session timings were extended.

# Rotaract Chronicles

**Rotaractors of ISME introduced technology** to our Lighthouse children recently and asked them to define technology, according to them. Videos were shown on what technology really is and how it is used in daily life. This was followed by an activity to draw their favourite invention and talk about it. This was to enhance their spoken English skills.

Another session showed how devices looked decades ago and kids were asked to identify them. This was followed by a general discussion on the future of tech, Tesla, self-driving cars and 3D printers.

**The Team International Service of Rotaract Club** of Hinduja College conducted Amitiè, an event to commemorate Friendship Day on the first Sunday of August. Games were played to create bonds and maintain relations among multiple districts through certain activities.

Participating Clubs/ Districts were: Rotaract Clubs of Kolhapur, Bangalore East, Gandhidham, JISM Vasant Kunj, Budhanilkantha, Dhulia, New Age Engineers, Silver City Mohali, and Assam.

Teams were made with four participants each, wherein two participants were from one Rotaract Club/ District and the other two participants were from another Rotaract Club/District.



**spotzern**  
BY MILTON

**Puddled floor,  
no more!**

This monsoon, clear up all sorts of water-puddle accidents with our Clamp Mop Looped Cotton! Its super absorbing power helps you clean quickly while the detachable refill helps you wring effortlessly! Buy now from nearest stores!



**treeo**  
BY MILTON

The safety of your food  
is in your hands

Maintaining food quality is a priority!  
Woody Radius Jar is here to help you store your food and keep it fresh!  
Buy now from Amazon!

# Plastic sheets for Vaidu huts



**The Vaidu community are nomadic tribals** whose livelihoods have been hit due to the ongoing pandemic. Heavy rainfall and the cyclone have destroyed the roofs of their shanties. Their average monthly income during corona and post corona is only Rs 2000 to 3000 per month.

RCB supported Anum Foundation to shortlist a total of 340 families from the Jogeshwari and Marol area and provide plastic sheets to cover their huts. Each plastic sheet cost INR 165 and the distribution was done on August 11<sup>th</sup>, 2021.

The Vaidu community thanks RCB for all its help.





## RTN. ASHISH JALAN, FOUNDER DIRECTOR, EXCEL TELESONIC

# KNOW YOUR ROTARIAN

**My father is Sushil Kumar Jalan, a Rotarian, golfer, bridge player** and a guide to me and the larger family. My mother Rekha Jalan is over 80 and still finds going to the silver shop the best part of her day. My wife Snehal's the smartest and hardest working member of the house by a long way, very busy running her clothes shop, her house, and the rest of us.

Our son Ishaan is 28. He has done his Masters in Healthcare and is now doing his MBA at the Booth School at the University of Chicago. Our daughter Ananya, 24, has graduated from the University of Chicago with a passion for Behavioral Sciences. She's currently working in brand strategy in the US. The latest member of our family is Janhvi, whom my son has the privilege of getting engaged to. She is an Economics graduate from Tufts University and is also doing her MBA at Booth. She is planning to specialise in ESG investing.

My work is in running a telecom infrastructure company with our

focus on network as a service. We work with many leading Indian and International names. I am also actively involved in an electrical engineering business with facilities in Chennai and in the UK and a process automation company in Kolkata.

My father inspired me to join Rotary by telling me stories of the great work that they do and the people I would meet here. Rotary is a great organisation that believes in bringing people together to do good.

I am an avid reader, and music lover. I am agnostic to the books I read and the music I listen to. I'm a cricket fan and a family man.

I am an entrepreneur by definition, I run a clutch of some small (not always successful) but interesting businesses. The way we run all our business is pretty similar – great product and service, no credit, no debt, good corporate governance and to remember that business (and life) is all about people.

# RCB Classifieds

**This new initiative publishes CVs of our Bhavishya Yaan alumni who are looking for jobs and/ or internships. This is to help them find work experience within the Rotary family.**

## **ANJALI S KANOUIYA**

**Address:** Worli, Contact No : 9820858767, E-mail Id: anjalkanoujiya884@gmail.com

**Objective:** To secure a challenging position in a reputable organization to expand my learnings, knowledge & skills.

**Personal profile:** Date of birth: 14/01/2001, Martial Status: Unmarried

### **Education Qualification**

- X, Dr.Babasaheb Ambedkar School, SSC, 70%
- XII, HR College, HSC, 70.40%
- Graduated (BBI) Sydenham College, TYBBI (Mumbai University)

### **Professional qualification**

- MSCIT, Status Education Centre, 91%
- Advance Excel, Status Education Centre
- Tally ERP 9, Status Education Centre

### **Additional qualification**

- FYFT (Foreign Trade), Sydenham College, Grade 'O'
- SYFT, Sydenham College, Grade 'C'
- TYFT, Sydenham College

**Language known:** Hindi , English, Marathi

**Achievement:** College Event certificate as a Head of Department (HOD) in Hospitality.

**Hobbies:** Travelling, Listening to music.

**Experience:** Worked as an account assistant for the period of 2 month in oceans one pvt ltd, Worked In SBI Bank Card department for 2 month.

## **ANITA CHAUHAN**

**Landline:** 9321453059, **Mobile:** 9321453059, **Email:** anitachauhan1133@gmail.com, **Address:** Colaba

**Professional goals:** My professional goal is that I should be C. A in future . I have to do because that is my dream and I wish that we should be do something in our life. And I like to learn anything from lower level student than me. And I like make mehendi design and I'm also hardworking girl.

**Work experience:** Fresher

### **Education qualification:**

SSC: Colaba Municipal Secondary High School, HSC: Commerce Student. Sydenham College.

**Objectives:** My love is to observe historical places and tell about them. And I like to interact with people.

**Specializations:** Mehendi Design, Teaching, Public Speaking, Communication, Photo Editing, Making Food

**Languages spoken:** Hindi, Marathi and English

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## KUSH PANDURANG RATHOD

**Address:** Colaba, Mobile: 7045553851, Email: rathodkush519@gmail.com, Gender: Male, Marital status: Unmarried

**Qualification:** 10th (76.40%)

**Work experience:** Work with BMC A/W Covid-19 social work within 1 year

**Computer skills:** Microsoft Office Word 2007, Microsoft Power Point 2007, Microsoft Excel 2007

**Language know:** Hindi, English, Marathi

**Hobbies:** Reading books, listen song, play cricket, watch motivational video and news videos.

## RAKSHETA RAMESH JADHAV

**Address:** Worli, Contact: 9594461794/ 7021531406, Email: Jadhavraksheta97@gmail.com

**Persoanl Information:** Date of Birth: 29/12/1997, Gender: Female, Marital Status: Single

**Language Known:** English, Hindi, Marathi

**Hobbies:** Reading, dancing, travelling

### Academic qualification

- SSC, Maharashtra State Board, 2012-2013, 84.40%
- HSC, Maharashtra State Board, 2014-2015, 84.77%



- BCom, Mumbai University, 2017-2018, 80%
- MCom, Mumbai University, 2019-2020, 76%

### Additional Qualification

- MS-CIT, ADV.Excel

### Work Experience:

- Internship at Indiabulls One Point Centre (2 Months)
- HDFC Life Insurance Sector (2 Yeares)

## CHANDAN MAHENDRA VALMIKI

**Address:** Colaba, Contact: 8879544729 | valmikichandan854@gmail.com

**Experience:** Marketing 2019 - 2022

Market

I Like Selling Retails, Clothes,Ect.

**Education** 2020-2021: Commerce 60%

**Language:** English, Hindi, Marathi

**Interests:** Marketing

# RCB Classifieds

**This new initiative publishes CVs of our Bhavishya Yaan alumni who are looking for jobs and/ or internships. This is to help them find work experience within the Rotary family.**

## **ROSHAN JADHAV**

**Address:** Worli, Mobile  
No: 8655189496, Email:  
Jdvroshan192001@gmail.com

**Objective:** Always ready for new challenges. Also like to work as a team member, like to enhance my knowledge and skills. I like to do my work with all commitment and passion.

### **Academic qualification**

- Completed TYBCom from Sydenham College, Church Gate (Passing Year 2021)
- Completed H.S.C. from Sydenham College, Church Gate (Passing Year 2018)
- Completed S.S.C. from Dr. Babasaheb Ambedkar High School (Passing Year 2016)

**Technical skills:** Basic Computer Knowledge

### **Key skills and competencies:**

Territory Management, Good communication skill, Able to communicate across all levels with clients, Enhancing product visibility, Ability to exercise sound commercial judgment, Ability to establish priorities to meet goals, Ability to think and react quickly to changing situations, Maximizing revenue through new and existing business, Self confident and optimistic, Finding unique and repeatable ways of solving problems.

### **Areas of experience:**

- Market information, Competitor

activity, Pricing strategies, Territory management, Administration capabilities, Visual marketing.

### **Work experience:**

- Working with Yogurt Bay as sales executive, duration 1 year

### **Job role and responsibility:**

Enhancing the counter/ retail sales for Yogurt Bay; Achieving targeted growth at a rate and margin consistent with the company's market plan; Influencing consumer buying habits; Achieve the target.

**Personal skills:** Sociable, forward-thinking, detail-oriented, hard-working

## **SANDEEP KEWAT**

**Objective:** To succeed in an environment of growth and excellence and earn a job which provides me job satisfaction and self-development which should help me in achieving personal and organizational goal.

**Key skill competencies:** Good Communication, Ability to learn and adapt new things, Planning and organizing skills.

- MS-CIT

- Autocad From Cadd Centre (Pursuing)

Experience

- Attended two days workshop on natural fibre – the future technology of construction in

# RCB Classifieds

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Saraswati College, Kharghar.

- Visited several building construction sites.
- Project on: solar desalination.

Key achievements

- I was awarded prize from school for scoring second highest mark in SSC exam in my school.

Interest and hobbies

Cycle riding, playing cricket, football, badminton, cooking, and travelling

Academic qualifications

Bachelor Of Engineering, Mumbai University

Technical qualification:-

Civil Engineering, Alamuri Ratnamala Institute Of Engineering And Technology

Aggregate: 64.51%

Educational qualification:-

S.S.C pssed from Maharashtra State Board in 2015 with 82.8%

H.S.C pssed from Maharashtra State Board in 2017 with 62.9%

Personal Details:

Date of Birth: 03/05/1999

Martial Status: Single

Languages known: Hindi, Marathi, English

Address: Worli

Phone: +91-8454090422

**SHWETA TIWARI**

Address: Kandivali East, Phone: +91 7738604831/7039697938, Email: shwetatiwari5399@gmail.com

Objective: A teams player for a company with Bachelor of Banking and Insurance, to secure a challenging career position where I can affectively contribute towards organizational level

Experience: Fresher

Language: English - A1, Hindi - A1, Marathi - A2

Education

Bachelor Degree Of Banking And Insurance, Mumbai University from Sydenham College with results awaited (2018-2021)

Diploma in Foreign Trade, Mumbai University from Sydenham College (2018-2020)

Strength: Ability to learn from mistakes, Implementations technique with planning, Ability to adapt with the new things & technology.

Hobbies: Exploring distance lands, capturing moments, feeling the music.

Additional skills: Team player, leadership quality with execution

Personal information: Date Of Birth : 12.04.2001, Marital Status : Single

# ROTARIAN BIRTHDAYS



AUGUST 17  
Rtn. Sunita  
Mandelia



AUGUST 17  
Rtn. Sunny  
Pariyaram



AUGUST 18  
Rtn. Dr. Rustom  
Ginwalla



AUGUST 19  
Rtn. Laxmi  
Maneklal



AUGUST 20  
Rtn. Pradeep  
Gujarathi



AUGUST 20  
PP Rajnikant  
Reshamwala



AUGUST 23  
Rtn. Sanjay  
Agarwal



AUGUST 23  
Rtn. Dushyant  
Dave

## ROTARIAN PARTNER BIRTHDAYS

AUGUST 18: Rtn. Ptn. Ranjit Shahani

AUGUST 19: Rtn. Ptn. Jyoti Doshi

AUGUST 19: Rtn. Ptn. Sujata Vaswani

AUGUST 20: Rtn. Ptn. Ruby Patch

AUGUST 20: Rtn. Ptn. Navaz Pochkhanwalla

AUGUST 21: Rtn. Ptn. Irma Chinai

AUGUST 21: Rtn. Ptn. Samira Merchant

AUGUST 22: Rtn. Ptn. Manju Sinha

**24TH**  
**AUGUST,**  
**2021**  
**1.45 PM**  
**ON ZOOM**

**MEETING ID:**  
**883 2518 8279**



IN CONVERSATION WITH

**AMIT CHANDRA,**

CHAIRPERSON, BAIN CAPITAL PRIVATE EQUITY, INDIA



**NEXT WEEK'S  
SPEAKER**

Rotary Club  
of Bombay



**Amit Chandra** received his MBA from Boston College, and was awarded the school's Distinguished Alumni in 2007. He received his undergraduate degree in Electrical Engineering from VJTI, Bombay University, a year in which he was also named a Young Global Leader by the World Economic Forum.

Amit joined Bain Capital Private Equity in 2008. He is the founder of the Mumbai office, a Managing Director and the Chairman of India for the firm. He is a member of the Financial & Business Services Vertical and a member of the Asia-Pacific leadership team. Prior to Bain, Amit spent most of his professional career at DSP Merrill Lynch, a leading investment bank in India.

Over the years Amit has served on the Boards of many leading corporates and not for profits including Tata Sons, Genpact, Piramal Enterprises, Tata Investments, Emcure Pharmaceuticals, Akanksha Foundation, Ashoka University, and Give India. His wife Archana and he received the "Asia Heroes of Philanthropy Award" in 2016.

# ROTARY CLUB OF BOMBAY 2021-2022

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PP ARVIND JOLLY



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 <b>ATTENDANCE</b> RTN. MAHESH KHUBCHANDANI	 <b>CANCER AID</b> RTN. FAROKH BALSARA	 <b>DIALYSIS</b> RTN. SWATI JAJODIA
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 <b>SKILL DEVELOPMENT</b> RTN. S. V. PRASAD	 <b>SCHOLARSHIPS</b> RTN. ATEEQ AGBOATWALA	 <b>TAPARIA JUNIOR COLLEGE</b> PP PRADEEP SAXENA
 <b>FUND-RAISING</b> RTN. SWATI MAYEKAR	 <b>INTERNATIONAL PROGRAMMES</b> RTN. CHRISTOPHER BLUEMEL	 <b>DIRECTOR-IN-CHARGE DISTRICT THRUST AREAS</b> RTN. BIPIN VAZIRANI
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