

THE GATEWAY

Bulletin of the Rotary Club of Bombay
For private circulation
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**Rotary Club
of Bombay**



18th September, 2022

COMING UP

October 6th, 2022:

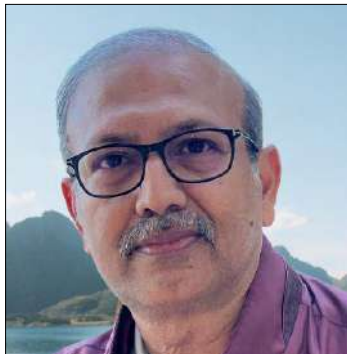
Paranjoti Academy Chorus
- an evening of choral
masterpieces from around
the world. At Rendezvous,
Rooftop, Taj Mahal hotel
from 7:30 pm onwards.

October 10th, 2022:

Inauguration of the 3rd
Ananda Yaan centre at
Mazgaon Court at 5 pm.

October 14th, 2022: Diwali
Nite at Mini Clubhouse
@ Race Course from 7:30
pm onwards.

Take heart



President Vineet Bhatnagar

**THERE IS CHAOS, MISERY AND
INJUSTICE BECAUSE SO OFTEN
WE LET IT BE SO ... LET US STEP
UP.**

But how does one bring about
change(s) that are of an order
of magnitude that an individual
cannot even fathom where to
start? It is this assessment of
inadequacy that makes many of
us let things be the way they are

today or how they were in the past.

I have felt that one kills a bit of oneself every time one is
faced with such a feeling of inadequacy. How does one
become worthy of being spared from such a feeling of
helplessness and individual limitation?

Sewa - the Hindi word for service has always brought a
great deal of reconciliation to many of us. It is a response
from an individual to overcome the feeling of helplessness.
To find an answer to the misery that is unfathomable.

Serving others, as all of us have realised, leaves us with
a feeling that compensates for the inadequacy of having
no answers to the complexities that we see around us.
In serving others, we step up and find relevance as a
microcosm.

Rotary Club of Bombay   **20 September, 2022**

Taru Lalvani Award
for Environmental Protection



TEJAS SIDNAL
Carbon Craft Design

Rendezvous Rooftop
The Taj Mahal Palace
Lunch at 1pm. Meeting begins at 1.30pm

Guest attendance charges apply
Rotarians-₹300 Non-Rotarians-₹400
(Lunch not included)



PRESIDENT'S MUSINGS

EVERY WEEK ON:  Spotify

CLICK HERE TO TUNE IN NOW



ARCHITECT ROBERT STEPHENS ON 200 UNREALISED URBAN PROJECTS OF MUMBAI CITY

BOMBAY HAD THE OPPORTUNITY TO BUILD A NEW BOMBAY. WHAT ARE THE HIGHLIGHTS?

It is an intense question. It was to be a twin city but two decades ago a Rotarian suggested it should be 25 coastal cities. Bombay needs to decentralise.

WHAT ARE YOUR VIEWS ON THE UNDERGROUND, THE SEALINK AND GOING UNDERNEATH WALKESHWAR TUNNEL?

The Coastal Road plan is outdated, based on a plan in the 1960s. The Metro plan was also suggested then, the design in 1962 mentioned

looking for a space for the carshed if it ever came to be. And look how it is creating a problem today.

WHY DID YOU CHOOSE BOMBAY FOR THE BOOK?

Bombay is home and Bombay has such a gravity of creative ideas, it can't be compared. Ahmedabad is next.

ONE RADICAL IDEA

I like a lot of micro plans by architect Alan Abraham and his wife. They take little corners of the city that are forgotten, and they make them meaningful places. In my opinion, micro is the way to go. The city needs that touch.

OUT OF THE 200 UNREALISED PROJECTS WHICH ARE THE ONES THAT CAN TAKE OFF? AND ANY PROJECT THAT TALKS ABOUT A CITY GOING UNDERWATER AND SOMETHING ON THAT?

The second project in the book says building a channel from Mahalaxmi to Mazgaon as a funnel of the ocean as opposed to confronting head-on. Out of the 200 unrealised projects, Banganga cremation has potential, it can be done.

VIEWS ON RECLAMATION?

We create new challenges, it's a challenging proposition that should be done very carefully.



RAPID-FIRE TUESDAYS WITH RCB

ONE HABIT THAT CHANGED YOUR LIFE?

Getting married.

GO FORWARD OR BACKWARD IN LIFE?

Definitely backward. I
love history.



MOST REWARDING ADVICE YOU'VE GOT.

Henri David. Any man who doesn't finish
the majority of his day's work by 11 am will
not succeed in life. So, wake up early!

FREEDOM OR UNLIMITED SUPPLY OF MONEY?

Freedom.

ONE THING YOU WOULD PUT UP ON A BILLBOARD?

Wake up early, I guess.

YOUR MOST FAVOURITE THING ABOUT BEING AN ARCHITECT OR HISTORIAN.

I love to find humour in the past.

BOOK OR MOVIE THAT CHANGED THE WAY OF YOUR LIFE.

Anything by Patrick Gaddis.

INVISIBILITY OR SUPER STRENGTH?

Invisibility.

BIGGEST INSPIRATION FOR THIS BOOK.

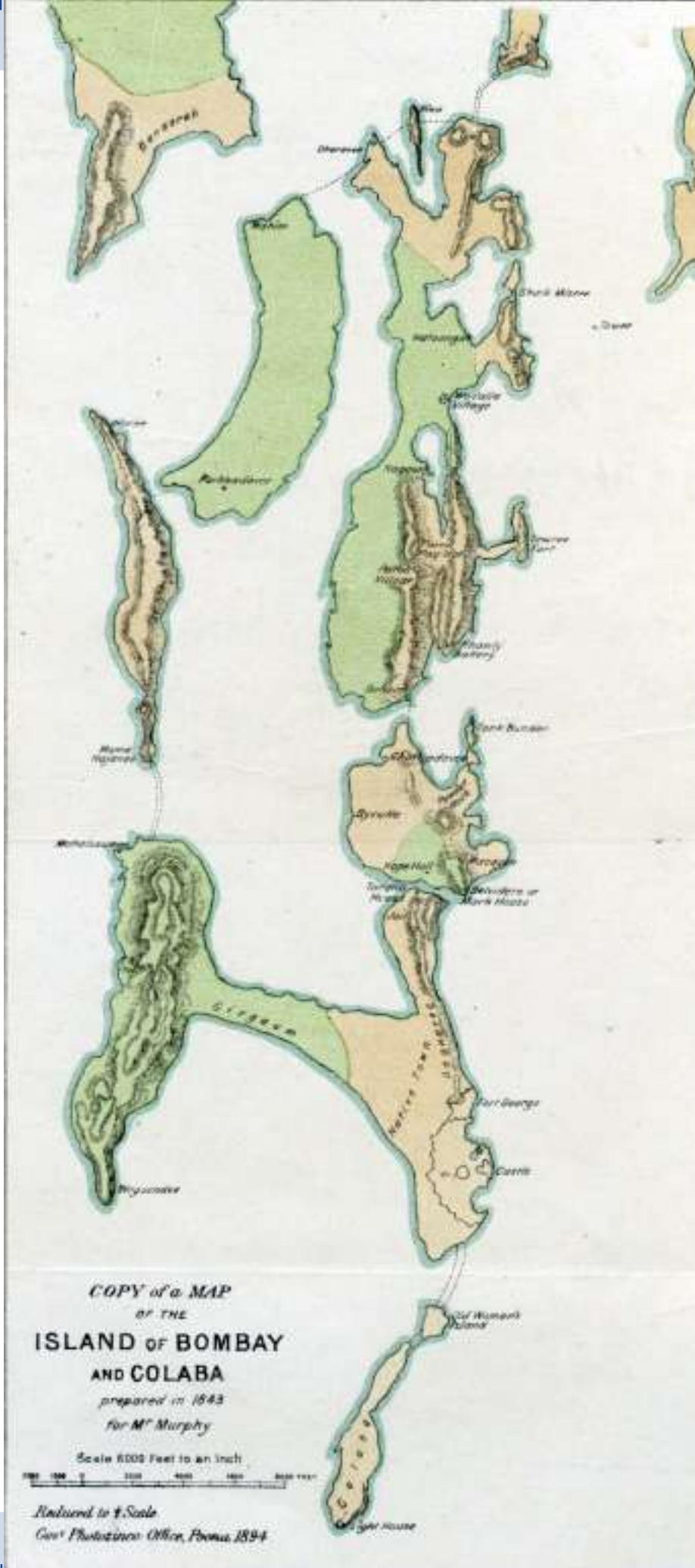
My wife! She is always right.

AS A HISTORIAN OR ARCHITECT, ONE SITE YOU WANT EVERYONE TO SEE.

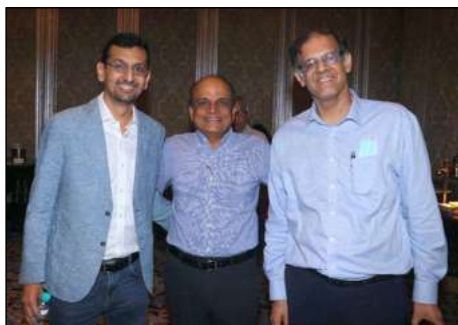
City walls of Ahmedabad.

ROBERT STEPHENS IN 3 WORDS.

I am an introvert.



**TUESDAY
@ TAJ WITH
ARCHITECT
ROBERT
STEPHENS**





AY TO OPEN THIRD CENTRE IN MAZGAON

There are countless underprivileged elders in central Mumbai who live in little tenements of under 300 sq. ft. With the pressure on space so severe, the elders sometimes end up getting treated like unwanted furniture.

Ananda Yaan (a mission to happiness) is aimed at being that ray of sunlight that brings an element of happiness to these elders in the evening of their lives.

With Dignity Foundation as our partner, Ananda Yaan was launched in 2017 with one centre at Byculla. Marathi actor Nina Joshi was present. Since then it has spread its wings to Dr. E. Moses Road and is now poised to open a third centre in Mazgaon.

Ananda Yaan provides elders with a structured programme three hours a day, five days a week. The activities in this time include yoga, zumba, antakshari, celebrating birthdays of members, and performing skits.

Ananda Seva is an activity where Rotarians can celebrate red letter days on their calendars by providing these elders with a treat. Many Rotarians love the idea and sponsor a lunch, or a chaat meal, tickets to a music show or a picnic.



A THIRD CENTRE OF HAPPINESS FOR THE UNDERPRIVILEGED ELDERS.

Please join

President Vineet Bhatnagar

as he inaugurates the third centre
of the widely acclaimed project Ananda Yaan.

Date: 10th October 2022 Time: 5.00 pm.

Venue: Community Hall, Opposite Mazgaon Court,
BIT Chawl, Tadmali, Mazgaon, Mumbai 400001

Madhusudan Daga

And the Ananda Yaan Committee.

PRESIDENT VINEET BHATNAGAR & ROTARACT CHAIR AKHIL SANGHI AT THE INSTALLATION OF ROTARACT CLUB OF ATLAS SKILLTECH ON SEPTEMBER 12TH, 2022, AT THEIR BKC CAMPUS



The Rotaract Club of ATLAS SkillTech University's 6th installation ceremony was one to remember. We were graced by the presence of President Vineet Bhatnagar, Rotaract Chair Akhil Sanghi, Rtn. Dr. Indu Shahani, DRR Rtr. Gemin Shah, PDRR Rtn. Hansika Shahani Disawala, members from the District Council, along with over 100 members guests, and faculty members! The ceremony included the 2021-22 Secretariat Report that detailed the numerous achievements, projects, visions and statistics of the RI year 2021-22. At the ceremony, outgoing president of the Rotaract Club of ATLAS SkillTech University, Rtr. Dhvani Shah, passed on her legacy to the incoming president Rtr. Dishti Doshi. The new year's theme, "Change Is You" sparked up a light of resolve in everyone. As each new member of the club got inducted, smiles lit up the room, leaving a wholesome feeling of a club becoming a family.



THANK YOU!

RCB'S Ananda Yaan Committee thanks Abbott India and Goodera for distributing free medical kits to our Dr. E. Moses Road centre members. Each medical kit consists of ointments, paracetamols, hot water bags, bandages etc.



SAVE THE DATE

Rotary Club of Bombay

UNDER THE URBAN HERITAGE COMMITTEE

&

The Paranjoti Academy Chorus

PRESENT

*An Evening of
Choral Masterpieces
from Around the World*

(FOLLOWED BY DINNER)

OCTOBER

THURSDAY

6

AT 7.30 PM

2022

THE TAJ MAHAL PALACE,
MUMBAI



VAIDU CHILDREN PERFORM PLAYS ACROSS GANESH MANDALS TO INCREASE AWARENESS OF ALCOHOLISM

Alcoholism has led to an increase in crimes, illiteracy, and domestic violence in the Vaidu tribal community. The basic needs of many families, like food, clothes, and education remain thus unaddressed. To overcome this, Rotary Club of Bombay in association with Rotary Club of Addiction Prevention, has started an alcohol de-addiction programme.

To increase awareness of the pitfalls of alcoholism, young tribal children put together a play and enacted it across 97 Ganesh mandaps from August 31st to September 10th, 2022. At each location, around 60 to 70 people saw the young actors performing and spreading the message.

Many mandals awarded our children's performances by

giving them coconuts, shawls and envelopes. Some people got emotional after watching the performance as they were able to relate to their own lives. There were inquiries about our Alcohol De-Addiction centres in Jogeshwari and Marol.

CASE STUDIES

Omkar Melkundi

Omkar is a 13-year-old boy who studies in the 8th standard. He played the role of an alcoholic father in the play. Omkar shared that it's pretty similar to what happens in his house. His father is abusive alcoholic. Omkar is trying to enrol his father in the deaddiction programme.



EXPERIENCE AT PMGP COLONY MANDAL

After the performance in PMGP colony, Mr. Shivaji Jadhav, the President of the PMGP colony, gave prizes to the children. He had tears in his eyes and shared that his son was addicted to alcohol and other toxic substances. He wants to help his son be free from these habits. Shivaji was very curious about RCB's alcohol de-addiction centres and promised that he will bring his son to them.



Partying on at Oktoberfest

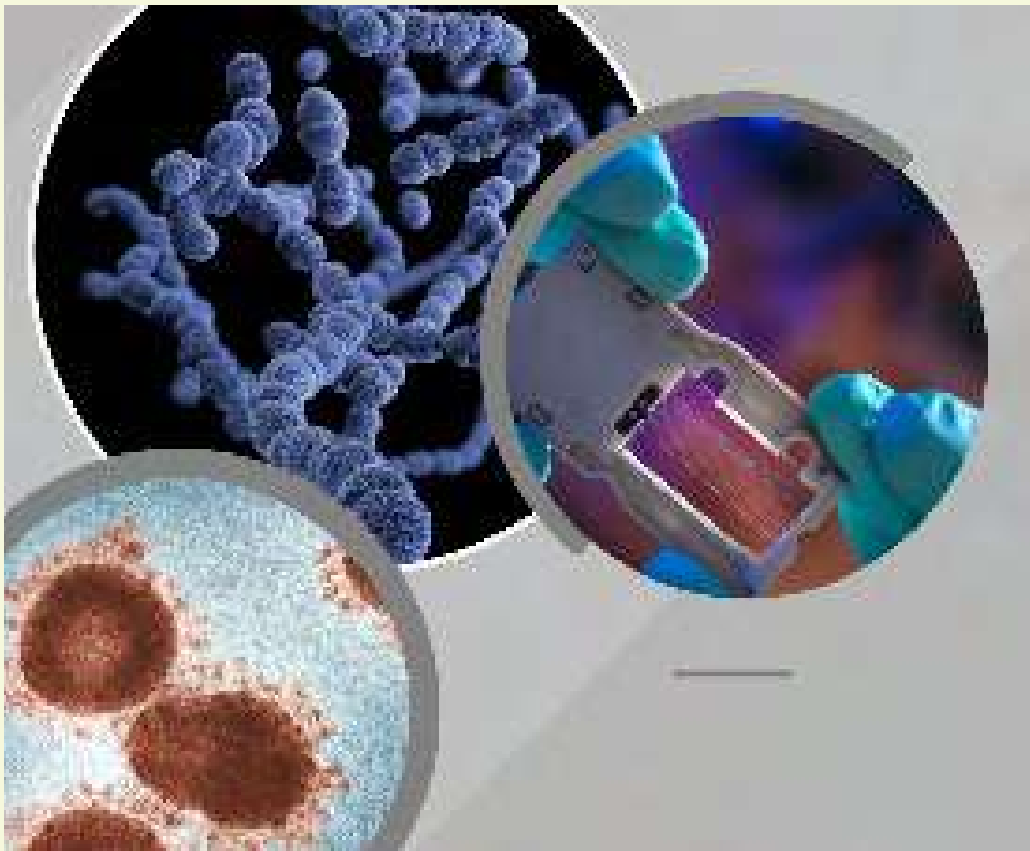


Your Health Matters!

We would like all our members to make health their priority. RCB has tied up with several leading hospitals and medical facility providers in the city. They provide a comprehensive, holistic offering of healthcare services for all Rotarians and their family members.

The Rotary Club of Bombay has partnered with 10 such medical service providers and diagnostic centres to deliver these services between the year July 2022- July 2023 to Rotarians and their families. You can avail discounts on several health packages from the below institutions:

1. **BOMBAY HOSPITAL & MEDICAL RESEARCH CENTRE**
2. **THYROCARE**
3. **SAIFEE HOSPITAL**
4. **JASLOK HOSPITAL**
5. **SIR H.N. RELIANCE FOUNDATION HOSPITAL**
6. **MASINA HOSPITAL**
7. **NM MEDICAL**
8. **AMPATH LABORATORIES**
9. **P.D. HINDUJA NATIONAL HOSPITAL (MAHIM & KHAR UNIT)**
10. **METROPOLIS CENTRE**





Rotary
Club of Bombay



Alpha
22-23

Thyrocare

offers the following services to Rotarians of Dist.3141 and their partners.

1st Package can be offered to all primary members and 2nd package can be extended to their partners as well.

Package 1	Package 2
58 Test	75 Test
Thyroid Profile (1)	Thyroid Profile (3)
Iron Deficiency Profile (3)	Liver Profile (11)
Liver Profile (11)	Lipid Profile (8)
Lipid Profile (8)	Cardiac Risk Markers Profile (5)
Kidney Profile (5)	Kidney Profile (5)
Diabetic Screen (3)	Diabetic Screen (3)
Vitamin Deficiency (1)	Vitamin Deficiency (2)
Electrolytes Profile (2)	Testosterone
Complete Hemogram (24)	Complete Hemogram (24)
	Complete Urinogram (10)

Process Flow

1. Thyrocare shall prepare a booking landing page with above 2 packages
2. Rotary team shares contact no/email of all members
3. Landing page shall be circulated by Thyrocare on Whatsapp and Email
4. Booking shall be done by individual by entering Appointment Details
5. Sample shall be collected by Technician on given Date and Time
6. Soft copies of reports shared on Whatsapp & Email in 24-48 Hrs (Hard copy Rs.75 extra)



Rotary
Club of Bombay



Alpha
22-23

Bombay Hospital & Medical Research Centre

offers the following services to Rotarians of Dist.3141 and their family members.

- Emergency Admission - In case of emergency members can show the identity card and get admission without any security deposit at the time of admission. (Deposit to be paid within 24 hours)
- Health Check - Discounted Health Check up packages as follows: -
 - a. Platinum package of Rs.12,000/- per person @ Rs.8000/- only (33% Discount)
 - b. Comprehensive Plus Package of Rs.6500/- per person @ Rs.4500/- only (31% Discount)
- To facilitate the above, contact the below mentioned Officers in the Marketing Department, during office hours (Between 9.00am to 7.00pm)
 - a. Mrs. Sucheta Salian, Sr. Executive - Tel - 022 22001096 or 40511430 / 235
 - b. Mr. Dinkar Kamath, Sr. Marketing Officer - Tel - 022 22001096 or 40511430 / 235

Address: 12, New Marine Lines, Mumbai - 400 020

EXCLUSIVE HEALTHCARE



Rotary
Club of Bombay



Alpha
22-23

Saifee Hospital

offers the following services to Rotarians of Dist 3141 and their family members:

1. 20% discount on health check-up package
2. 20% on OPD consultations and diagnostic tests including MRI and CT scans
3. 10% discount on the total in-patient billing for "A" class and above accommodation, excluding medications, consumables and doctor's fees.
4. 50% discount on Yoga Therapy
5. 25% discount on Gymnasium Fitness Training
6. 20% discount on Ayurveda Consultation and Treatment
7. Senior Citizen Check-up Package at home at discounted price
8. Post Pulmonary Rehab Programme at a concessional rate of Rs.4000/- per month
9. Admission facilities to Members and their family and employees on priority basis as per entitlement/grade.
10. Preference for admission to the Hospital to Members and Employees on production of Club ID card.
11. In emergencies, if an eligible class bed is not available, member/staff will be admitted to higher class and will be shifted to eligible class when room is available.
12. Members and Employees will be allowed to pay a deposit amount after admission and bills will be cleared at the time of discharge.

To avail this benefit kindly produce your Club Card at the time of Billing or admission desk. The above facilities are valid for 1 year.

Address: 15/17, Maharshi Karve Rd, opposite Charni Road



Rotary
Club of Bombay



Alpha
22-23

Jaslok Hospital

offers the following services to Rotarians of Dist 3141 and their family members:

1. 20% discount on health check-up package
2. 20% discount on OPD consultations and diagnostic tests
3. 10% discount on the total in-patient billing for "A" class and above accommodation, excluding medications, consumables and doctor's fees.
4. Admission facilities to Members and their family and employees on priority basis as per entitlement/grade.
5. Admission to the Hospital to Members and Employees on production of Club ID card.
6. Members and Employees would be allowed to pay a deposit amount after admission and bills will be cleared at the time of discharge.
7. Validity of the agreement is for a year w.e.f 1st July 2022 to 30th June 2023.

Address: 15, Dr.G. Deshmukh Marg, Pedder Rd, Mumbai- 400026



Sir H.N. Reliance Foundation Hospital
offers the following services to Rotarians of Dist 3141 and their family members:


1. 15% discount on OPD consultation
2. 15% discount on Lab Investigations
3. 15% discount on DEXA / Mammography
4. 10% discount on the Executive Health Check-up Packages
5. 10% discount on following Health at Home Services
 - a) Blood Collection
 - b) Sports Medicine
 - c) Rehab Services
 - d) Nursing Services
6. Additionally, we shall also arrange monthly wellness sessions at the Rotary Club premises for the employees and members.

All services will be offered with prior appointment only and any other Hospital offer cannot be combined with the above offer.

Admission to the Hospital to Members and Employees on production of Club ID card.

Offer valid for a period of one year i.e. till 30th June 2023.

Address: Prarthana Samaj, Raja Rammohan Roy Rd, Girgaon, Mumbai



NM Medical
offers the following services across all its centres to Rotarians of Dist 3141 and their family members:

- 10% discount for all diagnostic services provided by NM Medical
- 20% discount on Health check-up packages. Details of packages available on www.nmmedical.com or by emailing at info@nmmedical.com
- Exclusive access and offers at our new All Women's diagnostic centre NM Eva Health at Marine Lines.
- Exclusive use of our corporate lounge for group health check-ups.
- Free home visits for lab tests over Rs.1000/-

****Can be availed across all 14 centres in Mumbai**


DEALS FOR RCB MEMBERS



Masina Hospital
offers the following services to Rotarians of Dist 3141 and their family members:

- 10% discount on health check-up packages.
- 10% discount on Pathology tests on an OPD and home collection basis.
- 10% discount on Bed Charges for single room and above, (excluding medications, consumables, investigations and doctors fees) for themselves and family members on self-paying basis.
- Priority admission facilities to Members and their family as per their insurance entitlement.
- Members and Employees would be allowed to pay a deposit amount after admission and the bills will be cleared at the time of discharge.
- 5% discount on Ambulance services.
- 5% discount on Home Service for nurses, ayahs and ward boys booked through Masina Hospital.


Address: Masina Hospital, Byculla, Mumbai 400027



www.rotaryclubofbombay.org

WASH
WATER SANITATION AND HYGIENE

Wash program in school aims to make visible impact on health and hygiene of children through improvement in their health and hygiene practices and to make sure every child has access to clean drinking water. The project also encompasses menstrual hygiene management for teachers and female students and children council training programs.



CELEBRATIONS

Member Birthdays



SEPTEMBER 20

Rtn. Aziz
Javeri



SEPTEMBER 21

Rtn. Suresh
Jagtiani



SEPTEMBER 21

Rtn. Shyamnivas
Somani



SEPTEMBER 23

Rtn. Mihir
Mody



SEPTEMBER 24

Rtn. Dilip
Dalal



SEPTEMBER 24

Rtn. Jamshyd
Vazifdar



SEPTEMBER 26

Rtn. Rajesh
Shah



SEPTEMBER 26

PP Dr. Zerxis
Umrigar

Rotarian Partner Birthdays

SEPTEMBER 20

Rtn. Ptn. Chetan Daiya

SEPTEMBER 20

Rtn. Ptn. Fernaz
Dotivala

SEPTEMBER 22


Rtn. Ptn. Geetu
Kirpalaney

SEPTEMBER 26

Rtn. Ptn. Arpita Gupta

SEPTEMBER 26

Rtn. Ptn. Rekha Jalan



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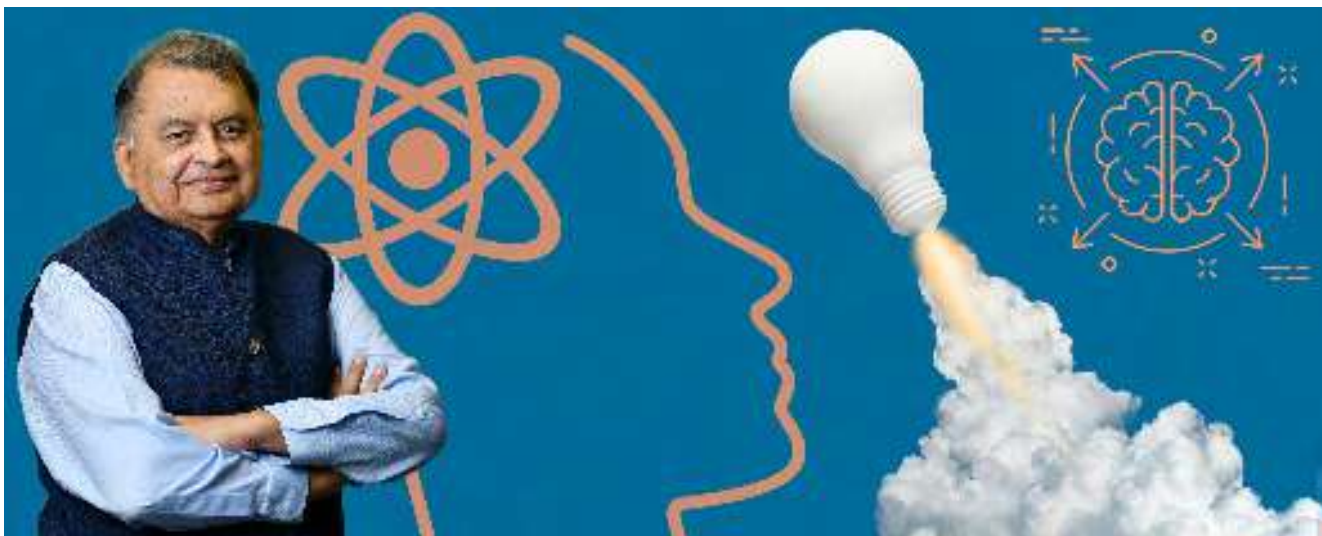
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Harish Mehta, Author, The Maverick Effect

Harish Mehta is founding member and the first elected Chairperson of NASSCOM. He also brought The Indus Entrepreneurs (TiE) to India in the late-1990s.

He is Founder and Executive Chairman of Onward Technologies Ltd. and Co-founder of Infinity Venture Fund, 2001, India's first corporatised venture fund. He also mentors startups, coaches enterprises and spends

quality time with his family in Mumbai and London.

The Maverick Effect is the first book that Harish Mehta has authored. It is in its fourth reprint and has been recognised as a National Bestseller, and is now being translated in multiple Indian languages. The publisher HarperCollins is expected to soon have an edition of the book in the USA.



ROTARY CLUB OF BOMBAY 2022-2023



TRUSTEES PP ARUN SANGHI, PP ADI DASTUR, PP ARUN SANGHI & PP ZERXIS UMRIGAR



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AGARWALLA**



**ADDITIONAL DIRECTOR
PP NANDAN DAMANI**



Director PN Satyan Israni



Director Rtn. Arin Master



Director Rtn. Mehernosh Dotivala



Director Rtn. Poonam Lalvani



Director Rtn. Jamshyd Vazifdar



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