





October 10th:

Ananda Yaan Mazgaon turns 1. Join President Manoj Patodia and the AY Committee in the celebrations.

Details inside.

November 3rd:

Diwali Nite at Flamboyante, Cuffe Parade.

Details inside.

Rotary Club of Bombay







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Bulletin of the Rotary Club of Bombay http://rotarvclubofbombay.org/



LT. Gen.(Retd.) Shokin Chauhan, ex-Director General, Assam Rifles, India's oldest & largest para-military force, discusses the North-East and the Manipur conundrum

"Truly, we are a peculiar people. We are all equals. Men and women have equal status. We have no caste divisions, no high class or low class of people, we believe in that form of democratic government which permits the rule not of the majority but of the people as a whole. We have no land tax, no wine tax, no water tax. Forests, rivers and woodland belong to the people for their exploitation without paying taxes. We have no beggars, and wonders of wonders, we have no jails. We do not 'arrest' or 'imprison' anybody.... We fear nobody, individually or collectively. We are a healthy people and fear corrupts the health of man.... We talk freely, live freely and fight freely too. We have no inhibitions of any kind.... Wild? Yes ... But free. There is order

Article continues on Page 2













"The North East as a whole is not a single entity with a common political destiny; rather it comprises eight different states. The Tribal communities in Northeast India are living on the fringe of three great political communities, India, China and Burma."



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in this chaos, law in this freedom. If we were to choose a country, it would be my Nagaland, my fair Nagaland - again and again"

~ AZ Phizo

Northeast India is the easternmost region of India and comprises eight states: Arunachal Pradesh, Assam, Manipur, Meghalaya, Mizoram, Nagaland, Sikkim, and Tripura.

The Siliguri Corridor in West Bengal, with a width of 21 to 40 km, connects the North Eastern Region with Mainland India. The region shares an international border of 5,182 kilometres, with the neighbouring countries, 1,395 kilometres, with Tibet Autonomous Region, China in the north, 1,643 kilometres, with Myanmar in the east, 1,596 kilometres with Bangladesh in the south-west, 97 kilometres with Nepal in the west and 455 kilometres with Bhutan in the north-west. It comprises

Article continues on Page 3





Colours of Arunachal Pradesh

an area measuring 262,230 square kilometres, almost eight per cent of that of India. They are predominantly inhabited by tribal people with a degree of diversity even within the tribal groups. The region's population results from ancient and continuous flows of migrations from Tibet, the Indo-Gangetic region, the Himalayas, present Bangladesh, and Myanmar. What distinguishes these states from the rest of the country is the sensitive geopolitical location with the existence of diverse ethnic groups with different historical backgrounds.

The North East as a whole is not a single entity with a common political destiny; rather it comprises eight different states. The Tribal communities in Northeast India are living on the fringe of three great political communities, India, China and Burma.

Historically, some of these communities played the roles of buffer communities, and others the roles of bridge communities between these three great political communities. This region is of great geopolitical importance to the Indian sub-continent due to its terrain, location and peculiar demographic dynamics, and is one of the most challenging regions to govern. However, its 40 million population accounts for only 3.1% of the Indian population. Post-independence, the history of this region has been marred by bloodshed, tribal feuds and under-development. Protracted deployment and operations by the army and the Assam Rifles

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Colours of Assam









Colours of Meghalaya

have been instrumental in reducing of the levels of violence and restoring the security situation to ensure that civil governance elements can function. But over the years, the governance of the region continues to be a challenge.

In 1817, the Burmese empire invaded Assam and in 1819, annexed the independent Kingdom of Manipur. In 1823, they also annexed the Kingdom of Cachar, a strategic area for the impending invasion of Bengal. In March 1824, Britain officially declared war on Burma, a war which ended two years later with the signing of the Treaty of Yandabo. The Nagas emerged as a political entity on 24th February 1826, the day representatives of the Kingdom of Burma and the British military signed the Treaty

of Yandabo, in which Burma renounced all claims to Assam and Manipur. This westward expansion pursued by Burma which was at that time, the most powerful kingdom in Southeast Asia had begun in the 1780s when Burmese troops occupied the independent Kingdom of Arakan and crossed for the first time the eastern border of the British Indian Empire, which corresponds with the present-day borders of Bangladesh and North Bengal. Gradually Britain occupied the whole of Assam and intensified its diplomatic and military relations with Manipur, which was intended to have a key position in monitoring and if need be defending the border between Burma and

Article continues on Page 5

Colours of Mizoram









Colours of Nagaland

the British sphere of influence.

The Manipur Conundrum

"The situation in Manipur has not yet resolved, the violence not yet abated and the actual truth not yet clear. Much of the narrative you hear about the violence in the state depends upon who tells it to you and his or her ethnicity."

Manipur is a state in northeast India, geographically, bounded by the states of Nagaland to the north, Mizoram to the south and Assam to the west. It also borders two very volatile regions of Myanmar, the Sagaing Region peopled mainly by the Bamar (Burmans), who mainly live the in the dry zone regions and along the Ayeyarwady River to the east and the Chin state to the south The term 'Chin' initially as used by the Burmese in Myanmar referred to all the hill tribes in the western frontier of Myanmar. However, in India the hill tribes are divided into two groups namely the Chin-Kuki and the Naga.

The official and most widely spoken language is Meitei language and is native to the Meitei people, it is also used as a lingua franca by smaller communities, who speak a variety of other Sino-Tibetan languages. Manipur has been at the crossroads of Asian economic and

cultural exchange for more than 2,500 years. It connects the Indian subcontinent and Central Asia to Southeast Asia, East Asia, enabling migration of people, cultures and religions.

During the days of the British Indian Empire, the Kingdom of Manipur was one of the princely states. Between 1917 and 1939, some people of Manipur pressed the princely rulers for democracy. By the late 1930s, the princely state of Manipur negotiated with the British administration its preference to continue to be part of the Indian Empire, rather than part of Burma, which was being separated from India. On 11 August 1947, Maharaja Budhachandra signed an Instrument of Accession, joining India. Later, on 21 September 1949, he signed a Merger Agreement, merging the kingdom into India, which led to its becoming a Part C State. This merger was later disputed by groups in Manipur, as having been completed without consensus and under duress. The dispute and differing visions for the future has resulted in a 50-year insurgency in the state for independence from India, as well as in repeated episodes of violence among ethnic groups in the state.

Three distinct communities constitute the State

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Colours of Sikkim

of Manipur. Two of them are the Naga and Kuki tribes while the other is the non-tribal Meitei. Whenever demands are made by the Meitei, who is the dominant community representing more than half of the population of Manipur, the tribes have not stood on the way as they are just about 41% of the state's population and have no real political power. The Manipuri language is in the Eighth Schedule of the Constitution which has allowed the dominant community much benefit as Manipuri language, is allowed to be used in the Civil Services Examinations and also in the Central Armed Police Forces (CAPF) Examinations.

The Meitei political establishment lay the blame of this violence entirely on certain segments of the Kuki community and their backing the illegal poppy cultivation as well as providing shelter and protection to illegal Myanmarese Kuki refugees who have entered the Churachandpur district with an aim of establishing a greater Kuki homeland within the state of Manipur.

The Kuki leaders on the other hand point out that the Manipur government's continuing persistent attacks on the Kuki-Zomi people aimed at the unlocking of protected tribal land as the real reason for the recent conflict. In a recent interview, Mr. Ram Madhav, a BJP leader, has stated similarly, emphasising that the clash was "all about land." "10 per cent of the Manipur is a valley and 90 per cent of which is hills and this 10 per cent of this valley is home to 60 per cent of the people...that is where the whole clash happened." The BJP leader claimed that the people from the hills try to come down and take possession of the land as the valley is open whereas the hills are controlled by certain hill laws and this has been a constant reason of concern between hills and valley people.

A two-fold exodus has already occurred, the Meiteis have been driven out by the Kuki-Zomi community on the edges of the Imphal Valley and Kuki-Zomis by the Meiteis in Imphal. Meiteis living in villages adjacent to Kuki-Zomi land have fled to the Imphal Valley and the exodus was completed with the Kuki-Zomi tribes, leaving the Valley to head for the Kuki-dominated Churachandpur district.

Despite the devastation in Manipur this month, these are the early stages of a situation that could worsen unless the Centre takes quick, decisive

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Colours of Tripura

and effective action, and the law-and-order situation is re-established.

If the insurgent groups engage with state or central forces, it would only work to the detriment of the tribals' cause. The tribal groups need to be cautious not to get drawn into any stand-off and desist from retaliating in any way.

Steps to control the violence

To control the situation, the army immediately moved several forces, almost 200 plus columns from neighbouring Arunachal, where they were deployed along the Indo-China LAC and the Manipur government immediately imposed curfew under CrPC section 144 in several districts and suspended mobile phone data services for five days in the late afternoon. However, video clips, photos, and messages/information / rumours of killing, injuring, raping, plundering, taking hostage, burning or destroying villages had already gone viral on social media.

It added to the already pent-up communal resentment against one of the communities that have been growing for a few years. Manipur government suspended internet broad band services and authorised the civil authority to shoot at those who defy the law.

Further it is recommended that the political leadership must share power by including elected representatives from the hill areas. Manipur must allow the district councils in the hill areas to govern themselves under Article 244 and the sixth schedule of the constitution. They should enable the Hill Areas Committee (HAC) in the legislative assembly to function effectively for assisting the state and district administrations, and allow them to frame laws on various matters for the hill areas. Further, they must build new state and Union-level institutions as well as sports infrastructure in the hill districts, so that give equal opportunities are afforded for all the people of Manipur.

It also is clear that the threat from China today is real and has affected and altered the external and internal security environment of the North East. Further, coupled with its use of cyber - warfare, increased cross-border terrorism, the emergence of non-state actors, the growth of Islamic fundamentalism, the narcotics-arms nexus, illegal migration and left-wing extremism, gravely impact the security of our already fragile North East. Permanent peace in this region is absolutely necessary and cannot be delayed any further.



























TUESDAYS WITH THE ROTARY CLUB OF BOMBAY







BY success story: A journey in cosmetology







Our Bhavishya Yaan alumnus Adarsh Gautam is pursuing a cosmetology course at LAPA (Lakme Academy powered by Aptech). In his cosmetology course, there are three modules: Makeup, Hair, and Skin. Currently, he is focused on his Hair module.

Adarsh excelled in his Makeup module, achieving an A+ grade and earning the top position

in his batch. This achievement was made possible not only through his dedication but also with the continuous support and guidance of mentors like Asha Shah. Vidya CC and the Vidya teachers also played an instrumental role in his success.

GK Marg faces a unique challenge where Hindi medium education is available only up to the 8th grade. Students in the 9th and 10th grades must go to our BY Ambedkar school for their education.



Adarsh, due to his interests and personality, faced some challenges when he initially joined the new school in Ambedkar, Worli. However, as a special case, he was allowed to continue his education at GK Marg. This decision was supported by Avaan and Neeta, and it proved to be a turning point for him. Adarsh found comfort and blossomed in his familiar environment at GK Marg.

His acceptance and integration into the student community at GK Marg were greatly facilitated by the intervention and support of the Vidya teachers. These experiences highlight the invaluable life skills that our BY project provides to students.

In addition to their academic pursuits, Adarsh is also skilled in creating beautiful rangolis and offers professional mehndi services at weddings and on special occasions.

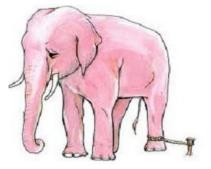
A very short, inspirational story

A gentleman was walking through an elephant camp, and he spotted that the elephants weren't being kept in cages or held by the use of chains.

All that was holding them back from escaping the camp, was a small piece of rope tied to one of their legs.

As the man gazed upon the elephants, he was completely confused as to why the elephants didn't just use their strength to break the rope and escape the camp. They could easily have done so, but instead, they didn't try to at all.

Curious and wanting to know the answer, he asked a trainer nearby why the elephants were just standing there and never tried to escape.



ELEPHANT ROPE

The trainer replied: "When they are very young and much smaller we use the same size rope to tie them and, at that age, it's enough to hold them. As they grow up, they are conditioned to believe they cannot break away. They believe the rope can still hold them, so they never try to break free."

The only reason that the elephants weren't breaking free and escaping from the camp was that over time they adopted the belief that it just wasn't possible.

The point being, no matter how much the world tries to hold you back, always continue with the belief that what you want to achieve is possible. Believing you can become successful is the most important step in actually achieving it.



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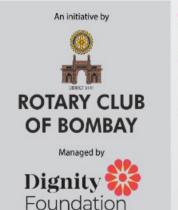


Please join President Manoj Patodia

At the Mazgaon Centre. at 5pm, And let's celebrate together.

Anand Dalal
Chairman Ananda Yaan Committee







LET'S CELEBRATE



WITH COCKTAILS, MUSIC & DINNER

Friday 3rd November

7:30 pm onwards Flamboyante, Cuffe Parade Dress code:Festive Indian

Contribution

Member/Spouse: Rs. 1500/- + GST

i.e. Rs. 1770/head

Guest: Rs. 3000/- + GST

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R.S.V.P. Rashmi: 9769140141

Crafting a Legacy: RCB visits Chanakya





The Fellowship and In Camera committee arranged a visit to Chanakya School of Craft on October 5th, 2023. It was attended by over 40 members and partners.

This was a unique experience to view the fascinating work being done by Chanakya school under the leadership of Karishma Swali, co-founder Jade





Couture and Artistic Director, Chanakya School of Craft. She was the RCB awardee for Women Empowerment for 2022-23.

We had a guided walk through the school dedicated to craft excellence through multidimensional learning and women's emancipation. The attendees were also fortunate to view the Dior x Chanakya retrospective featuring some fabulous hand-embroidered archives of their collaborative journey over the past 25 years.

The highlight was the Living Museum of master craftsmen from across India displaying unique and fascinating crafted works. Attendees also enjoyed a lovely high tea hosted by Chanakya school.

Rtn. Anar Shah, Chairperson, Fellowship committee thanked Karishma Swali and Anjali Gaekwar, Vice President of Jade Couture and Chanakya School for hosting us as well as Rtn. Mudit Jain and Rtn. Ptn. Malti Jain for facilitating this wonderful event.













CHILDREN IN INDIA BELOW THE AGE OF 5

Malnutrition is responsible for 1 in 2 child deaths in India! Also, 1 in 3 malnourished people in the world are from India.

EVERY 3rd

child suffers from stunted growth.

9 OUT OF 10

children do not have an adequate diet.

32.1%

of children are underweight.

67.1%

of Indian children are anaemic.

SOURCE: National Family Health Survey 5 (2019-2021)







709,366

The number of preventable child deaths in India. SOURCE: UNICEF India Country Indicators (Reported 2023, data collected in 2021)

107th out of 121

India's place in a ranking of countries with a hunger rating of 'serious' SOURCE: Global Hunger Index (2022)

72%

of the population cannot afford a healthy diet. SOURCE: FAO State of Food Security and Nutrition (2023)

"Hunger is not a problem. It is an obscenity. How wonderful it is that nobody need wait a single moment before starting to improve the world."

– Anne Frank

Rotary Club of Bombay leads the revolution



After seven months of regular distribution of The Breakfast Revolution (TBR) packages amongst 500 children in Dharavi to address malnutrition, the last distribution was conducted on Saturday, October 30th, 2023.

IPP Vineet Bhatnagar, who had green-lighted this programme as a part of an Interact school project was present last Saturday. Students of the senior sections of Cathedral & John Connon School had raised funds for this initiative through crowdfunding last year.

The distribution programme on Saturday was carried out smoothly with the help of Rtn. Gautam Doshi, social workers Tejas Pawar, Timappa and Rajni, all of whom work in Dharavi communities and have been invaluable in identifying the children and in organising the distribution exercise every month.

The Breakfast Revolution (TBR) is the main programme under the Decimal Foundation, a registered non-profit Charity Trust (80G) in Mumbai. TBR is also registered as a non-profit charity in the US (501c3). TBR is specifically created to combat the epidemic of hunger and





malnutrition in India. We have been on an aggressive path to reach the most deserving populations with high quality, nourishing meals.

The problem of malnutrition is so acute that it is responsible for 1 in 2 child deaths in India! Also, 1 in 3 malnourished people in the world are from India. India performs worse than most sub-Saharan and South Asian countries in nutrition indicators. The problem exists not because of lack of food, but because of lack of essential nutrients – vitamins, minerals, protein, and fats in the food consumed, and a lack of awareness about hygiene and nutrition as well as poverty.

Medical report for September 2023



THIROZE R. VARIE ETE	CLNTKL,	IALWADA
	Sept 23	TOTAL
Ophthalmic OPD	1289	1289
Spectacles given	108	108
Operations	81	81
Patients kept for treatment	13	13
Intra Ocular Lens	73	73
Yag Laser	16	16
K'plasty	-	0
Green Laser	1	0
TOTAL	1580	1580
	· ·	

AJIT DESHPANDE MEDICAL	CENTRE,	TALWADA
	Sept 23	TOTAL
DENTAL CLINIC	118	118
PATHOLOGICAL TESTS	103	103
PAEDIATRIC CLINIC DISPENSARY	62	62
O.P.D.	1406	1406
T.B. PATIENTS TREATED	46	46
TOTAL	1735	1735

COTTON GREEN		
	Sept 23	Total
Child Care, Paediatric	4	4
General	14	14
Homeopathic	0	0
Dental	43	43
Eye (Ophthalmic OPD)	7	7
Pathology	3	3
TOTAL	71	71

IWA CLINIC		
	Sept 23	Total
Gynaecology	7	7
Paediatrics	19	19
Dental	135	135
General	220	220
X-Ray	57	57
Homeopathy	4	4
Dermatology (Skin)	48	48
Medical Consultant	14	14
Camp	68	68
TOTAL	572	572

PAEDIATRIC HEART SURGERIES		
	Sept 23	Total
Kokilaben Dhirubhai Ambani Hospital	4	4
SRCC Hospital	0	0
TOTAL	4	4

ADULT LITERACY		
	Sept 23	Total
	5300	5300



Damodar Sukhadwala Marg, Opp. Excelsior Cinema, Fort, Mumbai-400 001 Ms. Kala Patel: +91 91671 28299

The Clinic is now open Monday to Friday from 10am to 6pm

New Case Paper: Rs. 100/-Weekly Medicines: Rs. 50/-Xray: Rs. 150/- per plate

General Practitioner:

Monday to Friday: 10am to 6pm Last paper will be issued at 5.45pm

Dental: Every day: 10am to 2pm

and 3.30pm to 6pm

Last paper will be issued at 5.30pm

Xray: Every day: 10am to 6pm

Paediatric: Monday: 11am to 1pm

Homeopathy: Thursday:

2.30pm to 4.30pm

Skin: Tuesday & Friday: 10.30am to 11.30am

Gynaecology: Tuesday:

12pm to 2pm

Senior Medical Consultant:

Once a month: 2.30pm

Pathology: Tuesday & Friday:

10am to 1pm



Dental Department

Dental Case Paper: Rs. 100/-

Medicine: Rs. 50/-

Xray: Rs. 100/-

Scaling/Cleaning: Rs. 700/- to 900/-

Filling-GIC: Rs. 500/-

Composite: Rs. 700/-

Extraction: Rs. 400/600/800/-

Surgical Extraction:

Rs. 2,500/- to Rs. 5000/-

Root Canal: Rs. 2,000/-

Crown-Metal- Rs. 1,000/-

Half Ceramic- Rs. 1,500/-

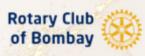
Full Ceramic- Rs. 2,000/-

Post Obturat Filling:

Rs. 200/- to 500/-

Temporary Filling:

Rs. 100/- to 200/-





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TUES 10 OCT

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ON OCTOBER 17<mark>™</mark>, 2023

Ms. Renuka Ramnath

serves as the Founder, Managing Director, and CEO of Multiples Alternate Asset Management, a private equity manager, and advisor to funds totaling approximately USD 3 billion in assets under management (AUM).



Her career spans over 35 years in financial services encompassing private equity, investment banking, and structured finance. Her journey commenced within the ICICI group, culminating in her appointment as the MD & CEO of ICICI Venture, where she played a pivotal role in developing it into one of the country's largest private equity funds. In 2009, she founded Multiples, an India-focused private equity platform.

Renuka is motivated by the transformative impact of supporting entrepreneurs in establishing sustainable businesses, contributing to job creation, economic growth, and nation-building. She also serves as a Board member of GPCA and Chairperson of Tata Communications Limited.

Additionally, Renuka's leadership as the Chairperson of the Executive Committee of the Indian Private Equity and Venture Capital Association from 2020 to 2022 was marked by efforts to engage with government authorities, promote domestic long-term capital deployment, and position India as an attractive investment destination.

Her accolades include being featured in prestigious lists such as the Top 25 Most Powerful Women in Business (Business Today, India), India's Most Powerful CEOs (Economic Times), and recognition in global rankings like the Top 25 Non-Bank Women in Finance (US Banker), Asia's Women in the Mix (Forbes), Top 25 Women in Asian Asset Management (Asian Investor), and Most Influential Women (Business World).

Rotarian Member Birthdays



OCTOBER 10 Rtn. Sohel Shikari



OCTOBER 13 Rtn. Farokh Guzder



October 10 Rtn. Anant Singhania



OCTOBER 15 Rtn. Pashupati Advani



OCTOBER 11 Rtn. Homi Katgara



OCTOBER 15 Rtn. Hursh Meghani



OCTOBER 12 Rtn. Dr. M. Asad Karim Khan



OCTOBER 16 Rtn. Anjani Rawat

Rotarian Partner Birthdays

OCTOBER 10

Rtn. Ptn. Anju Kanodia
OCTOBER 10

Rtn. Ptn. Faryal Katgara
OCTOBER 10

Rtn. Ptn. Kusum Lodha
OCTOBER 10

Rtn. Ptn. Priti Nath
OCTOBER 11

Rtn. Ptn. Jaya Prasad OCTOBER 14

Rtn. Ptn. Anand Damani OCTOBER 14

Rtn. Ptn. Pritisha Merchant OCTOBER 16

Rtn. Ptn. Vandana Kanoria OCTOBER 16

Rtn. Ptn. Hemlata Saxena

OCTOBER 12

Rtn. Ptn. Dilnavaz & Rtn. Vijay Meghani

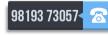
OCTOBER 14

Rtn. Ptn. Jyoti & Rtn. Rajas Doshi









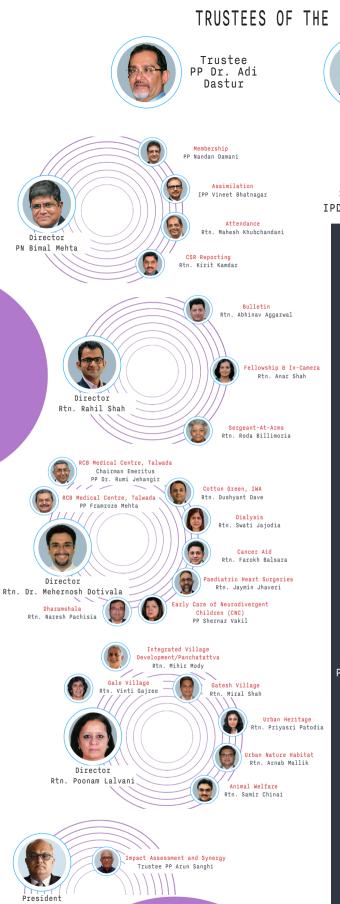








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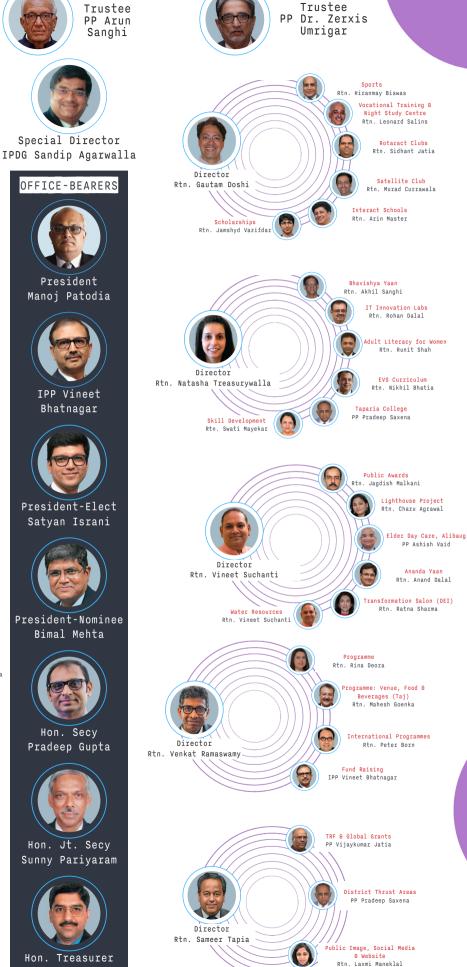
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Rtn. Anand Dalal