

# THE GATEWAY



Bulletin of the Rotary Club of Bombay

UNITE  
FOR  
GOOD

VOLUME 67 ISSUE NO. 20 NOVEMBER 18, 2025

Celebrating 96 Years of Service

**This Tuesday, Nov 11<sup>th</sup>**

Ms. Nyrika Holkar, ED  
Godrej Enterprises Group, in  
conversation with Ms. Devna  
Vora on the New Consumer.

## UPCOMING

**November 21<sup>st</sup>, 12 noon**

Legal Aid Camp at Palghar.

**November 23<sup>rd</sup>**

Lighthouse Maritime Visit

**November 25<sup>th</sup>, Tuesday Meeting**



**Jesh Krishnamurthy** in conversation  
with Rtn. Manjeet Kripalani on  
Advanced Nature: The World our  
children will inherit

**November 30<sup>th</sup>, 10.30 am**

Inauguration of 4<sup>th</sup> IT Innovation  
Lab and 4<sup>th</sup> Career Foundation  
Learning Centre @ Dahanu

**December 2<sup>nd</sup>, Tuesday Meeting**



**Feroz Abbas Khan** in conversation  
with Rtn. Vita Dani on Directing  
Timeless Dreams!

## **The Strength to Soar: Rhea Chakraborty on 'Rising above and Moving forward', in conversation with Rtn. Priya Tanna.**



**Rhea Chakraborty:** Thank you, that's really kind; kindness is something I'm recently getting used to. This looks like a very esteemed, beautiful crowd. From the little bit that I saw on stage, it's a really cute Club, man. It's so sweet, and it seems like humanity still resides in these parts of south Bombay. So, congratulations to you guys on having such a beautiful bond with each other.

**Rtn. Priya Tanna:** Rhea was talking to me downstairs, and I was raving about Rotary, telling her how inclusive and wonderful this organisation is, and how I've really made great friends here. She said, "So when I walk up, everybody will be a friend?" I said, "Yes, you're walking into a room of a hundred new friends." And that's what this is for you.

Rhea, I'm going to start off by asking you a very obvious question. When you think about your journey over the last few years, so much of your life has been open to the public and under intense scrutiny, do you feel there have been parts that have not been understood at all, even today? And if yes, what would you say they are?

Before I speak about my life, I'd like to give

a small disclaimer. I'm not here for pity or sympathy, no pati, sampatti maybe, but none of that stuff. I'm doing well; all is great, I'm making lots of money, life is good. I say this because it tends to happen that when I talk about my life, people start crying, and I'm just like, "Are you okay?" And I don't really want to console anyone, so please be happy, all is well.

Yes, of course, Priya, there are lots of things. I don't think anyone's life can be truly understood by the public. Not even by another individual in your life, not even the closest person. And if you're not lucky enough, not even yourself. You can't always understand every emotion that you go through.

The parts that I feel have been lost, when we talk about the public side of things, are very basic, it's humanity. It's normalcy. Normalcy for me has become very special. I can't explain it better than with an example: when you go through a trauma to the degree that I did, there's a gift that comes at the end of it. Which is — relatively, everything feels better. When you go through the worst, everything else feels better.

So a little bit of a boy problem, or a film not happening, or a T-shirt that we make failing



## “RHEA SAYS”

Don't feel bad, no crying, okay? I'm not going to console you.

I think people were already taking me too seriously, so I had to be like, Relax, I'm normal!

“Hello, you, yes, be at court. RTGS, bye-bye.”

yearly capital

**WITH THIS GEN Z BRAND I'VE STARTED, I FEEL LIKE A DINOSAUR. TODAY, I FEEL REALLY YOUNG.**

*Everyone's going to die!  
And that made me feel so good.*

a QC check, these are now non-issues. That gift comes from the trauma. The normalcy, even with its tiny first-world problems, feels amazing. I feel great to have these issues today because my issues were once beyond my own understanding. They no longer are, touch wood, and that makes life feel really good.

Just being able to walk in here today without being chased by the media, to sit down and talk to a bunch of friends, like you said, that's a really big achievement for me. Because from where I was, it felt like I couldn't live in India anymore. The conversations with my parents at one point were: “We can't live in Mumbai, let's move to Pune,” or “Let's move to South India where nobody knows you.” But I stood my ground. I told my parents, “No, we live in Khar, and we will live in Khar only.” And I'm glad we did, because today, we can properly roam around and meet lovely people like you.

**That's amazing, Rhea. What do you hold on to? I'm coming back to a darker moment only to set context for what's to come, for how you've managed to rise and overcome. When the world seems like a hostile place, what gets you through? What's your coping mechanism?**

Well, I think I tried every coping mechanism on this planet, because I had to. But what really worked for me... so as you all know, let's just address the elephant in the room, I was in jail.

On the 14<sup>th</sup> day of being there, I was in solitary confinement. It's very dark in your head. You can't meet anybody or speak to anyone in the outside world. Slowly, you start thinking, “What if people have forgotten that I'm here? What if they've forgotten to get me out?” You start spiralling, “What's going to happen to my life? Will I ever get work again? Will I ever walk on the streets? Get married? Have children? Oh my God, my life is doomed.”

And in that darkest moment, it's a bit spiritual, I sought an answer from the universe. I asked for an explanation: “Why me? Why is this happening?” I kept asking for guidance. On the 14<sup>th</sup> day, I requested the jailer to allow me to go to the prison library. I decided that whichever book I picked up, I'd open to a random page, and whatever was written at the top right would be my answer from the universe.

Now, my life is quite dramatic, so you'll believe this, when I entered the library, a book fell on my head. I thought, “This is a sign.” It was by Paramhansa Yogananda Ji, not Autobiography of a Yogi, but another book. I opened a random page, and on the top right, it said: “We are all actors in God's play, so don't take it personally.”

I thought, “What? Don't take it personally? Excuse me, it is personal!” I kept shutting and reopening the book, reading that line again and again. And when you're in jail, you really have nothing else to do, so I read it about 400 times. Then it hit me: this is not about me. The

whole universe is not conspiring to make my life miserable. I am not so important that everything bad that happens to me is because the universe doesn't like me, or God doesn't like me, or that I am some very special being. That's where I think I broke away from slipping into victim mentality, which is such an easy way out. Whenever things go wrong in life, it's very simple to say, “My life is so bad. Why is this happening to me? Why me?” It's still very narcissistic — even in pain.

To break away from that and understand that there is a whole universe out there — galaxies upon galaxies — and that we are part of just one galaxy, one solar system, one planet, and within that planet, one country among so many others, and within that country, one single city, and in some small corner of it, a pin code — 400054 in Khar — that's where I was living. That perspective, about how vast everything else is and how small we really are, changed everything for me.

And I think that perspective stayed with me — it's no longer something I just heard or read; I feel it. I feel it every day, especially when I'm about to complain about something relatively small.

In the process of this understanding and learning, however, I have completely lost empathy for first-world problems. I have zero empathy for my girlfriends who are dealing with boyfriend drama. “Oh, he didn't pick me up from dinner.” And I'm like, “He should break up with you. You deserve to be single.”

I don't feel those things anymore because I believe that anything happening to you out of your own choice is fine. If it's outside of your choice, then it's a problem — and that's when I'll feel bad for you. Because everything in life is a choice.

You sitting here today is a choice. Me coming here today is a choice — until it's not.

I lived with many women in Byculla Prison for a month, where I saw people who had no choice in life, nobody fighting for them, and 70–80% of them were innocent. That's when I realised that if these women don't pity themselves, and they're not victims, then nobody I know in my world hereafter can be either.

**I think that deserves a really, really big round of applause. I don't know too many people who would come out of incarceration...**

To read the entire article

CLICK HERE

# BHAVISHYA YAAN CELEBRATING CHILDREN'S DAY



**MILTON**

Outdoors - Sorted, Always!

A green Milton tiffin and a matching bottle are shown on a red and white checkered picnic blanket. The tiffin is open, showing a colorful salad. There are also some sliced lemons and oranges on the blanket. The background is a lush green field with flowers.

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**MILTON Pro cook**

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# TUESDAY MEETINGS AT ROTARY CLUB OF BOMBAY



Rtn. Gaurav Nevatia, new Rotarian Sharad Lohia, Rtn. Ptn. Taruna Lohia and Rtn. Siddharth Bimrajka



Rtn. Gautam Doshi, Guest Abhishek Sanchati and Rtn. Akhil Sanghi



President Bimal Mehta, Hon. Secy. Farhat Jamal, Rtn. Hiranmay Biswas, Ms. Rhea Chakraborty and Rtn. Mahesh Khubchandani



Rtn. Dilip Dalal, Rtn. Sanjiv Saran Mehra, Ms. Rhea Chakraborty and Rtn. Rina Deora



Rtn. Ujjwala Singhania, PP Nirav Shah, IPP Satyan Israni, Rtn. Mudit Jain, Rtn. Hiren Kara, Rtn. Ptn. Malti Jain and Rtn. Hiranmay Biswas



President Bimal Mehta thanks speaker Ms. Rhea Chakraborty for spending time with the Club



Guest Jagdish Chadha, Rtn. Awais Noorani, Rtn. Rina Deora, Rtn. Ptn. Malti Jain, Rotarians Siddharth Bhimrajka, Anirudh Chowdhary, Akhil Sanghi, Abhishek Saraf and Moy Biswas



PP Nirav Shah, First Lady Aradhana Mehta and Rtn. Gaurav Nevatia



President Bimal Mehta inducts Mr. Sharad Lohia



IPP Satyan Israni, Rtn. Mahesh Khubchandani, Rtn. Mudit Jain and Rtn. Ptn. Meghal Jhaveri asks question



# ANAEMIA MITIGATION INITIATIVE UPPLIFTS YOUTH HEALTH

The Anaemia Mitigation Project, commenced in collaboration with Shrimad Rajchandra Mission Trust (SRMT) and on-ground implementation partner Diganta Swaraj Foundation, under the leadership of Chairperson Rtn. Vishal Vora, continues to deliver significant and measurable impact across participating schools. The initiative ensures that thousands of young students receive timely health screenings, nutritional support, and essential corrective care. Designed to address issues such as anaemia, vision impairment, and general health neglect among adolescent girls, the project has emerged as a reliable pillar of preventive healthcare and awareness.

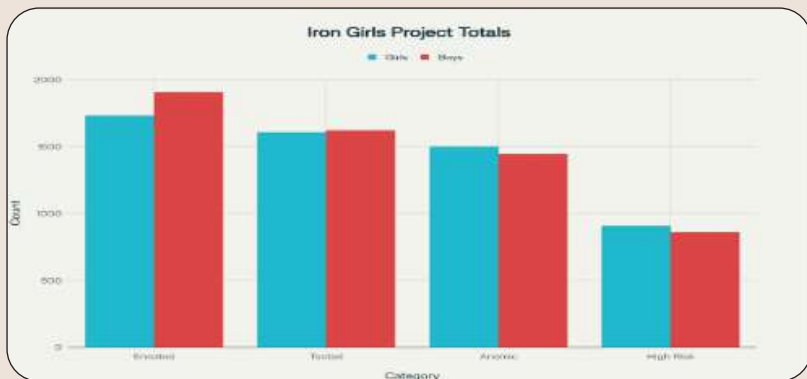
During the latest reporting cycle, the programme conducted 3,233 haemoglobin tests, allowing early identification of anaemia and related conditions. This screening enables timely referrals for further medical attention, preventing complications. Additionally, 2,948 audiometry tests were carried out to detect hearing challenges that often go unnoticed yet significantly affect academic performance and social development.

The distribution of 1,772 spectacles further highlights the project’s commitment to eye health, helping students experience improved vision and greater classroom engagement. Nutrition and preventive care also remained central to the programme. A total of 7,491 iron tablets were distributed to support haemoglobin

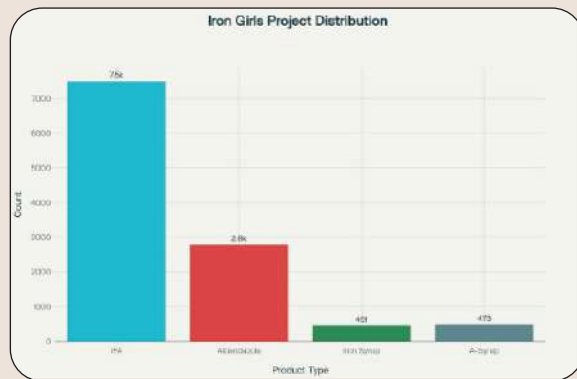
levels, while 2,775 deworming tablets were provided to enhance nutrient absorption, energy, and overall well-being.

Beyond the numbers, the Anaemia Mitigation Project nurtures a culture of awareness, self-care, and confidence among students. By integrating screenings, health education, and follow-up care, the initiative ensures holistic and sustainable support.

The outcomes reflect the dedication of SRMT, Diganta Swaraj Foundation, Rtn. Vishal Vora, volunteers, and partner schools. These results demonstrate the transformative power of focused community health efforts—helping young girls learn better, live healthier, and step into their futures with strength.



This bar chart shows project-wide totals for girls and boys: enrolled, tested, anaemic, and high-risk. It highlights both the high rates of anaemia and substantial reach in testing.



This chart demonstrates the total quantities of health supplements distributed, including IFA tablets, Albendazole, iron syrup, and A-Syrup doses, as part of the intervention in all locations.

## KEY METRICS AND TOTALS

- **Girls’ Data:** 1,733 girls enrolled, 1,610 tested, 1,501 anaemic, 909 at high risk.
- **Boys’ Data:** 1,910 boys enrolled, 1,623 tested, 1,447 anaemic, 863 at high risk.
- **Combined Enrollment:** 3,643 children enrolled, 3,233 tested, 2,948 anaemic, 1,772 at high risk[1].
- **Supplements Distributed:** 7,491 IFA tablets, 2,775 Albendazole tablets, 451 iron syrup doses, 473 A-Syrup doses.

## PROJECT INSIGHTS

- Anaemia in both girls and boys is highly prevalent among those tested, often exceeding 80% in several locations.
- High-risk beneficiaries account for a substantial fraction of those tested, highlighting the need for ongoing supplementation and monitoring.
- The project distributed thousands of IFA and Albendazole tablets—and a limited amount of iron syrup and A-Syrup—to improve nutritional health.

## Interact Club Explores the Wild at Maharashtra Nature Park

The Interact Club of Sir J.J. Girls' High School, Fort organised a delightful and educational environmental excursion to Maharashtra Nature Park, Sion/Dharavi, where a group of 70 enthusiastic students spent the day discovering the wonders of the natural world.

The visit offered rich learning experiences as the students explored the vital role of plants, gained insight into water harvesting techniques, and

understood how reptiles contribute to maintaining ecological balance. They were also introduced to the fascinating phenomenon of bird migration and the intricate harmony that sustains our environment.

Alongside the learning, the day was filled with fun and excitement. Each student enjoyed a delicious snacks box, adding to the joy of the outing. The park authorities also presented certificates to all participants in

recognition of their curiosity, active involvement, and impressive drawings created in celebration of Bird Week.

This initiative by the Interact Club of the Rotary Club of Bombay beautifully embodied the values of environmental awareness, teamwork, and experiential education. The experience inspired young minds to appreciate nature more deeply and encouraged them to contribute towards a greener, more sustainable future.



**LEGAL AWARENESS COMMITTEE**  
presents

# LEGAL RIGHTS AND REMEDIES

## FOR TRIBAL WOMEN & VILLAGE COMMUNITIES



**Fri, 21**

November 2025

12 noon - 4 pm



**Ausarkar  
Complex,  
Vikramgad**

[CLICK HERE FOR MAP](#)

### SUPPORTED BY



Maharashtra State  
Human Rights Commission



Mumbai District Legal  
Services Authority



Maharashtra Commission  
for Women's Rights



DIGANTA SWARAJ  
FOUNDATION

### SPEAKERS

**Mr. Prashant Mhaske & Shushrut Kulkarni**  
Maharashtra State Human Rights Commission

**Prof. Sushma Mhaske**  
Mumbai District Legal Services Authority

**Advocate Sharda Shinde**  
Maharashtra Commission for Women's Rights

### INVITED

**Hon'ble Justice Shri Anant M Badar**  
Chairperson,  
Maharashtra State Human Rights Commission

Participants will understand their legal rights & be directly connected to relevant authorities for further guidance & support.

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## RCB & PVSC SUPPORT 21 ST. JUDES CENTRES AT KHARGHAR



In yet another milestone of service and compassion, the Rotary Club of Bombay, through The Rotary Foundation, has partnered with Premlata Vandravan Shah Charities (PVSC) to support the movable capital expenses of 21 new Centres at St. Jude's largest-ever complex in Kharghar, Navi Mumbai. The project also includes the donation of a 25-seater van to assist with transportation for families whose children are undergoing cancer treatment.

The inauguration ceremony, held on November 1<sup>st</sup>, 2025, stood as a proud moment for the Rotary Club of Bombay. It was graced by several eminent Rotarians, including Chief Guest Rtn. Dr. Manish Motwani, District Governor, RID 3141; Guests of Honour Rtn. Bimal Mehta, President, Rotary Club of Bombay; and Rtn. Hitesh Fozdar, President, Rotary Club of Bombay Hanging Garden. Representing St. Jude's were Ms. Manisha Parthasarathy, Chairperson, and Mr. Anil Nair, CEO. Also present from our Club were distinguished Rotarians ARRFC and PDG Sandip Agarwalla, PP Vijaykumar Jatia, Rtn. Miral Shah, and Rtn. Mahesh Khubchandani, reaffirming the Club's strong presence and leadership in impactful community partnerships.

This partnership is a shining example of the Rotary Club of Bombay's enduring ethos—Service Above Self—brought to life through collaboration, empathy, and sustained commitment. By supporting St. Jude's India ChildCare Centres, the Club has once again demonstrated the power of Rotary to create lasting change, transforming lives through compassion and collective action.

The collaboration marks a significant stride in Rotary's ongoing mission to improve healthcare access and quality of life for those in need. The 21 Centres form part of

St. Jude's India ChildCare Centres' newest and most ambitious facility within the Advanced Centre for Treatment, Research and Education in Cancer (ACTREC), part of Tata Memorial Centre. Designed to serve as a "home away from home" for young patients and their families, the complex provides not only safe accommodation but also nutritious meals, counselling, educational support, and transportation.

By supporting the movable capital for all 21 Centres, the Rotary Club of Bombay has played a crucial role in extending holistic care to hundreds of families each year. The accompanying 25-seater van will ensure families can travel safely and comfortably between the centre and hospital, a small yet vital service that greatly reduces their daily strain.

Rotarian Dilip Shah, a long-time supporter of St. Jude's and member of the Rotary Club of Bombay Hanging Garden, has been instrumental in advancing this initiative through Premlata Vandravan Shah Charities (PVSC). His family foundation has supported over 30 family units across Mumbai's St. Jude's Centres, including three in Cotton Green and one in Hyderabad. His dedication has inspired several within the Rotary community—over ten Rotarians have since joined the cause, further amplifying the impact of this humanitarian effort.

The Kharghar facility, St. Jude's most extensive project to date, is a 12-storey, 234-unit complex that will provide free accommodation to more than 700 families every year, reaching an estimated 35,000 individuals over the next two decades. This initiative stands as a testament to Rotary's commitment to sustainable, large-scale community service that uplifts lives and fosters hope.



*“PVSC has long been associated with St. Jude, but being a part of this new Kharghar project is God’s gift to us. Imagine the plight of parents fighting their child’s cancer, forced to abandon treatment for want of safe accommodation and nutritional support. This facility with over 230 units is a humble effort to bridge that gap. Special thanks to the Rotary Club of Bombay, my own Club—RCB Hanging Garden—and The Rotary Foundation for their kind association.”*  
**- Rtn. Dilip Shah, Rotary Club of Bombay Hanging Garden**



*“For families who travel to big cities for their child’s cancer treatment, St. Jude offers more than comfort and care—it provides a home away from home. Thanks to the supporters ,PVSC and the Rotary Clubs, this new facility will extend that lifeline to hundreds more children and families each year.”*  
**- Anil Nair, CEO of St. Jude**

# Free Health Camp at Cotton Green Clinic



A Free Health Camp was successfully organised at the Cotton Green Clinic on November 8<sup>th</sup>, 2025 from 10 a.m. to 4 p.m., with the aim of providing essential healthcare services and promoting preventive health awareness within the local community.

The camp offered a wide range of medical services, including dental check-ups, complete eye examinations with free spectacles distribution, general physician consultations, paediatric care, dermatology consultations, random blood sugar and haemoglobin testing, and homoeopathy diagnosis.

Organised in collaboration with the Cotton Merchant and Muccadam Association of Cotton Green and the Rotary Club of Bombay, the camp served 126 beneficiaries, ensuring they received quality care and guidance.

Volunteers from the Wockhardt Foundation and the Satellite Club of Bombay played an invaluable role in managing on-site logistics, registration, and patient coordination. Their

commitment ensured smooth operations and enhanced community participation. The dermatology unit, in particular, received excellent feedback for its insightful consultations and efforts to raise awareness about common skin conditions and hygiene practices.

We extend our deep appreciation to the Rotary Club of Bombay for its unwavering support and leadership throughout the planning and execution of the camp. Special thanks are due to the dedicated Rotary members whose active involvement contributed significantly to the event's success.

Heartfelt gratitude is also extended to the volunteers from the Satellite Club of Bombay for their enthusiasm, discipline, and teamwork, a true reflection of the Rotary spirit of Service Above Self. The camp concluded on a successful note, fulfilling its mission of making quality healthcare accessible to underserved communities.



# ➔ First Club assembly



Babubhai Chinai Hall, IMC Churchgate  
Total attendance: 45

November 13th, 2025

Rotary Club of Bombay  
Caring for every life

## ROTARY CLUB OF BOMBAY MEDICAL FACILITIES

**Cotton Green Clinic**  
Charitable clinic with Bombay Cotton Merchants & Maccodams Association Ltd.

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- Eye Clinic (**Free treatment**)
- Diagnostics like ECG

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Cancer care for children and adults.

- Pediatric Cancer Diagnostics:** Treatment at Tata Memorial Hospital
- Cancer A&B:** Supporting cancer patients with treatment

**Rtn. Swati Jajodia**  
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Free paediatric heart surgeries at our partner hospitals.

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- SRLC Chidhure Hospital, Mumbai
- Seethya Sai Sarvagana Hospital, Navi Mumbai

**Rtn. Jaymin Jhaveri**  
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**Talwada Medical Centre**  
Free, accessible healthcare for underserved tribal and rural communities.

**Phiroze Ratan Shah Vakil Eye Centre (PRVEC):**

- Eye surgeries, check-ups and treatment.

**Ajit Deshpande Medical Centre (ADMIC):**

- Medical camps, preventive care, and specialized services like
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  - Pediatric OPD
  - Dental OPD
  - Pathology Lab
  - TD Patients
  - Gynaecology

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Timings: 9 am - 5 pm, Mon - Sun

**Dr. Ashwini Bhusara**  
+91 97304 97670

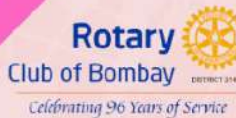
**Dialysis Centres**  
15 Centres across Maharashtra offering Free / Subsidized Dialysis Treatment.

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- Platinum Hospital, Mulund (**Free**)
- Sukh Sagar High-tech Hospital, Kandivli (**Subsidized**)
- Chhatral Hospital, Govandi (**Free**)
- Chhatral Hospital, Kandivli (**Free**)
- Samarpn Dialysis & Thalassemia Centre, Charkopar (**Free**)
- Lifeline Medicine Hospital, Charkop (**Free**)
- Dr. M.L. Unwale Memorial Trust Hospital, Palghar (**Subsidized**)
- K.J. Somaiya Hospital & Research Centre, Son (**Free**)
- Rehaya Shri Ramesh Dialysis Centre, Andheri East (**Free**)
- Medica Hospital, Sagarwadi, Mumbai (**Free**)
- Symbiosa University Hospital & Research Centre, Pune
- Swami Shroddhanand Hospital, Vasa (**Free**)
- Adhikari Lifeline Hospital, Bolser (**Free**)
- Galaxy Super-specialty Hospital, Mulund East (**Free**)

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# Parents' Meeting at BY N.M. Joshi School

A Parents-Teachers Meeting for Standards 1 to 4 was held at N.M. Joshi Primary School on November 8<sup>th</sup>, 2025, marking an important opportunity to review students' progress and share the results of the pre-Diwali examinations. The school conducts such meetings four to five times a year, offering a valuable platform for communication between parents and educators.

As is customary, the Principal invited the Bhavishya Yaan team to address the parents and reiterate the long-term benefits of the programme. Attending the meeting were Bhavishya Yaan Mentor and Rtn. Ptn. Jaya Prasad and Mrs. Alka, one of the programme's Computer Teachers. Primary Principal Sumitra Yamgakar, who also oversees the school building, warmly welcomed them and spoke highly of the impact of Bhavishya Yaan before handing over the floor to the mentor.

Although the meeting was for primary parents, the full scope of Bhavishya Yaan was shared — from strengthening English, computer education, and life skills, to the nutritional support offered during extra classes. Parents were also informed about long-term benefits such as scholarships for higher studies, internships, job placement assistance, and access to medical facilities.

A key message emphasised that parents need not shift their children to English-medium schools, as spoken English training is already provided through Bhavishya Yaan. Mrs. Alka highlighted the structured computer curriculum, beginning as early as Standard 2, progressing each year, and eventually introducing students to concepts like AI.

The meeting concluded with inspiring examples of successful N.M. Joshi Alumni, reflecting how Bhavishya Yaan supports students from primary years all the way to employment, nurturing their confidence and aspirations.



## MONTHLY PATIENT COUNT FOR MONTH OF OCTOBER '25

<p><b>Director:</b> Rtn. Renu Basu</p> <p><b>Committee chair:</b> Rtn. Swati Jajodia</p> <p><b>Co-chair:</b> PP Vijaykumar Jatia</p>
--

DIALYSIS	
PLATINUM HOSPITAL, MULUND	7
AASTHA HOSPITAL, MANOR	18
SUKH SAGAR HOSPITAL, DAHISAR	12
SHATABDI HOSPITAL, GOVANDI	110
SAMARPAN, GHATKOPAR	93
LIFELINE MEDICARE HOSPITAL CHARKOP	44
DR.M.L.DHAWALE MEMORIAL TRUST HOSPITAL, PALGHAR	30
K.J. SOMAIYA HOSPITAL & RESEARCH CENTRE, SION	35
ACHARYA SHRI RAMESH DIALYSIS CENTRE, ANDHERI	55
ROTARY YODA DIALYSIS CENTRE, SYMBIOSIS	100
SWAMI SHRADDHANAND HOSPITAL, VASAI WEST	53
MALLIKA HOSPITAL, JOGESHWARI WEST	48
ADHIKARI LIFE LINE HOSPITAL, BOISAR	28
<b>TOTAL</b>	<b>633</b>

## ROTARY CLUB OF BOMBAY DIALYSIS CENTRES



Sr.No.	Centre / Location	Address	No. of Machines	Charges for Poor Patients
1	Aastha Hospital, Manor	First Floor, Rais Arcade, Palghar-Wada Road, Manor District Palghar 401403	3	Free
2	Platinum Hospital, Mulund	Neptune Colorscape, Dumping Rd, Siddharth Nagar, Mulund West, Mumbai 400080	2	Free
3	Sukh Sagar Hospital, Dahisar (Rotary Dialysis Centre)	Lokmanya Tilak Rd, Mhatre Wadi, Dahisar West, Mumbai 400068	2	800
4	Shatabdi Hospital, Govandi (Rehbar Foundation)	Rehbar Foundation Malik Rakia Khatoon Dialysis Centre, 1st Flr. Shatabdi Hospital, Centenary Building, WTP Marg, Deonar, Govandi East, Mumbai 400088	3	Free
5	Shatabdi Hospital, Kandivali	Swami Vivekananda Rd, Kandivali, Fateh Baug, Kandivali West, Mumbai 400067	2	Free
6	Samarpan Dialysis & Thalassemia Centre, Ghatkopar	Aaradhya Edu-Health Centre, H-wing, 3rd Flr., Aaradya One Earth, Naidu Colony, Pant Nagar, Ghatkopar East, Mumbai 400077	14	300
7	Lifeline Medicare Hospital, Charkop	Near Rustomjee Meridian, Charkop Gaon / Village, Kandivali West, Mumbai, 400067	10	300
8	Dr. M.L. Dhawale Memorial Trust Hospital, Palghar	Boisar Rd, Opp. S.T Workshop, Industrial Co-Op Estate, Palghar 401404	3	250
9	K.J. Somaiya Hospital & Research Centre, Sion, Mumbai	Somaiya Ayurvihar, Eastern Express Hwy, Sion East, Mumbai 400022	10	Free
10	Acharya Shri Ramesh Dialysis Centre, Andheri East, Mumbai	316 B-Wing, Dattani Plaza, near Safed Pool, Sakinaka, Andheri Kurla Road, Andheri(East), Mumbai 400072	10	Free
11	Mallika Hospital, Jogeshwari	Sharma Estate, S V Road, Jogeshwari west, Mumbai Maharashtra 400102	4	Free
12	Rotary Yoda Dialysis Centre, Symbiosis University Hospital & Research Centre, Pune	Building #1, Mulshi Rd, Lavale, Pune 412115, Maharashtra	8	Free
13	Swami Shraddhanand Hospital, Vasal	Near Shankaracharya Samadhi Mandir Navale, Nirmal, Vasal (W, Vasai-Virar, Maharashtra 401304	6	Free
14	Adhikari Lifeline Hospital, Boisar	Adhikari Lifeline Hospital, Nagzari, Boisar	9	Free
15	Galaxy Superspeciality Hospital, Mulund	CTS No. 1124, Ambedkar Nagar, 90 Feet Road, Mulund East, Mumbai, Maharashtra 400081	2	Free

7 Oct 2025

To know more reach out to:

**Rtn. Swati Jajodia +91 9821028587 swati@spentose.com**

   @rcb1929

# CWC LIGHTHOUSE: THE FOOD & NUTRITION SCIENCE FAIR

The Senior Diwali Camp at Lighthouse this year took on an engaging and meaningful theme — Food and Nutrition. Over ten enriching days, students explored how food affects health, energy, the mind, and overall wellbeing. The camp concluded with a lively science exhibition, where every child proudly transformed into a young scientist and nutrition enthusiast.

For the first time at Lighthouse, the classroom was turned into a vibrant mini science fair. Children set up individual tables with charts, models, and live demonstrations, presenting well-researched concepts such as the digestive system, healthy versus unhealthy food, the importance of drinking water, the dangers of excessive sugar, and even the spread of germs through unwashed hands.

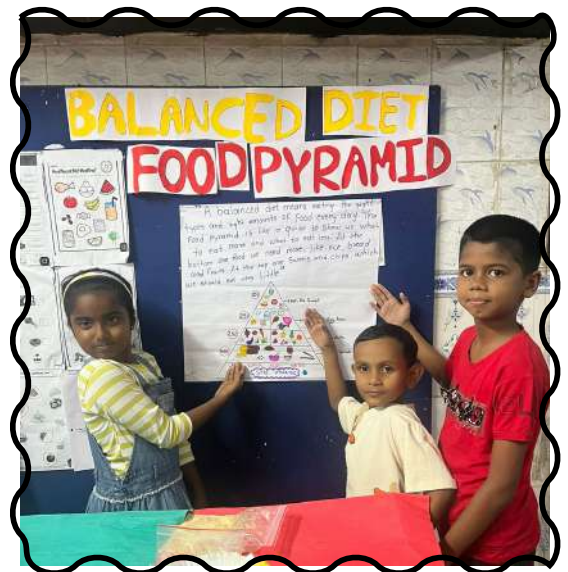
Their confidence was heartwarming. Some children conducted experiments, while others confidently responded to questions from the audience. A particularly special

moment was the enthusiastic participation of mothers, who asked thoughtful questions such as:

- *Why is pani puri unhealthy when eaten outside?*
- *How can we tell if our body hasn't had enough water?*
- *What is the difference between natural sugars in fruits and the sugar found in sweets?*

In a delightful twist, the mothers asked their questions in Hindi, while the children replied fluently in English — a proud demonstration of their growing understanding and communication skills.

The entire experience was inspiring, educational, and filled with creativity. Watching the children bring science and nutrition to life with such enthusiasm made this Diwali Camp truly memorable.



## COOKING UP CURIOSITY

# Lighthouse: Children's Day Celebration at Tata Hospital



Children's Day was celebrated with warmth and joy at Tata Memorial Hospital on 11<sup>th</sup> Nov, bringing moments of delight to children undergoing cancer treatment. A magical performance by My Dolly filled the room with laughter, wonder, and heartfelt messages that touched every child present.

Organised by the Rotary Club of

Bombay with the support of PP Preeti Mehta, the event carried an extra dose of love as Rtn. Chris and Rtn. Ptn. Sushmita Bluemel celebrated their anniversary with the children. They generously distributed art supplies, crayons, and peanut chikkis to all 350 young patients currently receiving treatment, adding cheer to their day.

The celebration was a beautiful blend

of compassion, entertainment, and the true spirit of giving.

Special appreciation is extended to Ms. Shalini Jatia of the ImPaCCT Foundation, the dedicated staff of Tata Memorial Hospital, Rtn. Charu Aggarwal, Ms. Manisha Ahuja, and Nasreen for ensuring a memorable and meaningful day for the children.





# VISIT TO DR. BHAU DAJI LAD MUSEUM: CELEBRATING 100 YEARS OF ART DECO

Twenty Rotarians and partners spent an enriching evening at the Dr. Bhau Daji Lad Museum, exploring the captivating world of Art Deco as part of the Art Deco Alive Festival, marking the movement's centenary from 1925 to 2025.

The specially curated tour traced the origins of Art Deco at the 1925 Exposition in France and its far-reaching global influence, drawing fascinating parallels between Mumbai and Miami's architectural landscapes. The session highlighted how this modern movement embraced innovative materials, bold geometry, and distinctive typography, mirroring India's evolving identity during colonial times. The inspiring story of Perin Mistry, India's first woman architect, added a memorable layer to the experience.

The evening concluded with thoughtful reflections from acclaimed architect Rtn. Ptn. Brinda Somaya and committee member Rtn. Nandini Sampat, followed by coffee and warm fellowship. Curated by Rtn. Natasha Treasurywala, Rtn. Priya Tanna, and Rtn. Ptn. Radhika Saraf, the visit offered a deeper appreciation of architecture, design, and their lasting impact on Mumbai.



President Bimal Mehta, Rotary Club of Bombay  
Rtn. Uday Sanghani, Co- Chairperson, Centre-in-Charge  
and President Dipesh Bari, Rotary Club of Dahanu  
cordially invite you to,

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Supported by Rotary Club of Dahanu

Inauguration of its  
**4th IT Innovation Lab**  
and  
**4th Career Foundation Learning Centre**

**30 November 2025 | Dahanu | 10:30 am**



K. L. Ponda High School  
Parnaka, Dahanu, Dist Palghar 401601  
[CLICK HERE FOR MAP](#)

Both the Rotary-Mahansaria IT  
Innovation Lab and the Rotary-  
Mahansaria CFLC Lab are sponsored  
by the Mahansaria family through  
Rtn. Yogesh Mahansaria.



# Bhavishya Yaan Children's Day Zoo Adventure



To mark Children's Day, the Rotary Club of Bombay organised a delightful zoo visit for the Bhavishya Yaan students of GK Marg from Classes 1 to 5. The outing was a perfect blend of fun and learning, filling the day with excitement, discovery, and cheerful conversations.

The children were thrilled to encounter a wide range of animals and birds. They watched penguins play happily in the water, observed tigers, deer, leopards, and enjoyed spotting brightly coloured parrots. Turtles and crocodiles resting by the pond also captured their attention, prompting curious questions about wildlife and habitats.

The visit provided a valuable opportunity for the young learners to explore nature beyond the classroom. It was a truly enjoyable and enriching experience that made Children's Day memorable for every child.

## BY LITERATURE FESTIVAL CULMINATION BRINGS STORIES TO LIFE



The eight-day Bhavishya Yaan Literature Festival concluded on November 12<sup>th</sup> with a vibrant celebration of creativity and learning. The BY classrooms were transformed into lively spaces that encouraged a love for reading and strengthened spoken English skills. Students enthusiastically took part in debates and performed an engaging role play based on the story studied during the festival.

A delightful highlight was the charming performance where students dressed as dwarfs and sang with great confidence and joy.

The festival proved to be an enriching experience for both teachers and students, successfully fostering a spirited culture of literacy, expression, and imagination.



# KPMG Conducts Cyber Security Workshop for BY Students

Students of Bhavishya Yaan attended an insightful Cyber Security workshop conducted by Mrs. Priyanka from KPMG. The session introduced them to the various online platforms where cybercrimes commonly take place and explained how such offences are carried out, helping students recognise the risks that exist in the digital world.

Mrs. Priyanka also shared practical safety measures, including how to

create strong passwords, identify suspicious online behaviour, and maintain caution while interacting on social media or gaming platforms. She further guided the students on the correct procedures for reporting online bullying or cybercrime, ensuring they knew where to seek help if needed.

The workshop was highly interactive, with students actively participating and asking relevant questions.

Feedback was collected to assess their understanding and reinforce key learnings.

This meaningful session added an important layer of digital awareness to the Bhavishya Yaan programme, helping students become more informed and responsible internet users.



## BY: LIFE-SAVING SKILLS WITH ATMA SANTOSH FOUNDATION

In a valuable initiative to promote safety awareness, the ATMA Santosh Foundation conducted an essential First Aid Safety Workshop for Bhavishya Yaan students at G.K. Marg on November 8<sup>th</sup>, 2025. The session, organised in coordination with mentors and teachers, was designed for students from Standards 6 to 9 and aimed at equipping them with practical life-saving skills.

The workshop was led by Dr. Falguni Patel, who drew upon the Foundation's core health and wellness programme to deliver clear, structured training. Her session focused on imparting the fundamental skills required to respond effectively during medical emergencies, particularly in the crucial moments before professional help arrives.

The training covered a range of vital First Aid topics, including:

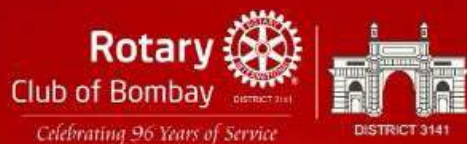
- Initial Assessment (The 3 Cs): Checking the scene for safety, calling for help, and providing care.
- Wound Management.
- Musculoskeletal Injuries.
- Addressing Life-Threatening Emergencies.

The workshop blended theory with practical learning,

ensuring that students gained confidence in applying these techniques. Through this meaningful collaboration, the ATMA Santosh Foundation and Dr. Patel empowered young participants to become capable 'first responders' in their schools and communities.

This session not only enhanced safety awareness but also strengthened the Bhavishya Yaan vision of nurturing responsible, well-informed, and confident young citizens.





# CHRISTMAS DINNER

12.12.2025 | 7:30 PM ONWARDS

OUR GRACIOUS HOSTS

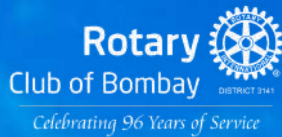
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GOLF**

**ONCE IN A  
LIFETIME  
EXPERIENCE**

**POWERING  
THE INDIAN  
ADULT  
LITERACY  
MOVEMENT**

# ROTARIAN BIRTHDAYS



**Nov 18**  
Rtn. Freyaz  
Shroff



**Nov 20**  
Rtn.  
Jagdish  
Malkani



**Nov 24**  
Rtn. Pratap  
Padode

## ROTARIAN PARTNER BIRTHDAYS

- Nov 18**  
Rtn. Ptn. Jita Kapadia
- Nov 19**  
Rtn. Ptn. Mona Nevatia
- Nov 20**  
Rtn. Ptn. Vinifer Mehta  
Rtn. Ptn. Suman Bang
- Nov 21**  
Rtn. Ptn. Santosh  
Jaipuria

- Nov 22**  
Rtn. Ptn. Pratiksha Mody  
Rtn. Ptn. Gayatri Banka
- Nov 23**  
Rtn. Ptn. Priti Gupta
- Nov 24**  
Rtn. Ptn. Cyrus Aga

## ANNIVERSARIES

- Nov 18**  
Rtn. Ptn. Radhika &  
Rtn. Sameer Kaji
- Nov 19**
- Rtn. Ptn. Dolon &  
Rtn. Parth Ghosh
  - Rtn. Ptn. Ketayun &  
Rtn. Darius Irani
  - Rtn. Ptn. Falguni &  
Rtn. Pratap Padode
  - Rtn. Ptn. Soha &  
Rtn. Nilesh Parekh
  - Rtn. Ptn. Poonam &  
Rtn. Manish Sampat

- Nov 20**
- Rtn. Ptn. Nayna &  
Rtn. Ashok Chinai
  - Rtn. Ptn. Thrity &  
Rtn. Dr. Sorab Javeri
  - Rtn. Ptn. Poonam &  
Rtn. Ajit Lalvani
- Nov 24**  
Rtn. Ptn. Rakhee &  
PE Manish Reshamwala



## NEXT TUESDAY: Jesh Krishnamurthy in conversation with Rtn. Manjeet Kripalani on Advanced Nature: The World our children will inherit

Jesh Krishna Murthy is the CEO and founder of Anibrain, a leading global VFX studio, and the creator of Advanced Nature—an award-winning practice fusing science, art, community, and waste. Through cement-free, CII Green Pro-certified concrete made from industrial by-products, he is pioneering low-carbon, rural-scale manufacturing in India. Based in Pune, his work has earned national recognition. Jesh has also chaired key AVGC committees and contributed to the Prime Minister’s AVGC Task Force.



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Director Renu Basu	
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Heritage, Art & Culture	Aditya Somani
Museum & Contemporary Arts	Priyarsi Patodia
RCB Medical Centre, Talwada	Chairman Emeritus PP Dr. Rumi Jehangir Mihir Mody
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Anusuya Devi Tappar College	PP Pradeep Saxena
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IT Innovation Labs	Nikhil Sanghai
Adult Literacy	Runit Shah
ESS Curriculum	Gautam Doshi
Scholarships	PP Preeti Mehta
Night Study Centre	Jamshyd Vazifdar
Director Swati Jajodia	
Cotton Green Clinic	Dr. Mehernosh Dotiwala
Cancer Aid	Farokh Balsara
Early intervention in Neurodivergent Children	PP Shernaz Vakil
Dharamshala	Miral Shah
Dialysis	Swati Jajodia
Director Mudit Jatia	
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Director Jaymin Jhaveri	
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Paediatric Heart Surgeries	Natasha Treasurywala
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Satellite Club	Murad Currawalla
Interact Schools	Mudit Jain