

THE GATEWAY

Bulletin of the Rotary Club of Bombay
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IN THIS ISSUE



What kind of Rotary activities would you like to participate in? Click here.

COMING UP



August 27th, 2022: Bridge Over Brunch at Royal Yacht Club.



October 5th, 2022: Fellowship to Slovenia



November 25th, 2022: Fellowship to Tadoba Sanctuary.

Note: All details with Rashmi at the Rotary office (97691 40141).



PRESIDENT'S MUSINGS
EVERY WEEK ON:  Spotify
CLICK HERE TO TUNE IN NOW

**Rotary Club
of Bombay**

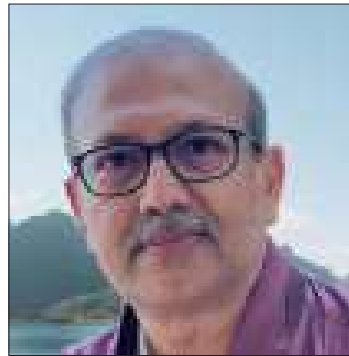


DISTRICT 3141



**IMAGINE
ROTARY**

21st August, 2022



President Vineet Bhatnagar

WHY IS THERE INCREASING MENTAL STRESS IN MODERN LIVING?

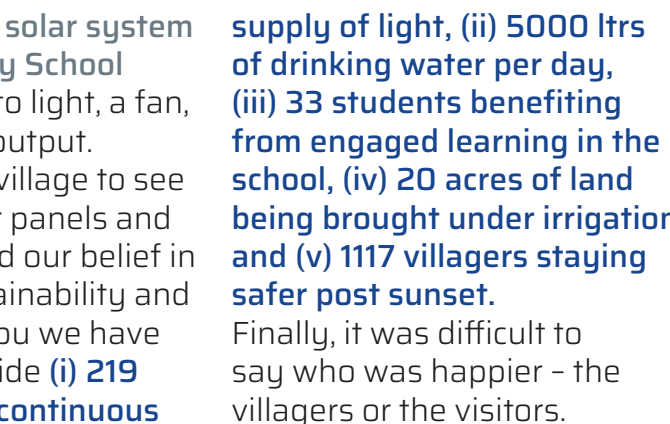
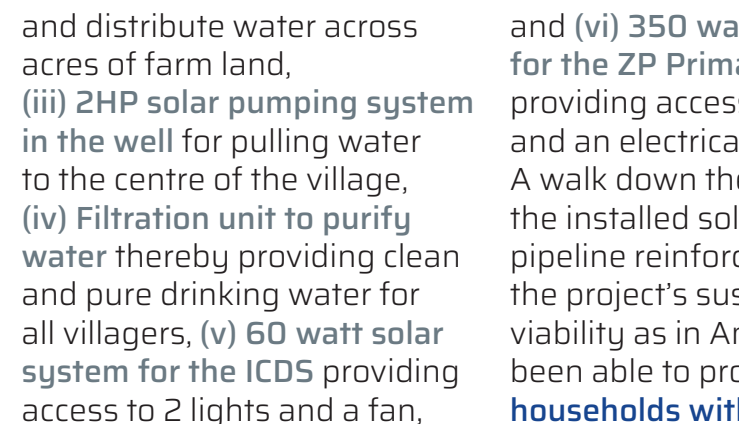
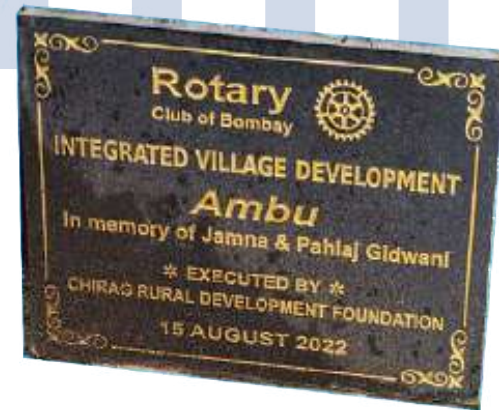
In several ways, post-WW2 reconstruction resulted in economic well-being that stemmed from consumption rather than contribution. The metrics that we have applied to measure well-being are GDP, per capita income and

wealth. We consume from outside in whereas we contribute from inside out.

It is the realisation of living beyond our self-interest that offers a recipe to achieving greater balance between consumption and contribution. We begin to find meaning in serving beyond ourselves. We start to yield to a higher purpose. And those who find a way to pursue a higher purpose are also the ones who discover a state of well-being.

So, it is the mental state of well-being that most of us are craving for as an antidote to mental stress. This mental state of well-being is 'restedness'. It is not the same as 'resting'. Physical rest could be the obvious response to overcome physical exhaustion. But it is certainly not the answer to the looming question of how to address mental stress.

Let us bring a guided approach in our lives that allows us yield to a higher purpose. Such an approach is 'yieldedness' which is just another way to describe living purposefully. For happiness and mental well-being we have to go back to the basics - is there something that we can offer as opposed to what next we can consume.



THE VENUE: THE SLEEPY HAMLET OF AMBU IN KHED DISTRICT

THE PROJECT: 360-DEGREE DEVELOPMENT OF AMBU POWERED BY SOLAR ENERGY

THE COCONUT: CRACKED BY ROTARIANS TO FORMALLY INAUGURATE THE PROGRAMME

FESTIVE COLOURS TAKE OVER EVERYWHERE

SPEECHES AND THE JOY OF GIVING AND RECEIVING

A VILLAGE LEARNS TO MARCH TO THE SOUND OF ITS OWN DRUMS

TIRANGA SWEETS TO MARK THE OCCASION

HAPPINESS IS A SENSE OF SHARED PURPOSE

COLLABORATING WITH THE BEST, THE RCB WAY

BENEFICIARIES, LOOKING UP TO A GREENER TOMORROW

MEMORIES OF A RAIN-SOAKED VISIT TO GREENER PASTURES

On August 15th, 2022, as India celebrated its 75th year of Independence, there was one more reason for Rotary Club of Bombay to celebrate as it inaugurated its **25TH INTEGRATED VILLAGE DEVELOPMENT PROJECT** at Ambu in the Khed Taluka of Pune. The implementation was

possible with the support received from Mr. Nelum Gidwani and project partners Chirag Foundation. A group of 20 including Rotarians, Rotarian Partners, family and friends took the scenic route to Ambu to share the joy of the villagers, all of whom had come out in large numbers (band baja including),

inspite of the incessant rain, to thank RCB and the donors for bringing about the change that they could only dream of. We supported Ambu with (i) **Solar Homelight Solutions** including 1 portable light and 1 mobile charging point to all 219 families, (ii) **7.5 HP solar pumping system to enable lift irrigation** from the check dam

and distribute water across acres of farm land, (iii) **2HP solar pumping system in the well** for pulling water to the centre of the village, (iv) **Filtration unit to purify water** thereby providing clean and pure drinking water for all villagers, (v) **60 watt solar system for the ICDS** providing access to 2 lights and a fan,

and (vi) **350 watt solar system for the ZP Primary School** providing access to light, a fan, and an electrical output. A walk down the village to see the installed solar panels and pipeline reinforced our belief in the project's sustainability and viability as in Ambu we have been able to provide (i) **219 households with continuous**

supply of light, (ii) 5000 ltrs of drinking water per day, (iii) 33 students benefiting from engaged learning in the school, (iv) 20 acres of land being brought under irrigation and (v) 1117 villagers staying safer post sunset. Finally, it was difficult to say who was happier – the villagers or the visitors.



A traditional Parsi Nite for all



THE FELLOWSHIP COMMITTEE PRESENTED THE PARSI NITE ON AUGUST 19TH, 2022.

The fellowship, which was held at the historic 150-year-old Allbless Baug, was co-hosted by 24 Rotary members and attended by over 120 Rotarians and their partners. A traditional auspicious toran greeted all at the entrance. Most of the attendees were dressed in traditional gara embroidered saris and outfits and the duglee. The guests enjoyed cocktails, lively music, and dancing in an elegant reception room with beautiful chandeliers and portraits of Parsis from a bygone era. The highlight was the authentic sit-down Parsi bhonu which was appreciated by all. There was a special menu planned for vegetarians as well. President Vineet Bhatnagar, attired in a duglee and topi, welcomed the guests and thanked the Fellowship Committee for organising the evening as well as the gracious hosts on behalf of all those who were present.



Our thanks to the hosts for Parsi Nite
 Rtn. Dr. Aashish Contractor
 Rtn. Arin Master
 Aspi Daruvala
 Rtn. Aziz Javeri
 Rtn. Darius Pandole
 Eruch Irani
 PP Framroze Mehta
 Rtn. Jimmy Pochkhanawala
 Rtn. Homi Katgara
 Rtn. Hormusji Cama
 Rtn. Jamshed Banaji
 Rtn. Khurshed Poonawala

Rtn. Mahakhurshid Byramjee
 Rtn. Meera Alreja
 Rtn. Dr. Mehernosh Dotivala
 Rtn. Murad Currawalla
 Rtn. Natasha Treasurywala
 Rtn. Peshwan Jehangir
 Rtn. Phiroze Soonawalla
 Rtn. Rhea Bhungara
 Rtn. Roda Billimoria
 PP Dr. Rumi Jehangir
 Rtn. Soli Cooper
 PP Dr. Zerxis Umrigar



RCB PRESIDENT WITH RC ATLAS

ON AUGUST 5TH, 2022, PRESIDENT VINEET BHATNAGAR VISITED THE ROTARACT CLUB OF ATLAS SKILLTECH UNIVERSITY.

President Vineet emphasised how young Rotaractors are key to Rotary, globally, and how young minds making sustainable initiatives is crucial. He explained the importance of designing projects that make communities sustainable and, so, doing projects with exit strategies.

RC ATLAS shared details of some of their upcoming projects such as community service favourite *Saathi - an NGO mela* which returns for its third year on November 19th and 20th, 2022, a platform where NGOs are connected with stakeholder groups to offer assistance in different ways and helps them build



their network.

Secondly, *Flea Fella*, a project filled with energy and high spirits, is back on October 15th, 2022. At the flea, a pool of small businesses is invited to showcase their products. We also invite NGO kids to experience and interact with these entrepreneurs.

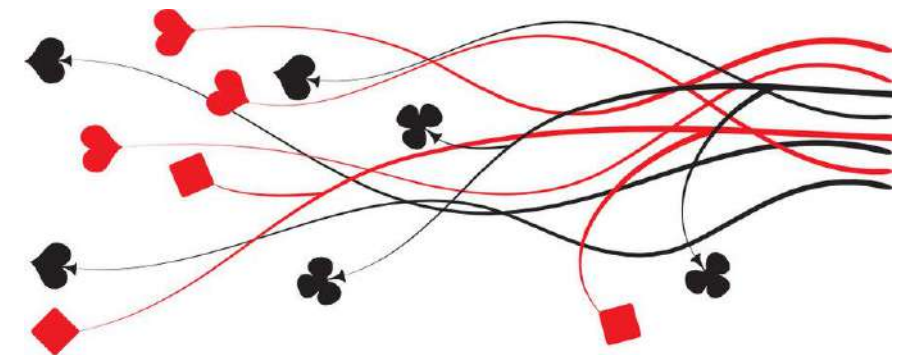
Thirdly, RC ATLAS aims to raise awareness about the LGBTQIA+ community. The cell devoted to this, *Queeriosity*, is coming up with its very first Pride Parade in February 2023



to spread good vibes, colours, power, and positivity.

Last, but not the least, RC ATLAS' *Community Fridge*, promotes a way of dignified living, where leftover food can be dropped off and the people who want it, can collect it without having the need to beg for a basic necessity.

President Vineet was so impressed to hear about this initiative that he declared that Rotary Club of Bombay will support three more community fridges this year!

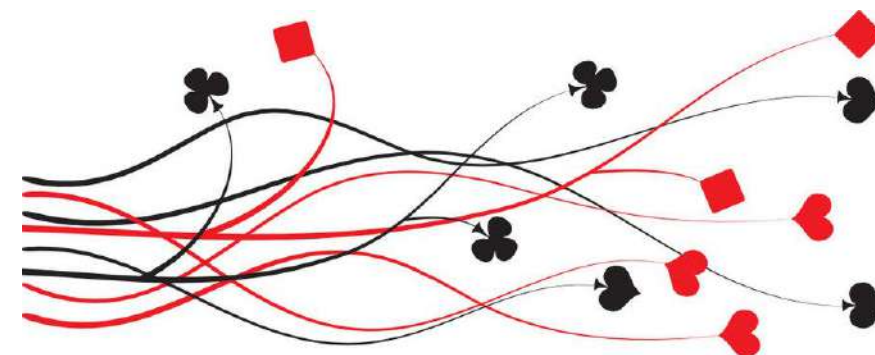


BRIDGE OVER BRUNCH

Saturday 27th August
Anchorage,
Royal Bombay Yacht Club

Bridge 10:30 am - 1 pm
Followed by finger food & drinks
@ INR 999/- per head

*Dress code : Smart Casuals



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Rashmi
9769140141

Janmashtami lights up Lighthouse



KRISHNA'S BIRTHDAY IS CELEBRATED WITH GREAT FERVOR IN OUR COMMUNITY AT MACHCHIMAR NAGAR AS OUR CHILDREN NATURALLY TAKE TO IT.

Krishna's story was thus narrated followed by different activities. While our tiny tots coloured earthen pots known as 'matkis', our older batches participated in a quiz and painted Krishna. They then spoke about his birth, his personality, his favourite food and about the human pyramid.

Learning the language was the emphasis of the entire programme. We narrated the story in English and built their vocabulary with words like chariot, pyramid, flute, melodies, naughty and more!



BY CELEBRATES AZADI KA AMRIT MAHOTSAV

OUR BHAVISHYA YAAN STUDENTS FROM THE NMJ SCHOOL CELEBRATED THE 75TH AZADI KA AMRIT MAHOTSAV WITH THE ENTIRE SCHOOL.

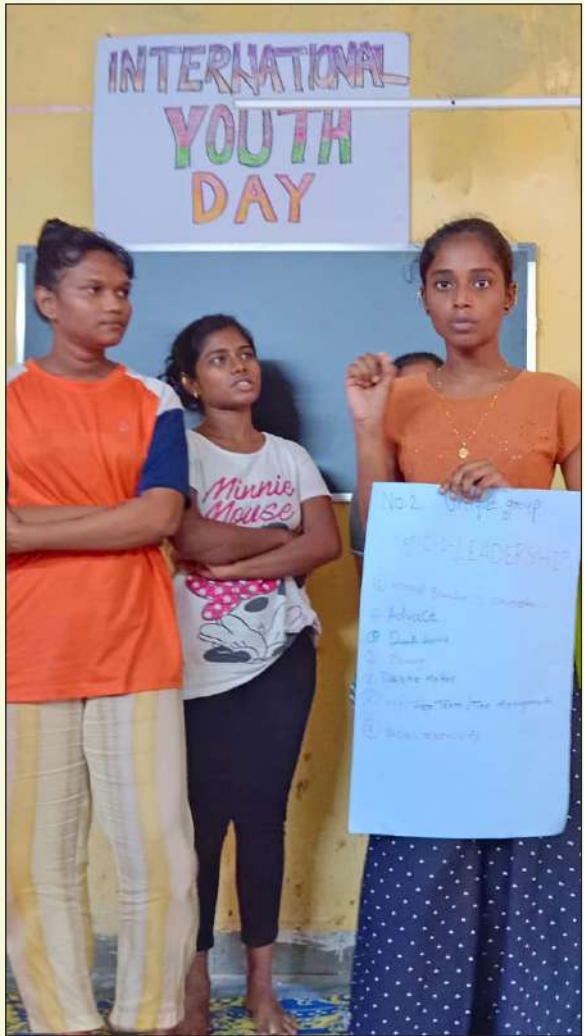
Flag hoisting, students' marching with a band in their neighbourhood, dance, song

and speeches marked this joyous occasion. Primary students showcased their talent, too. Some BY students were felicitated with trophies, medals (gold, silver and bronze) for their triumphs in an inter-school judo competition.

After this, Rotaractors from Jai

Hind College conducted a quiz on India's Independence and freedom fighters, for 7th, 8th, 9th, and 10th standard students.

Lastly, the students were given stationery and snacks. The BMC staff, Rotaractors, and BY teachers enjoyed hot samosa and chips.



INTERNATIONAL YOUTH DAY FOR VAIDU KIDS

1.21 billion - more than 15 per cent of the global population - is between the ages of 15 and 24 (UN World Youth Report).

International Youth Day is celebrated on August 12th every year to bring focus to crucial matters involving young people whether it is social justice, climate change, global peace, education, and different things.

At RCB's Vaidu Upliftment Committee, we are empowering the tribal youth everyday through education and life skills. On this day, we rededicated ourselves to this mission!

150 tribal youngsters got together for the first time at our Marol and Jogeshwari centres. We engaged them in team-building games and encouraged them to volunteer. They were shown how this would help their community to change and grow. Many dropouts from college understood that they are key to bringing about a change.

Meanwhile, the games concentrated on building coordination and finding the positive in every situation. The youngsters agreed to look for skilling opportunities.

Celebrations ended with a hot snack of puri-bhaji and sheera. Vaidu community's leader Ms. Durga Gudilu thanked RCB for this initiative.

CELEBRATIONS

Member Birthdays



AUGUST 23

Rtn. Sanjay Agarwal

AUGUST 23

Rtn. Dushyant Dave



AUGUST 24

Rtn. Manoj Israni

AUGUST 24

Rtn. Narinder Nayar



AUGUST 27

Rtn. Ranjit Sinh

Rotarian Partner Birthdays

AUGUST 26

Rtn. Ptn. Dina
Golwalla

AUGUST 27

Rtn. Ptn. Neelima
Baliga

AUGUST 27

Rtn. Ptn. Neeraja
Taparia

AUGUST 28

Rtn. Ptn. Usha
Agarwal

AUGUST 28

Rtn. Ptn. Sujata
Manohar

AUGUST 29

Rtn. Ptn. Neetee
Chadha

Anniversaries

AUGUST 27

Rtn. Ptn. Shobha & PP Haresh Jagtiani

Rotary Club of Bombay   **Weekly Speaker**
23 Aug, 2022 | PHYSICAL MEETING

Up, Close & Personal WITH

HELEN COOPER
Founder & CEO,
Helen Cooper School of Luxury

IN CONVERSATION WITH
President Vineet Bhatnagar

OPEN TO ROTARIANS EVERYWHERE

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Rotary Club of Bombay   

NEXT WEEK @TAJ

Grammy Award Winner,
US Billboard #1 artist

Ricky Kej

SHYAM MUNSHI AWARD FOR LIFETIME ACHIEVEMENT IN ARTS

2X Grammy® Award Winner, US Billboard #1 artist, GQ Hero 2020, Ricky Kej is an internationally renowned Indian Music Composer and Environmentalist. He has performed at prestigious venues in over 30 countries, including the UN Headquarters in New York and Geneva. Ricky has won over 100 music awards in 20 countries. He serves as the UNESCO MGIEP "Global Ambassador for

Kindness", UNCCD "Land Ambassador", UNICEF "Celebrity Supporter" & Ambassador for "Earth Day Network".

His vast repertoire of work includes 16 studio albums released internationally, over 3500 commercials and 4 feature films, including the natural history documentary 'Wild Karnataka' narrated by Sir David Attenborough.

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ROTARY CLUB OF BOMBAY 2022-2023



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AGARWALLA**



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PP NANDAN DAMANI**



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Sergeant-At-Arms
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