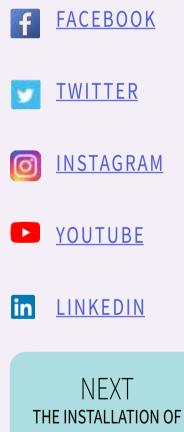


BULLETIN OF THE ROTARY CLUB OF BOMBAY | FOR PRIVATE CIRCULATION ONLY | VOLUME NO. 63 ISSUE NO. 51 JUNE 30, 2022 <u>WWW.ROTARYCLUBOFBOMBAY.ORG</u>

billetin of the rotary cl volume no www.ro

FOLLOW RCB ON THESE SOCIAL MEDIA CHANNELS. CLICK ON THE LINKS BELOW



PP SANDIP AGARWALLA AS DISTRICT GOVERNOR OF D3141 & PE VINEET BHATNAGAR AS PRESIDENT, RCB

ON JULY 3RD, SUNDAY AT 10 AM, FOLLOWED BY LUNCH, AT REGAL ROOM, TRIDENT HOTEL, NARIMAN POINT

NOTE FROM PRESIDENT SHERNAZ VAKIL



THE LAST HURRAH

From Covid-induced brain fog to a Parisian hurrah it's been a roller-coaster of a year.

The pandemic played hide-and-seek with our members and projects not allowing us to operate as we normally would have done.

Since then, it's been a frantic race to revive, renew and re-vitalise our mandates with the communities we serve.

I have truly enjoyed this frantic catch-up, as we packed in what we could in the last five months.

It's been both a joy and a challenge to lead the Club this year, the joy has come from doing many meaningful acts of service that warm the heart; and the challenge of course from our particularly difficult pandemic-induced shutdowns and the effect they had on so many people around us.

At the beginning of the year, my greatest fear was how and where to collect the funds that are required to service so many of the projects we do at RCB.

I needn't have worried, I got so much support from everywhere including PP Ramesh Narayan and PP Arun Sanghi both very spontaneously going out and collecting funds for some of our legacy projects.

I strongly believe that it was providence itself that brought a lot of funding to the Club. It was almost like I would conceive of doing



something, and the funds would appear very soon after. I really never had to say NO to anyone as money would suddenly appear and most of the requests for help were met almost immediately.

This year our focus has been on serving the people most in need, giving them the basics they have been denied, whilst giving them the tools to help themselves.

We have tried to address the inequities we see in society, making it our social responsibility to support the disadvantaged, through meaningful and sustainable projects.

Of course, our most successful intervention has been our ability to pivot solar power to provide the basic necessities to our rural folk.

The other is to educate and empower women of a neglected community to stand up and speak for themselves. Now, with our Chalaang initiative with the Vaidu children, we will transform and unburden their lives by showing them a world of hope and possibilities.

We ended up winning a District Award for the highest growth in membership and a Dream Platinum Club Award for Rs 14 crore in projects, USD 3,27,000 (Rs 2.5 crore) in TRF (the highest giving among 111 Rotary Clubs in Mumbai as on June 25th, 2022) and Rs 2 crore in Global Grant making it a total of Rs 19 crore. The culmination of the year with the Nuit de Gratitude was a big bang bash to compensate for the very few parties we could have during the year.

The themed evening brought in the crowds as I thanked the team to a packed audience.

The romantic French music the great backdrops (courtesy Rtn. Khurshed Poonawala) and the "look & feel" of an evening in Paris, set the mood for a fun night. RCB was happy and free that evening, celebrating, meeting, and cheering the year that was.

Thank you, RCB, forcelebrating with me.

My most grateful thanks to PP Dr. Mukesh Batra, my additional director, who held

> my hand and led me through some difficult days.

At the Nuit, I thanked all my Directors, Trustees, Chairs and the team that made my year meaningful.

Ionce again thank the Shukriya Zealots, Khurshed, Rhea, Fali, Avaan and Zinia for their support for the evening and, especially, Freyan Bhathena of Word It Well and Alpana Lath of The Narrators without whom the video and bulletin would never have seen light of day.

It is with a sigh of relief I sign off, wishing PE Vineet Bhatnagar & DGE Sandip Agarwalla a watershed year ahead! ~ President Shernaz Vakil







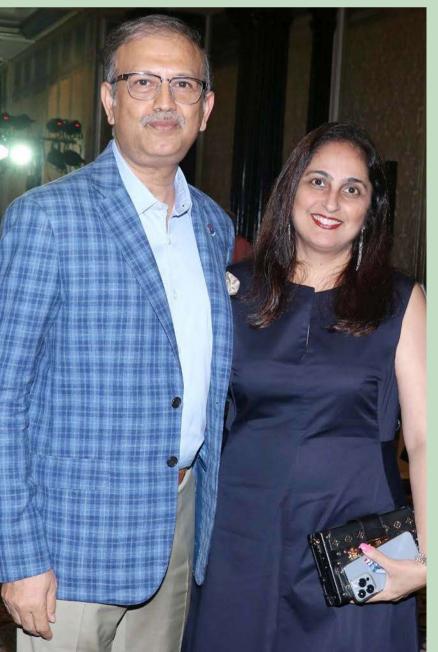




























































BEST COMMITTEE -COMMUNITY SERVICE (donated by Board of directors Rotary Club of Bombay) INTEGRATED VILLAGE **DEVELOPMENT COMMITTEE** Rtn. Mihir Mody, PP Ramesh Narayan, IPP Framroze Mehta, PP Preeti Mehta

BEST COMMITTEE UNDER COMMUNITY SERVICE -COMMUNITY UPLIFTMENT (donated by PP Ajay Kanoria) TRIBAL UPLIFTMENT COMMITTEE Rtn. Rhea Bhumgara



LATE PP. DR. P.M. SANGANI

MEMORIAL TROPHY

BEST COMMITTEE UNDER

COMMUNITY SERVICE -

HEALTH

(donated by Rtn. Ptn.

Prabhavati Sangani)

TALWADA COMMITTEE

BEST COMMITTEE UNDER COMMUNITY SERVICE (donated by Late Rtn. Govind Advani) **BHAVISHYA YAAN** Rtn. Ulhas Yargop



LATE N.J. VAZIFDAR **MEMORIAL TROPHY BEST COMMITTEE - YOUTH** SERVICE (donated by Late PP Dr. Jamshed N Vazifdar) ROTARACT COMMITTEE Rtn. Murad Currawalla



CLUB AWARDS 2022 @ NUIT DE GRATITUDE

LATE CHANDANBEN RTN. **ARVIND KUMAR KILACHAND MEMORIAL TROPHY BEST COMMITTEE -INTERNATIONAL SERVICE** (donated by Late Rtn. **Arvind Kumar Kilachand)** INTERNATIONAL COMMITTEE Rtn. Christopher Bluemel

LATE PDG SANTOSH **AGARWALLA TROPHY BEST LADY MEMBER OF THE CLUB** (initiated by DGE Sandip Agarwalla) Rtn. Swati Jajodia

AWARD FOR THE HIGHEST CONTRIBUTION TOWARDS ROTARY FOUNDATION (donated by PP Gul Kripalani in memory of Late Vasantrao Deshmukh) **PP** Nirav Shah

AWARD FOR ROTARIAN OF THE YEAR (donated by Rtn. Zinia Lawyer in memory of her Mother Mehroo Irani) PP Ramesh Narayan



One Time Presidential Award PP Dr. Rumi Jehangir









HANS KHIMJI TROPHY **BEST ACTIVE NEW MEMBER OF THE CLUB** (donated by Rtn. Hans B. Khimji) Rtn. Mihir Mody



AWARD FOR OUTSTANDING SERVICE BY A ROTARIAN PARTNER (donated by PP Vikram Kamdar in memory of his father Late Bhagwandas Kamdar) Rtn. Ptn. Avaan Vakharia

LATE DAWOODKHAN **S. TYEBJEE TROPHY FOR BEST SENIOR CITIZEN OF THE ROTARY CLUB OF** BOMBAY (donated by Late Rtn. Taher Tyebjee) **PP Nowroze Vazifdar**





One Time Presidential Award Dr. Anil Deshpande



One Time Presidential Award CHIRAG FOUNDATION, Prof. Pratibha Pai



One Time Presidential Award Rtn. Ptn. Ekta Shah



28. LAST06. TUESDAY'S22. SPEAKER

RCB presented the Ramkrishna Bajaj Award for Good Governance to Nadir Godrej, MD, Godrej Industries



By Nadir Godrej

According to Steven Pinker And supported by many a thinker, The world's becoming a better place Though at a slow but steady pace. And yet there are problems for sure And climate change is at the fore. Inequality is also dire And maybe getting so much higher. If progress on all these is slow The consequences are grave, we know. Their abilities and constraints are such That governments can't do much. NGOs have few means but ability And businesses have means but don't see

These issues as part of their core. For profit is how they would score. But businesses slowly realise That profit is a short term prize.

After all what do businesses gain If they die out and don't sustain? But how much can they afford to spend To ensure their existence doesn't end? That answer's not easy to find But a thought still comes to my mind. If the efforts of all are combined The synergies that we can find Reduces costs and raises gain And obviates inevitable pain. There's a capitalistic strain That enthrones shareholder gain. And Milton Friedman could see That this simplistic philosophy Could lead to great efficiency But wherever there's externality, This capitalism red in tooth and claw Can prove to be a dismal flaw. Correction can come from regulation Or even from self-remediation

And Adam Smith himself foresaw That business could address this flaw. It should be clearly understood One can do well by doing good. Doing it smartly we do better So why not be the trend setter! In capitalism's early days we see Social responsibility in some degree. To dissipate the urban gloom Both Cadbury, Lord Leverhulme Then pioneered the company town. Some observers would surely frown At their extremely paternal attitude But many might view it with gratitude. We should remember in that age It compensated their lowly wage. It's time to get the Tata group Now very much into the loop. Because it seemed morally right The Tata group then set its sight At such a very lofty height, For what Trade Unions had to fight In Europe for several years Was gifted by these worthy seers, From the goodness of their heart. Undoubtedly this played a part In honing their great reputation And then contributing to the nation. And doing good is very sound What goes around does come around. Doing good isn't just a cost The gain outweighs all that's lost. My grandfather probably saw These examples and found no flaw. He bought faraway marshy land. His critics just couldn't understand. They concluded he had gone quite mad But today we are glad, not sad. A township then slowly arose

TO READ THE REST OF THE POEM, CLICK HERE

And this is where our business grows. We provided every needed tool Housing, hospital and school.

My uncle known as Sohrabji Way back could clearly see The environment was under stress Neglect he knew would be a mess. Our creek side land was reserved The mangroves there well preserved. And from my office I gaze out there, A Mumbai view that's very rare With greenery all the way Until you sight New Bombay. And now and then, with friends I float On a gently moving boat, With pink Flamingos in full flight, To my mind a splendid sight. In saving tigers he played a role. The environment was a major goal. He played a role in all we do As members of this club well knew. He's not here to cheer loud But I'm sure he would be proud. The Tata Trusts as we all know Get a very constant flow Of dividends from shares they own. It may not be quite as well known Our trusts also have a share The proportion's smaller but it's there. And here I think that we all ought to Pay careful heed to Michael Porter. With Shared Value there's no cost For doing good as nothing's lost. All it takes is a thinking brain To remove a societal pain And combine it with a business gain To create a sustainable chain Of endless mutual benefit. This concept is a tremendous hit.

We thought that we should also try And see if we could apply This philosophy to our group Our employees also joined the loop. In the year 2010 Studies were commissioned and then With the help of Dasra and FSG Our new program, one could see. We aptly named it Good and Green And what a journey it has been! And how do we define our role What could be a proper goal? Now the UN has a lengthy list, So in recounting, some would be missed! So I will focus on just three That I think would be the key For all the others to fall in place And enable us to win the race. Good health through perfect sanitation, Environment and education. All of these can be seen In our program Good and Green. It is no longer Climate Change Within a tolerable range. A crisis is what it's about With fires, floods as well as drought. Every week a constant blast Far worse than seen in the past. If we must, we will adapt Prevention though would be more apt. There is a cost to adaptation, It's rising fast in every nation As well as for the world at large. This will be a heavy charge. In fact, we should all conclude Prevention would be far more shrewd. It actually would cost much less And avoid a lot of stress.



















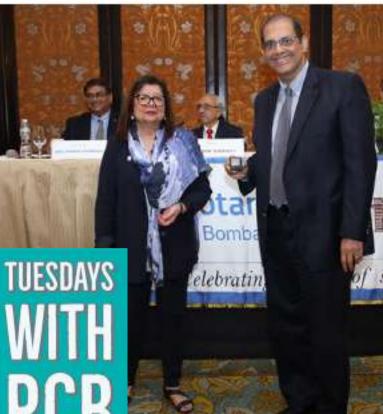






















RCB CELEBRATES INTERNATIONAL YOGA DAY IN STYLE



At District Civil & Sessions Court (Above) & Byculla prison (Below)





In court and jail

To mark International Day of Yoga on June 21st, 2022, Rotary Club of Bombay organised a special session for the Honourable Judges at District Civil & Sessions Court (Fort, Mumbai).

Archana Shah, a Hatha yoga

and Ashtanga Vinyasa yoga teacher, designed the module not just to teach participants techniques but also stress management.

A similar session was organised at the opposite end of the judicial spectrum, for the prisoners of the female wing **At Lighthouse Project**

of the Byculla Jail. Here, Ms. Archana designed the module keeping gender-based health issues in mind but also stress and anger management.

After the session for the Judges at District Civil & Sessions Court (Fort, Mumbai), Ms. Archana headed to the jail along with her co-teacher Priti Patel. The prisoners had already assembled, dressed in yoga-suitable track pants and t-shirts. Before beginning, some of them shared that a group of women within the prison do yoga every morning.

Ms. Archana focussed on forward bends which are very good for dealing with anger issues and, also, sectional breathing and cooling pranayamas. At the end, the women discussed specific issues for which Ms. Archana was able to demonstrate some asanas.

She briefed both groups about the benefits and contraindications of each asana. She emphasised posture alignment to get the maximum benefit from the asanas.

RCB thanks Rtn. Ptn. Ekta Shah Rtn. Satyan Israni for putting this together to commemorate International Yoga Day.

In class

Ms. Archana Shah also took a special yoga session for the children of our Lighthouse Project. She also takes their regular Saturday classes. The session began with the children doing various yoga asanas under the teacher's guidance. This was followed by group displays with children doing more complex asanas like head and handstands too. Finally, to calm down after the strenuous activity, the instructor guided the class in breathing exercises and chanting 'Om '.

With the tribal community

RCB held a series of yoga sessions for the Vaidu community in both Marol and Jogeshwari with the students of the respective study circles and Adult Literacy programme. During these sessions, the adults were educated about the benefits of yoga, how it helps children manage anxiety, emotional regulation, boosts

With the Vaidu community

self-esteem and concentration along with flexibility and how it helps older students with strengthening bones, improves sleeping habits, and alleviate aches and pains and many more other benefits.

1. We did yoga with more than 300 students over two days.

2. Even heavy rains did not hinder our dedication, classes continued.

3. However, we had to take classes in small batches indoors. When it was not raining, open-air sessions were possible.

4. One of our students, 12-yearold Sanchita Shah, from our Marol centre was selected the yogainstructor as in her school.

Committee News



Rotary child organises a day of play for Vaidu kids

June 11th, 2022, was a lovely day for Project Chalaang as Ms. Ishti Agrawal and her friends joined 127 students from the Vaidu tribal community. Rtn. Charu Agrawal's daughter Ishti and her friends planned a back-toschool themed art and craft session.

This was followed by a football match between two teams. Whole environment was filled with excitement as this was the first time they were playing an organised game with outsiders. The field was full of energy on the hot summer day. Team Rock (Ishti's Team) won the match, and team Super Strikers settled as runners up. Nonetheless, all children were given chocolates and prizes.

The children enjoyed the delicious food along with the mango juice given by them.

Vaidu Upliftment committee of RCB thanks the youngsters: Ishti Agrawal, Sarrah Zojwalla, Maana Vora, Radhika Gaglani, Charmy Kotadia, Kaavya Jospeh, Anushree Devarshetty, and Aryan Chaudhry.







RCB GOES BOWLING

An exciting RCB sporty evening took place on June 14th, 2022, when, for the first time, a Sports Bowling Fellowship was held in association with the newly launched Rotary Satellite Club of Bombay. The RCB Bowling Challenger seemed to have brought out the child in our members who trooped into the Smaaash Bowling arena. Many of them came with their spouses who, too, had a super time bowling. The Championship began with lots of 'Yays' and 'Oh No's' as some of the participants got perfect strikes knocking all the pins or some while others missed completely. With an eye on their scores on the computer monitors, all participants were anxious to check their scores after every frame. The bowling went particularly well with a fellowship of music, sumptuous snacks, beer and mocktails. We also celebrated the birthday of Champions Bowler Rtn. Jaymin Jhaveri as he cut the birthday cake with all members singing a Happy Birthday song.

In the end, all 38 participants thoroughly enjoyed the fun-filled evening and fully endorsed the fact

RCB BOWLING CHALLENGER IN **ASSOCIATION WITH ROTARY SATELLITE CLUB OF BOMBAY**



that it was one of the most enjoyable fellowship sports events since everyone who came was able to participate.

The Winners:

WOMEN

Winner: Fernaz Dotivala (117 points) 1st Runner-up: Marie Born (82 points) 2nd Runner-up: Amisha Shroff (76 points)

MEN

Winner: Jaymin Jhaveri (129 points) 1st Runner-up: Ajit Lalwani (97 points) 2nd Runner-up: Pulin Shroff (93 points)

LIGHTHOUSE AND AY BID FAREWELL TO PRESIDENT SHERNAZ

Committee News

Leadership lessons for BY from ancient India

The Free Press Journal newspaper hosted an event organised by Youth Equine Leadership for the alumni of Bhavishya Yaan, the widely acclaimed Student Enrichment Project of the Rotary Club of Bombay. Shubh Vilas Prabhu, author and spiritual teacher, drew references from Indian scriptures as well as simple examples to share leadership lessons to the audience. audience

enthusiastic The

asked interesting questions in the session that followed. Their confidence was remarked upon by all present. Every alumni was also presented with an autographed book Timeless Tales to Ignite Your Minds by the author. The session was followed by dinner.

The programme was organised by young Vidushi Karnani. Bhavishya Yaan Committee of Rotary Club of Bombay thanks Ma Vidushi and The Free Press Journal for the opportunity.







"Happy birthday to you!" sang a chorus of small voices as President Shernaz Vakil cut the cake. The function, held on June 17th, 2022, saw our President Shernaz Vakil celebrate her special day with our Lighthouse class.

To accommodate everyone comfortably, students were split into two batches with the K.G. tots arriving first followed by the older lot from standards 1 to 5.

President Shernaz was charmed by the little ones who interacted with her in English and sang rain songs they had been learning in class. Then, it was the turn of the older students, whose imaginative responses when asked about their ambitions surprised everyone.

Each child received a sketchpad, crayons, and a moist vanilla cake as a return gift. Delighted with the gifts, some enthusiastic youngsters created beautiful drawings of birthday cakes on the spot which were handed over to the President before she left along with the card the class had created.



The family that eats together stays together, goes the old saying. Eating together provides an opportunity to share, build and develop a bond, get to know each other, and create happy memories. To create such a happy environment for Ananda Yaan members and get connected with the Rotary Club of Bombay, we always arrange an annual lunch. This year's annual lunch June 10th, 2022 (Byculla) and June 15th, 2022 (E. Moses Road) was organised with the support of Rtn. Aditi Shah for both the centres of Ananda Yaan.

organised Members performances to showcase their talent and the change in their lives due to Ananda Yaan's interventions. Senior citizens became students and acted out a funny skit called

"Anokhe Bachhe." The second skit illustrated the changes in their lives and was called "Naya Savera". The event began with Ganesh Vandana (prayers to God) and ended with the National Anthem followed by lunch.

RCB President Shernaz Vakil, Rtn. Madhusudan Daga, and Rtn. Ptn. Ekta Shah, Dr. Sujay Joshi, and Ms Kusum Gupta from Dignity Foundation had lunch with the members. Special thanks to Rtn. Aditi for arranging the delicious and lavish lunch spread served with love by the Thacker's team at both locations. A full team of 12 cooks and waiters served each one fresh hot rotis made at the venue.

This will remain memorable for all the members and officials of the Rotary Club of Bombay and **Dignity Foundation.**

Committee News

RCISME HAS SOME COOL THOUGHTS ABOUT COMMUNITY SERVICE





Rotaract Club of ISME wanted to install a community fridge for the needy by encouraging localities near the fridge to stock it with leftovers, fresh food, etc. Passersby who cannot make their ends meet, can take whatever food is available in this fridge at that time.

We found a society in D.N. Nagar, Deep CHS. LTD. Andheri, which supported us with the location of the fridge and electric supply. Stickers were pasted on the fridge, including messages and instructions in 3-4 different languages, the Club name, parent Rotary Club Name, their logos, respectively, the President, Secretary and project chairman details, and disclaimers.

Once the fridge was delivered, we got a stand made for the fridge so that it stands at eye-level and a roof on top of the fridge to prevent rain water. Later, we managed the electric point from the society. Lastly, on May 31st, 2022, we invited our college support staff, Rotary clubs, our club members and their parents along with other dignitaries for the inauguration of the fridge. Once we inaugurated the fridge, we sent out flyers in the nearby societies talking about this facility and how they can put it to optimal use.





JUNE 28 Rtn. Ashok Chinai

ROTARIAN PARTNER **BIRTHDAYS**

JUNE 28 Rtn. Ptn. Brinda Somaya JUNE 29 Hon. Rtn. Ptn. Sudha Mahindra



Milton's Copper Bed Pot always keeps your health and wellness in check! Buy now in stores near you

ROTARIAN BIRTHDAYS



JUNE 30 Rtn. Dinshaw Pandole



JUNE 30 Rtn. Jairaj Purandare

JUNE 30 Rtn. Ptn. Erika & Rtn. Peter Born

"When you're trying to rebuild a society, what's the first thing you do? You have to build camaraderie. You have to build trust. Rotary clubs do that?" Howard Buffet (Philanthropist, and son of Warren Buffet)

WE SALUTE OUR ROTARIANS WHO HAVE GIVEN SO MANY **YEARS OF SERVICE TO THE CLUB**

Members who complete more than 30 years in June are:



43 years PP Rtn. Dr. Zerxis Umrigar



41 years PP Rtn. Rajnikanth Reshamwala



37 years Rtn. Soli Cooper



35 years Rtn. Jetu -Jacques Lalvani



Welcome the mango mania!



With summer comes the most delicious time of the year - Mango season! Treat yourself with mango relishes served in Treo. Buy now on Amazon or Flipkart!

MILTON

When it comes to **HEALTH..** no if, no par, **ONLY COPPER**



ROTARY CLUB OF BOMBAY 2021-2022



Published by President Shernaz Vakil for Rotary Club of Bombay, contact@rotaryclubofbombay.org; Editorial Content, Design & Layout by The Narrators (thewriteassociates@gmail.com); Regd No. MCS/091/2015-17; R.N.I NO. 14015/60. WP P License No. MR/TECH/WPP-89/South 2015