

THE GATEWAY



UNITE
FOR
GOOD

Bulletin of the Rotary Club of Bombay

VOLUME 67 ISSUE NO. 14 SEPTEMBER 30, 2025

Celebrating 96 Years of Service

This Tuesday, Sept 30th

Pr. Additional Director General, DRI – Pashupati Nath Pandey will address the Club on countering drug trafficking, smuggling, and national security threats.

**UPCOMING
October 7th**



Anand Chulani, Founder and creator of the Absolute Champion Methodology, will address the Club on Mindset of a Champion.

October 28th

Mr. Niraj Bajaj to be felicitated with The Rotary Club of Bombay PV Gandhi Award for Excellence in Public Life.

*“Go confidently in the direction of your dreams. Live the life you have imagined.”
~Henry David Thoreau*

Diipa Büller-Khosla & Oleg Büller-Khosla in conversation with Rtn. Priya Tanna



Rtn. Priya Tanna: Diipa Büller-Khosla was born in Delhi, moved to Chennai, was a pre-med student who dreamed of becoming a human rights lawyer, but instead went on to become the first South Asian face ever on social media. Then she met a very good-looking Dutch boy who happened to have a smashing career as a diplomat and then became an entrepreneur. The two of them launched an NGO.

They also organised a workshop on Iraqi influencers and the United Nations Population Fund, educating people about the transformative powers of social media. They moved to India, launched a brand that became a global success, sold in Sephora, UK and US. Through all of this, they had a beautiful daughter. Both of them look picture perfect, like they eat no carbs at all. And all of this sounds like many, many Karan Johar movies rolled into one.

I love a good success story, but I have to say I love a story even more when it's woven in with love. So please extend a warm Rotary welcome to Diipa and Oleg Büller-Khosla.

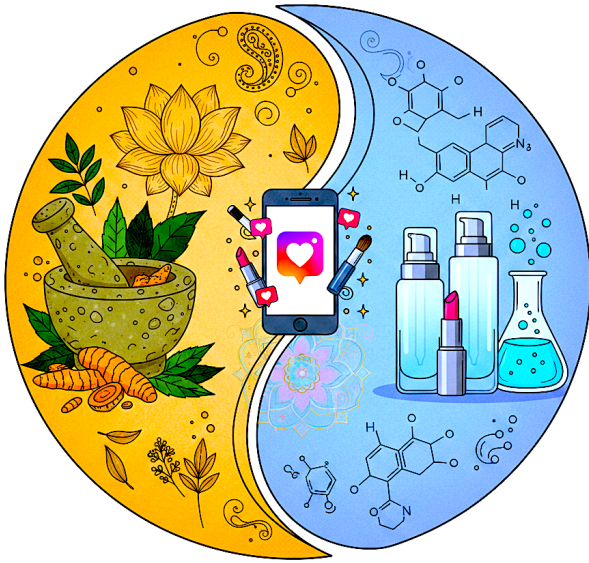
What was the “aha” moment that led to the birth of Indē Wild? Diipa, I want to know that first from you.

Diipa Büller-Khosla:

Hello, everyone. I'm so delighted to be here. My dad was part of the Rotary Club in Ooty, so, being here and speaking to you all feels like a full circle moment.

Indē Wild was not so much an ‘if’ but a ‘when’, it was going to happen. Looking back at life, one sees that the dots always connect. My mother was an Ayurvedic doctor and a dermatologist, and I grew up with her making kashayams (a traditional form of Ayurvedic medicine) in the kitchen. When we had acne, it would be the solutions of mum's dermatology background plus Ayurveda that took care of them. I suffered from acne for about two decades, and finally solved it with a combination of Ayurveda and chemistry. I suppose that these were seeds that were being planted throughout my life.

After that, I became an influencer, and I tried and tested every beauty brand in the world at that point. So there was a moment when I knew this was going to happen. I knew I was going to be a businesswoman, but I didn't know when. And that's where I think my husband comes in, because I had a lot of ideas and ways of making it happen. But he was like: “I'm giving you a deadline. It's in December. What year was it? 2020.”



Oleg Büller-Khosla:

It was just before COVID. When I gave the deadline, it was just before COVID. Because this woman is an idea machine. She'll come to me three or four times a week with, "We should do this." And I'm like, "That's a really good idea, but we're not going to do it because we already have that idea we're working on." This is a recurring theme. I think my biggest contribution in Indē Wild is telling Diipa "no" about certain things, and once in a while, "yes, let's do that."

Rtn. Priya Tanna:

I'm coming back to you: as a person who understands strategy, you've also had a career as a diplomat. What made you commit to the idea of Indē Wild? What made you feel that India was ready? The reason I'm asking you this is because I do feel that the beauty market has exploded in India, right? You must have done all your SWOT analysis and everything. India is bursting with home-grown, indigenous labels. What made you feel there was still a gap that Indē Wild could fill?

Diipa Büller-Khosla:

I can take it first. I think, firstly, for me, building an audience of 2.5 million people who were exactly in the perfect demographic of what I like to call the "new India" is the inspiration behind the brand. It's me, it's my followers, and we all lacked a brand that really stood for us — the proud new Indian woman who has this very clear friction point.

On one hand, we're very proud of being Indian. We love our food, our culture, our weddings, our ingredients. At the same time, we want to be global. We want to be modern. We want what is there in the West. We love science. We believe in facts.

So there is this coming together and this internal struggle between, "What Dadi said, what Nani said must be true — the turmeric with yoghurt must work." Then again, there are brands talking about vitamin C and niacinamide. "Does that work too?"

There was no brand that brought them together, that said: let's science-back Ayurveda. Let's truly talk about these potent herbs and adaptogens from India, science-back it ourselves — not wait for the West to do it for us — and then take it to the West as a celebration of what our country has. That was something no brand was doing, and that was the white space. Immediately, when we did that, combining it with storytelling, it just instantly connected.

Rtn. Priya Tanna:

Oleg, at your end, from a business point of view, how did this make sense?

Oleg Büller-Khosla:

I think a combination of factors. Diipa and I met about 10-12 years ago, and it was through her that I started learning more and more about India. Indeed, as you said, I was a diplomat in a previous life, so I was a student of geopolitics. Looking at the facts, it was just a matter of time for India to become who we are — what we're seeing today happening to India.

But it was also through Diipa's passion for her Indianness. She was deeply proud of who she was as an Indian woman, what India taught her, the elements she just described about Ayurveda. She felt it was something the world should know, not just India.

The critical point was what she described: the marrying of the two. They're not mutually exclusive. You can look at Ayurveda and find things the world doesn't know. We're only starting to see now that in America they're selling ashwagandha and turmeric as — what was the word — "sex dust." No joke, if you go to a supermarket.

Diipa Büller-Khosla:

It's a brand called Moon Juice. They put Ashwagandha, Shilajit and Shatavari together and call it "sex dust". And it's the number one selling supplement in America.

Rtn. Priya Tanna:

So many amazing business ideas just coming out here at the end of this. That's another conversation. Moon Juice!

Oleg Büller-Khosla:

Sex dust. I'm sorry. I didn't come up with it.

But back to India. For me, it was just a matter of time until India would unlock itself. I think it's happening in front of us faster than we ever imagined. Even if I look at our first deck that we presented to investors in 2021, the estimates by McKinsey or BCG were that the beauty industry would be 24 billion in 2025. We've already surpassed that in India.

What I realised is that Diipa's passion, combined with her understanding of marketing and branding, as well as the rise of India — in India itself, but also globally — made sense. India is being recognised by the world, and India has so much to offer.

So far, a lot of what's been brought to the world from India — like yoga and meditation — has been done by goras and goris. That's what I've heard Diipa often say with annoyance: "Let's reclaim that. Let's own that."

Diipa has a very clear vision, as strong as it can be. Some people live on instinct. Some are good marketers because they studied marketing. Then once in a while, you bump into someone who is a marketer through and through. They live ahead of the curve, see things before they happen when it comes to knowing where the world's going. And Diipa is that when it comes to marketing and branding. So all I had...

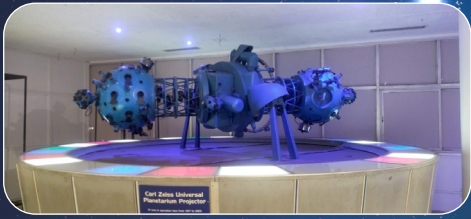


A Celestial Outing for Ananda Yaan Elders

As part of his Ananda Seva, Rtn. Vandan Shah thoughtfully organised a delightful picnic for the senior citizens of Ananda Yaan to the Nehru Planetarium. The elders were captivated by the mesmerising sky show, where they learnt about stars, planets, constellations, and India's remarkable achievements in space exploration.

The outing was a perfect blend of joy, learning, and wonder, rekindling a sense of childlike curiosity among all who attended. Beyond the celestial experience, Rtn. Vandan Shah ensured that the day was comfortable and enjoyable for the elders. He arranged tasty snacks and took care of every detail, adding to the warmth and success of the occasion.

This meaningful gesture was more than just an outing; it was a journey through the universe that left a lasting impression on the participants. Heartfelt gratitude is extended to him for creating such a memorable and uplifting experience.



MILTON **treo**

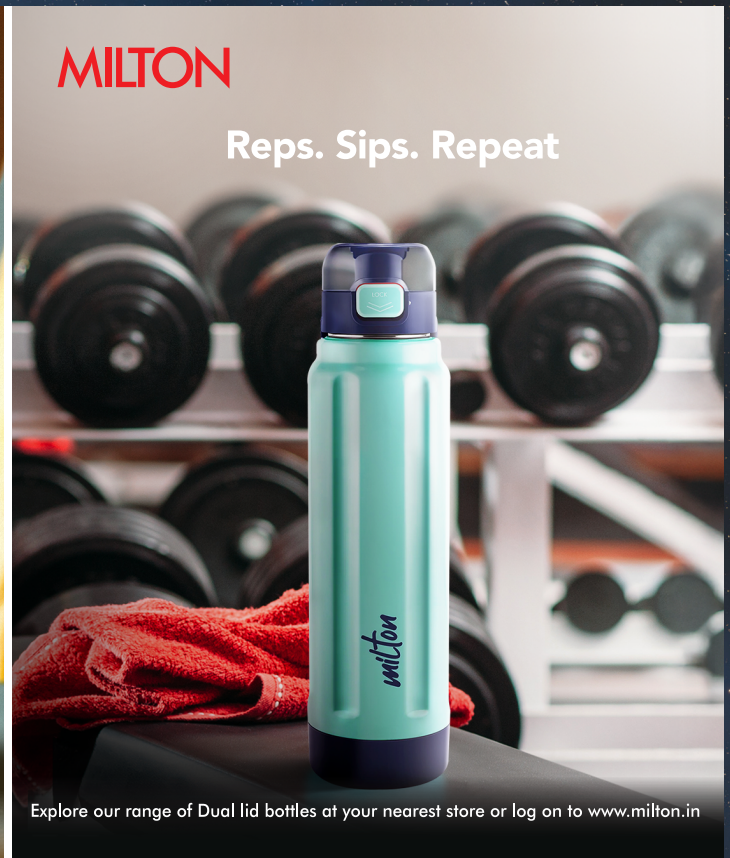
For flavours
as bright as the season



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MILTON

Reps. Sips. Repeat



Explore our range of Dual lid bottles at your nearest store or log on to www.milton.in

TUESDAY MEETINGS AT ROTARY CLUB OF BOMBAY



Guest Kajal Shah, guest speaker Diipa Büller-Khosla, Rtn. Ptn. Malti Jain, Rtn. Ujjwala Singhanian, Rtn. Ptn. Gauri Daiya, President Bimal Mehta



President Bimal Mehta welcomes new Rotarian Dr. Vishakha Shivdasani



Rtn. Ami Jagtiani, President Bimal Mehta, guest speaker Diipa Büller-Khosla, Isha Sanghi, Rtn.Ptn. Arti Sanghi and guest speaker Oleg Büller-Khosla



Rtn. Anirudh Chowdhary, Rtn. Ptn. Rangita Bhatnagar and Rtn. Ptn. Madhavi Sanghi



Rtn. Nandini Sampat, Rtn. Rina Deora and Rtn. Dr. Anand Somaya



Rtn. Ptn. Madhavi Sanghi, First Lady Aradhana Mehta and Rtn. Ptn. Arti Sanghi



Rtn. Pilloo Aga exchanging flags with President Bimal Mehta



Rtn. Ptn. Arti Sanghi, guest speaker Diipa Büller-Khosla, First Lady Aradhana Mehta and President Bimal Mehta



Rtn. Swati Mayekar, guest speaker Diipa Büller-Khosla, Rtn. Ujjwala Singhanian, guest speaker Oleg Büller-Khosla, Rtn. Ptn. Malti Jain, President Bimal Mehta and Rtn. Christopher Bluemel



Lighthouse

*Lighthouse, Lighthouse, shining bright,
The place where we learn with all our might.
From tiny steps to great success,
Here we gain so much—far in excess.*

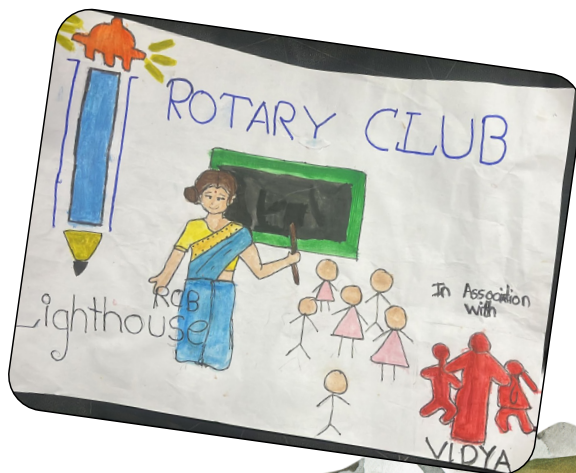
*It feels just like a second home,
Where joy and trust together roam.
A place to grow, to dream, believe,
And endless treasures we receive.*

*Lighthouse is a precious gift,
With fun and cheer, it gives us lift.
A place where Rotarians love to stay,
Sharing kindness along the way.*

*Each festival is marked with glee,
And Secret Santa is Charu Miss, we see!
Ekta Miss—a guardian near,
Manisha Miss—the guiding light so clear.*

*With teachers making futures bright,
They lead us gently toward the light.
As long as sun and moon shall guide,
Lighthouse, your name will never subside.*

The Lighthouse poem is written by our alumni – Prathiba Rao, Raghvi Meher, Yogesh Kara, and Uttung Tandel – and illustrated by Raghvi Meher and Prathiba Rao.



Mother

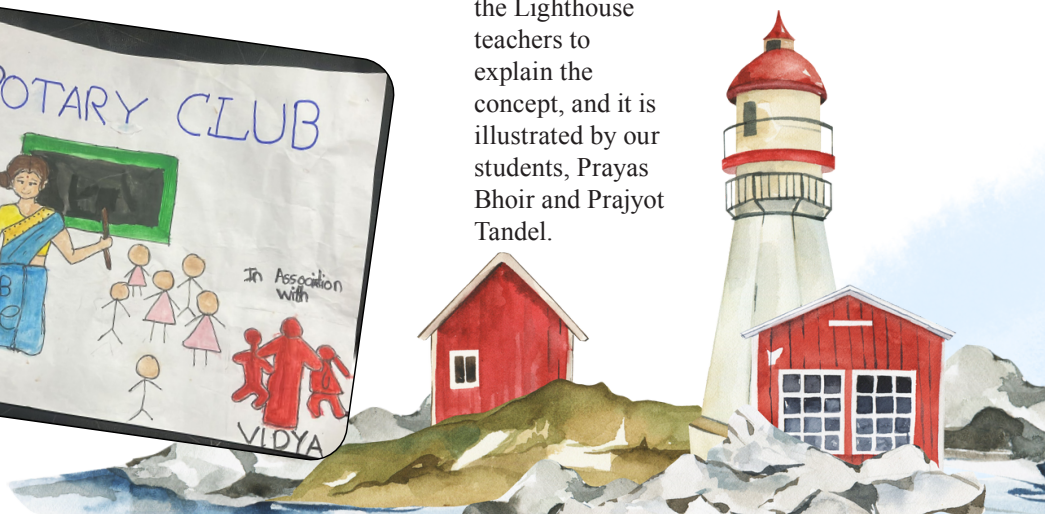
*A mother's love is gentle and kind,
A comfort so deep, a peace we find.
She showers care with every smile,
Her touch makes the world feel worthwhile.*

*For her child, she's the safest place,
A world of warmth, a sweet embrace.
Through sacrifice, she lights the way,
Her heart gives love each passing day.*

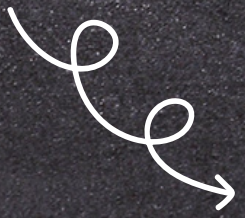
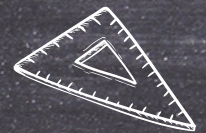
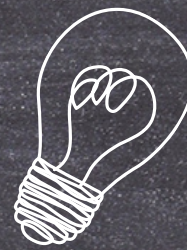
*In her arms, fears fade away,
Her caring words forever stay.
Her smile brings hope, her eyes hold grace,
A mother's love—no one can replace.*



The Mother poem is written by all the Lighthouse teachers to explain the concept, and it is illustrated by our students, Prayas Bhoir and Prajyot Tandel.



Supporting Education at Night Study Centre



The Bombay YMCA, in collaboration with the Rotary Club of Bombay, continues to empower more than 650 underprivileged children through its Night Study Centres (NSC) in South Bombay. These centres are dedicated to creating an optimal learning environment, supporting students throughout their academic endeavours, and fostering a strong sense of community and encouragement under the guidance of experienced educators.

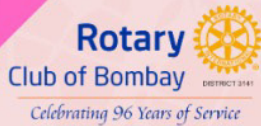
As part of this initiative, the Bombay YMCA and the Rotary

Club of Bombay recently distributed 200 educational kits to 11 Night Study Centres. Each kit was thoughtfully put together, containing essential materials such as notebooks, pens, a geometrical tool box, and other school supplies. These resources are vital in enabling students to pursue their studies more effectively and with confidence.

The gesture reflects a commitment to not only meeting the educational needs of the children but also inspiring them to strive towards excellence in their learning journey.



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Avail of this exclusive limited-time discount on
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15% off when two women book together
20% off for a group of three
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For RCB members, spouses, family members and team members.



SERVICES INCLUDE

**3D/4D Ultrasound | DEXA scans | 3D Mammography |
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- A fully women-led clinical team that intuitively understands women's health testing needs covering various stages of women's life from adolescence, PCOS, pregnancy, to menopause and general health check-ups
- A thoughtfully designed, calm and woman-centric environment
- The trusted diagnostic legacy of NM Medical



**SCAN AND MESSAGE ON
WHATSAPP FOR BOOKINGS**

APPEAL FOR ACTION: SAFEGUARDING OUR FORESTS, RANGERS AND WILDLIFE

Dear Fellow Rotarians,

Greetings from the Animal Welfare & Wildlife Conservation Committee (AWWCC) of the Rotary Club of Bombay. This is an appeal for our brave forest officers who don't get the limelight but face armed and dangerous enemies of India on a daily basis.

In the last five years 50 Indian elephants have been killed by poachers for ivory. 371 in the past 10 years. Now endangered, India has barely 20,000 Indian elephants.

The only thing that stands between sinister gangs and our precious forests are our courageous forest rangers. On a dark and rainy night on May 24, 2025 Forest officer Prahlad Pradhan, aged 37, in charge of Dhenkanal forest in Odisha was shot dead in a face off with wildlife traffickers, hunting deer. A full grown antler is worth Rs. 62500 per kg on the black market.

Worse still the proceeds of poaching are funnelled into terrorist networks. Evidence shows Bodo militants of Nagaland use rhino horn sales to buy arms. Lashkar-e-Taiba and Jaish-e-Mohammed funnel ivory, tusks and shahtoosh wool through the same channels as counterfeit currency and weapons.

Wildlife trafficking is now the fourth most profitable illegal trade in the world after human trafficking. The bravery of our rangers is matched by their sniffer dogs who trace and chase members of these criminal syndicates. One cannot do the job, without the other.

They are however, woefully under-equipped for the task for which, they put their lives on the line. With climate change the key to protecting our planet is to protect our forests.

Please consider a generous donation to our brave officers:

*Forest rangers and Super Sniffer dogs Program needs **World Wide Fund for Nature (WWF)**, a reputable organisation has approached RCB's Animal Welfare and Wildlife Conservation committee for 500 forest officer ranger kits priced at Rs. 5000 each provided in sets of 4 and training for 3 sniffer dogs at Rs. 6 lakhs per dog annually total 18 lakhs. Please give generously.*

- 4 kits = Rs 10,000/*
- 50 kits =Rs 2,50000/*
- 100 kits = Rs 5,00000/*
- 1 sniffer dog training Rs 6,00000/*

Checks can be made to Rotary Club Bombay Charities No 3. Please direct the donation to WWF Forest Rangers Program in your attached letter or email and at the back of the check. Please let us know your donation by replying to this email.

Please find attached more information on the forest ranger program.

Also the Sniffer Dog Programme link below.

<https://youtu.be/P3UvI8ad7aY?si=1erYZIUCoopn8wbw>

Thanking you,

Yours sincerely

Tara Deshpande

AWWCC Team

HOW CAN YOU HELP

You can contribute to help curb illegal wildlife trade and protect our wildlife:

Rs 10,000

Will provide one snare dismantling kit

Rs 55,000

Will provide one deep search metal detector to detect snares and traps set up by poachers

Rs 12,000

Will cover the mess charges for one wildlife sniffer dog and two handlers for one month at the training centre

Rs 75,000

Will enable us to add one more dog to the wildlife sniffer dog training

Rs 25,000

Will provide one wildlife forensic and evidence collection kit to collect 10 samples for range-level

Rs 1,000 Monthly

Your monthly support enables us to combat poaching, continue WWF-India's conservation efforts and save wildlife for years to come

YOU CAN HELP PUT AN END TO ILLEGAL WILDLIFE TRADE TODAY.

FREQUENTLY ASKED QUESTIONS (FAQs)

What is the government's role in the wildlife sniffer dog programme?

Forest departments do not have their wildlife sniffer dog training facilities and centres. Therefore, we facilitate training their staff to become wildlife sniffer dog handlers and provide the dog to them.

Together, the staff and the dog undergo training at recognised government dog training centres. All three centres under our programme are government dog training centres under Indo-Tibetan Border Police (ITBP), Border Security Force (BSF) and Police, Madhya Pradesh.

What happens if the wildlife sniffer dogs get injured on field?

Wildlife sniffer dog is the responsibility of the deploying agency. Therefore, any injury or other related care is a direct responsibility of the forest department.

This is communicated through an MoU signed between the deploying agency and also WWF-India. In some circumstances where there is a medical emergency, we may assist and support the forest department in taking care of the dog.

What happens to the dogs once they get retired?

The retired dog is supported by its deploying agency and provided care post-retirement by

them. The retired dogs usually stay under their handlers' care until their end days.

From where do you procure dogs?

Certified breeders as recommended by the training centres.

Why don't you work with stray dogs?

In most cases, breeds such as Labradors, German shepherds and Belgian Malinois are used for this purpose. We follow the training centres' ongoing protocols. In the field, these dog breeds have exemplified their use through successful seizures and wildlife crime detection.

Why do you train dogs when they are so young?

Young dogs are easier to train. They also develop a better bond with their handlers when they are young.

Is this the country's only wildlife sniffer dog training programme?

This is the largest wildlife sniffer dog training programme in India so far.

Are the wildlife sniffer dogs at risk of being attacked by wild animals inside the forest?

They are trained according to the forest settings and know how to conduct themselves in the forest areas. Also, the handlers are trained to take care of the dogs in such scenarios.

IN-CAMERA WITH AMI GANATRA



The Rotary Club of Bombay hosted a truly engaging session — the first in-camera meeting for this Rotary year — on September 18th, 2025 at the beautiful venue of The House of Rose, Ballard Estate. The session ‘Decoding Dharma – Unravelling How Our Epics Remain Relevant Even Today’ was led by the insightful Ami Ganatra — IIM Ahmedabad and VJTI alumna, and author of the popular Mahabharata Unravelled I & II and Ramayana Unravelled.

The session was organised by In-camera Chair PP Vineet Bhatnagar & First Lady Aradhana Mehta.

Ami brought our timeless epics to life, showing us that Vyasa’s Mahabharata and Vālmīki’s Ramayana aren’t just grand stories, but powerful histories — Itihasa — packed with wisdom and relevance. With clarity and passion, she explored how these epics offer real-life lessons on navigating dilemmas, doing the right thing, and understanding the deeper meaning of Dharma in today’s fast-paced world.

Through selective stories and examples — from Krishna’s counsel to Arjuna to the layered dynamics between Rama and Sita — Ami showed how these age-old epics still guide us through everyday challenges and choices. Her take on destiny vs effort (with a Ramayana twist!) definitely gave us all something to reflect on.

The interactive Q&A that followed sparked some fascinating discussions, with the audience diving deep into character motivations, relationships, and the moral fabric of the epics. Plus, lucky attendees got to chat with Ami and take home signed copies of her books!

A big thank you to Rtn. Purnima Sheth for her warm hospitality, delicious spread, and décor that rounded off the evening. Great food, meaningful conversations, and a whole lot of thinking — it was truly a night to remember.

At the start of the session, PP Vineet introduced the speaker to the attendees and First Lady Aradhana extended a vote of thanks to close the session.





The Anaemia Mitigation Project by RCB



Anemia Project Data

Sr.No	Testing	Total	Anemia Positive		Percentage	IFA Tablets	Albendazole Tablets
			Boys	Girls			
1	Girl Hostel Kasa	69	0	69	100%	207	70
2	Girl Hostel Wangaon	62	0	62	100%	186	62
3	Girl Hostel Agar	110	0	110	100%	330	110
4	Girl Hostel Bordi	66	0	62	94%	186	66
5	Boys Hostel Kasa	60	55	0	92%	165	60
6	Boys Hostel Wangaon	46	22	0	48%	66	46
7	Boys Hostel Agar	51	43	0	84%	129	51
8	Boys Hostel Bordi	69	35	0	51%	105	69
9	Boys Hoste Wadkun	99	74	0	75%	222	99
	Total	632	229	303	83.00%	1596	633

In line with the Government of India's Anaemia Mukh Bharat program introduced in 2018, the Rotary Club of Bombay has initiated an Anaemia Mitigation project that has recently commenced in collaboration with Shrimad Rajchandra Mission Trust (SRMT) and on-ground implementation partner Diganta Swaraj Foundation.

The Anaemia Mitigation project by the Rotary Club of Bombay extends beyond simply providing medical assistance. By focusing on education, awareness, and sustainable solutions, the project aims to create a long-lasting impact on the communities it serves.

The Rotary Club of Bombay aims to reach tribal and rural districts with a high prevalence of anemia and limited accessibility to medical care facilities. By focusing on school children, we are dedicated to making a significant impact on the lives of children in these communities.

SRMT initiated a holistic approach to Anaemia mitigation in the South Gujarat area. So far, they have conducted over 450,000 screenings.

GOING BEYOND BORDERS:

The Rotary Club of Bombay is starting school screenings in Dahanu at Zilla Parishad Schools. The Club will initially focus on two schools, serving a total of over 14,000 children.

The objective of the anaemia testing initiative across various boys' and girls' hostels was to identify the prevalence of anaemia among students, understand gender-wise distribution, and provide timely intervention through the distribution of IFA (Iron Folic Acid) and Albendazole tablets. The testing and treatment drive aimed at promoting better health, reducing anaemia prevalence, and ensuring students' overall well-being.

HOLISTIC APPROACH TO MITIGATION

As part of our initial touchpoint to our stakeholders, we provide detailed Health and Nutrition Awareness sessions focused on:

- Understanding Anaemia
- Importance of Iron and Iron-rich food

- Importance of a balanced diet with focus on locally grown food.
- Distribution of free iron and folic acid supplementation for those who were found to be anaemic
- Importance of parent and teacher involvement to achieve higher compliance.

Overall findings were alarming in the 1st two weeks of testing.

Total students tested: 632

Total anaemia positive cases: 532 (83%)

Boys: 229

Girls: 303

Overall prevalence rate: 83%

This indicates a very high burden of anaemia among hostel students, with girls showing comparatively higher rates.

TABLET DISTRIBUTION ANALYSIS:

Total IFA tablets distributed: 1,596



Total Albendazole tablets distributed: 633

Distribution was proportionate to anemia prevalence. Follow-up monitoring is essential to measure effectiveness.

HIGH-RISK ANAEMIA CASES

Students with hemoglobin levels below 9 g/dl are categorised as high-risk anaemic.

Total High-Risk students: 392

Boys: 96

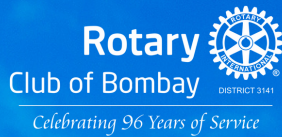
Girls: 296

This clearly shows that girls are disproportionately affected, forming nearly 75% of all high-risk cases.

The initial project data highlights a critical public health issue. Nearly 8 out of 10 students are anaemic, with girls most severely affected. High-risk students present an urgent challenge that must be addressed immediately.

— Project conceptualised and driven by Rtn. Vishal Vora

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Rotary Club of Bombay

ASIA GOLF CHALLENGE

2026

-3rd Edition

Supported by
SAFGR



LET'S TEE OFF FOR CHANGE...

PUNE, INDIA : 17 JAN - 18 JAN, 2026

PHUKET, THAILAND : 29 JAN - 2 FEB, 2026

MUMBAI, INDIA : 14 FEB, 2026

Start 2026 on a high note by participating in a series of global golf fundraisers. The monies raised will be used to fund the Rotary Club of Bombay's Adult Literacy Initiatives.

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CLASS
GOLF**

**ONCE IN A
LIFETIME
EXPERIENCE**

**POWERING
THE INDIAN
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EXCLUSIVE



SPECIAL DISCOUNTS ON OPD SERVICES EXCLUSIVELY FOR ROTARY CLUB OF BOMBAY MEMBERS AND THEIR DEPENDENTS

10% discount

- Liver Screening (Fibro scan)
- Comprehensive Health Check-up Packages
- Nuclear Medicine (PET & SPECT Scan)
- Rehabilitation and Sports Medicine Services
- SHRC procedures (Skin Health & Rejuvenation Centre)

15% discount

- Consultations
- X-Ray, USG, CT Scan, MRI, Dexa, Mammography, Spirometry, PFT, Audiogram, ECG, 2D Echo, Stress Test, Holter Monitoring, EEG, and EMG
- Laboratory Investigations (excluding outsourced tests)

25% discount

- Ophthalmology diagnostics

30% discount

- CT Angio

TO AVAIL THESE BENEFITS, MEMBERS OR DEPENDENTS MAY PRESENT THEIR MEMBERSHIP ID CARD AT HOSPITAL. IN EXCEPTIONAL CASES, A LETTER FROM THE ASSOCIATION CONFIRMING MEMBERSHIP WILL ALSO BE ACCEPTED. OFFER VALID FOR TWO YEARS.

Special Home Care Packages

Silver ₹3,800

Includes: CBC; Fasting Glucose; Lipid Profile (TC, HDL, LDL, TG); Kidney Panel (Urea, Creatinine, eGFR, Uric Acid); Basic LFT (ALT, AST, Total Bilirubin); TSH.

Gold ₹7,100

Includes all Silver tests plus: HbA1c; Electrolytes (Na, K, Cl); Full LFT (adds ALP, GGT, Total Protein/Albumin/Globulin); Ferritin; hs-CRP.

Diamond ₹12,000

Includes all Gold tests plus: Thyroid Profile (FT3, FT4); Vitamin D; Vitamin B12; Fasting Insulin (HOMA-IR with fasting glucose); Apolipoproteins (ApoB, ApoA1); Lipoprotein(a).

Platinum ₹15,300

Includes all Diamond tests plus: Homocysteine; Serum Magnesium; Infectious Screens (HBsAg, Anti-HCV).

FOR APPOINTMENT BOOKINGS AND ASSISTANCE CONNECT TO:
MR. YADVENDRA YADAV 99206 19707 / YADVENDRA2.YADAV@RFHOSPITAL.ORG



ROTARIAN BIRTHDAYS



October 1
PP Preeti Mehta



October 2
Rtn. Ramesh Mehta



October 6
Rtn. Dr. Nisheeta Agarwala



October 2
Rtn. Suresh Kotak



October 2
Rtn. Purnima Sheth



October 6
Rtn. Meera Alreja

ROTARIAN PARTNER BIRTHDAYS

October 1
Rtn. Ptn. Sanjay Sharma

October 3
Rtn. Ptn. Vatsala Jatia

October 4
Rtn. Ptn. Khulood Noorani

October 2
Rtn. Ptn. Sakshi Gupta

October 3
Rtn. Ptn. Rekha Ruia

October 5
Rtn. Ptn. Divya Mafatlal

October 2
Rtn. Ptn. Sita Ruia

October 4
Rtn. Ptn. Neeta Anand

October 6
Rtn. Ptn. Sweta Vakil

NEXT TUESDAY:

Anand Chulani, Founder and creator of the Absolute Champion Methodology, will address the Club on Mindset of a Champion.



Anand Chulani is the founder of the Absolute Champion methodology and author of Absolute Champion. For over two decades, he has inspired more than a million people across 30 countries to unlock their inner strength, resilience, and potential. As an international award-winning speaker and success coach, Anand works with Fortune 500 leaders, elite family businesses, and global brands including Disney, Google, Apple, Reliance Jio and Nestlé. He has coached world champion athletes such as Virender Sehwag, Jos Buttler, Ben Stokes and Olympic gold medalist Abhinav Bindra, as well as guiding IPL teams to record victories. Anand's influence extends to education and youth empowerment, having worked with over 100,000 young people globally and partnered with the Whitaker Peace and Development Initiative.

ROTARY CLUB OF BOMBAY 2025-26	
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PP Ashish Vaid	PP Framroze Mehta
Rtn. Ishraq Contractor	
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President Bimal Mehta	
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PN Vineet Suchanti	
Classification & Membership	PP Nandan Damani
Information	ARRFC & PDG Sandip Agarwalla
Overseas Scholarships	Rtn. Niloufer Lam
Director Pradeep Chinai	
Attendance	Mahesh Khubchandani
Programmes	Rina Deora
Sergeant-at-Arms	Khurshed Poonawala
Director Sherebanu Baldiwala	
Public Awards	Anand Dalal
International Programmes	Christopher Bluemel
Water Resources	Siddharth Bhimrajka
Animal Welfare & Wildlife conservation	Bipin Vazirani
Legal Aid and Awareness	Tahera Mandviwala
Director Siddharth Bhimrajka	
Child Welfare	Meher Vakil
Elder Day Care Centre, Alibaug	PP Ashish Vaid
Urban Nature Habitat	Jamshed Vakharia
Ananda Yaan	Kaushal Mehta
Transformation Salon	Ratna Kapoor Sharma
Director Renu Basu	
Rural Development	Pulin Shroff
Heritage, Art & Culture	Aditya Somani
Museum & Contemporary Arts	Priyarsi Patodia
RCB Medical Centre, Talwada	Chairman Emeritus PP Dr. Rumi Jehangir
	Mihir Mody
Sports for all	Abhishek Saraf
Anusuya Devi Tappar College	PP Pradeep Saxena
Director Akhil Sanghi	
Bhavishya Yaan	Jagdish Malkani
IT Innovation Labs	Nikhil Sanghai
Adult Literacy	Runit Shah
ESS Curriculum	Gautam Doshi
Scholarships	PP Preeti Mehta
Night Study Centre	Jamshyd Vazifdar
Director Swati Jajodia	
Cotton Green Clinic	Dr. Mehernosh Dotiwala
Cancer Aid	Farokh Balsara
Early intervention in Neurodivergent Children	PP Shernaz Vakil
Dharamshala	Miral Shah
Dialysis	Swati Jajodia
Director Mudit Jatia	
Website, Social Media & Public Image	Laxmi Maneklal
Bulletin	Abhinav Aggarwal
Fellowship & In-Camera	PP Vineet Bhatnagar
Assimilation	Akhil Sanghi
The Rotary Foundation	PP Vijaykumar Jatia
Director Jaymin Jhaveri	
Sports / Yoga	Hiranmay Biswas
Paediatric Heart Surgeries	Natasha Treasurywala
Rotaract Clubs	Ameeta Tanna
Satellite Club	Murad Currawalla
Interact Schools	Mudit Jain



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