



**National
Office of
Worklife**



ADDRESS:
1600 K ST., NW
WASHINGTON, DC 20004
TEL: 202-693-3400
WWW.DOL.gov

ADDRESS OF THE NATIONAL OFFICE OF WORKLIFE: 1275 MASSACHUSETTS AVE., 10TH FLOOR



**Entrepreneur Ravi Shankar, Managing Director,
Front Endemics, reveals how you can align your time, motivation and
collaboration to maximize your health and well-being.**

With only a single week to live, what are you leaving us? Do you really want the government to pay all those 17 months talking about your personal journey without having it in the field?

In 2016, I had an incredible opportunity to spend several years with a group of entrepreneurs, business leaders and a number of professional and academic colleagues. I was especially excited that we were working with a group of doctors. I spent the summer working closely with them. Through a series of discussions, I identified a few key insights and advice regarding their change.

I made many more changes over the next several weeks, including how to work with the government and how to get things done. I was able to connect the dots between the various pieces of



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