



THIS TUESDAY, **25 AUGUST, 2026**

Author Mallika Ravikumar will address the Club on The Dramatic Story of Unifying India.

Upcoming events

Sunday, 30 August:

9th Table Tennis
Tournament at Bombay
YMCA, Colaba.

Tuesday, 1 September:

Abraham Thomas, CEO of
Radio City will address the
Club.

Tuesday, 8 September:

Dr. Utsav Shah will address
the Club on 10-min chair
exercises to solve long
term mobility issues.

Tuesday, 15 September:

Neurosurgeon Dr. Mazda
Turel will take the Club
through 'Bheja Fry: Stories
from the Human Brain and
the Heart'.

7 - 11 October:

Fellowship Trip to
Khajurao, Madhya
Pradesh.

Friday, 23 October:

Diwali Nite



Ms. Nirmala Kokate honoured with the Rotary Club of Bombay Somchand Parikh Award for Best Teacher.

"Dear respected members of Bhavishya Yaan and the Rotary Club of Bombay, thank you for giving me this wonderful opportunity to express my heartfelt gratitude. I am Nirmala Kokate, a proud Bhavishya Yaan alumna and currently working as a Vidya teacher at Lighthouse.

I still remember the day Bhavishya Yaan became a part of my life. I was in the 6th standard, a little girl from a very simple family, walking into class. It felt like stepping into a new world. At Bhavishya Yaan, we were taught computer skills and English. Along with academics, we also had annual day celebrations, picnics, summer camps, and Christmas parties. Those special experiences made us feel valued and loved.

My classmates and I learned countless lessons at

Bhavishya Yaan that helped shape our personalities. It taught us that no matter where we come from, we can grow to become confident individuals. It gave us the courage to chase our dreams.

After school, I pursued my education and, in due course, I completed my graduation and post-graduation. Today, I stand here with so much pride. **I was once a Bhavishya Yaan student, then I joined as a volunteer at Lighthouse, and now I have the privilege of serving as a Vidya teacher.** It is a journey I never imagined for myself. I consider myself very fortunate.

I am grateful to Ekta ma'am and Asha ma'am from the Rotary Club of Bombay, and Manisha ma'am and the Vidya team, for their guidance and their belief in me, which has helped me become the teacher I am today. Because of them, I have become a

better version of myself.

The strongest inspirations in my life have been my mother and my brother. Growing up, I watched them work very hard and support our family. Today, my brother Nikhil is a CRPF officer. His courage and discipline motivate me every single day to give my best in whatever I do.

I believe in the principle of learning, and I am committed to giving back. Teaching little children at Lighthouse has been very rewarding and satisfying. I aim to make a positive impact on these children's lives by encouraging them to pursue their goals.

Finally, I want to say this: **thank you for believing in children like me and helping us become the people we are today.** Thank you so much. "

— Ms. Nirmala Kokate

Lt. General Tinakar on the role of Army and the Independence of the Indian State.

Borders. Security. Sacrifice.

- India's borders demand constant vigilance, with the Army safeguarding territorial integrity across some of the world's most challenging terrain.
- China remains the principal strategic threat, making stronger deterrence, infrastructure and defence capabilities imperative.
- Lessons from past conflicts matter, from the loss of Haji Pir and territory in 1962 to the sacrifices at Siachen and Kargil.
- Independence comes at a cost, and national security is a shared responsibility that extends beyond the armed forces.

CLICK HERE
To read the
FULL
TRANSCRIPT



We recently celebrated our 80th Independence Day with great pride. We recalled the achievements we have made thus far. We spoke with confidence and resolve about wanting India to be a high-income country in the next 20 years. But as the world gets more competitive and interests start clashing, it is not going to be a very easy journey. We have our internal problems, we have our divisions, we have our politics, and there is the enemy at the gate. We live in a very unfriendly and hostile environment, very suspicious of our progress and ever willing to put a spoke in our growth story.

Let us now look at our neighbourhood. Our land borders are 15,106 kilometres, but the disputed portion of this land border is 4,343 kilometres, and most of it is in mountainous, high-altitude, and glaciated terrain in the north. This is fully manned by the Army. China is 348 kilometres, and Pakistan is 855 kilometres. The western borders and the eastern borders are manned by the BSF and the Assam Rifles. The largest land boundary that we have is with Bangladesh, 4,000 kilometres, but that is, again, a porous boundary, not related to the defence of the country, but there are internal security issues that you are well aware of. This is, of course, a legacy of British rule and of our Partition 80 years ago.

The principal role of the armed forces, you may have seen the armed forces here, or you would have noted their role in J&K, is to defend territorial integrity and national sovereignty. If a nation allows its President to be kidnapped by a foreign force, it is not a nation. It is certainly not a sovereign nation. If your land borders are violated and if land is stolen, more land is going to get stolen, and you will not have a nation to defend.

So little is known, particularly to people from Bombay, of the complexities of defending a nation as vast and as diverse as India in a very important geo-strategic location in South Asia. Again, very little is known, and most of it is hidden, about the trials, tribulations and sufferings that are endured by the defence forces in defending our territorial integrity and sovereignty. I am only talking about the Army. I mean, the naval and the Air Force role is entirely different. But the largest component of our defence forces and the largest percentage that takes over the budget of the country is, of course, the Army.

So, what I will do is recount very briefly the important events on our borders, which you may or may not know. Most of you will not know, and see it in perspective, so that you are able to appreciate the kind of challenges that lie on the borders.

The starting point has to be the independence of India in 1947. **In 1947, we were a very fractured entity and in urgent need of political and territorial integration.** There were 565 princely states. They had the technical right to become independent. Forty-eight per cent of our land area and J&K, was at the apex of both the dominions. We know that it is a mountain barrier; it is a source of all rivers, but that is beside the point. This particular state, with a Muslim majority and a Hindu ruler became a symbol and keystone of both these dominions, India and Pakistan. It had to be fought over. And that state has strategic importance to both, not just because of the rivers, but the basic idea of India and Pakistan is contained in this state.

Then there are the frontiers in the north-east. In the north-east, you find another area that is now Arunachal Pradesh. Those are the frontiers in the north-east. These were tribal lands which were very sparsely populated, mountainous, forested, and where customary or tribal law worked. There was no representation of anybody there except for a single political officer of the British.

When we became independent, the borders were so structured that the connectivity to both these extremities abruptly ceased. The principal connectivity to J&K was via...

Fellowship, Service and the Year Ahead

- 40+ members gathered for the first fellowship of the year
- Nearly 10 new members joined the evening
- President Dev Shah outlined the Club's priorities
- Greater integration with the Rotary Club of Bombay
- Five focus areas: Child Welfare, Animal Welfare, Women Empowerment, Healthcare and Education



The Satellite Club held its first fellowship of the year at Willingdon, bringing together more than 40 members, including nearly 10 new members, for an evening of camaraderie and renewed enthusiasm.

The evening began with introductions to the committee and new members, followed by Satellite Club President Dev Shah sharing his vision and

priorities for the year ahead.

A key focus will be strengthening the Club's integration with the Rotary Club of Bombay, with the Satellite Club aiming to participate more actively in the main Club's projects and initiatives and deepen the connection between the two.

The Club will continue its work across five key verticals: Child Welfare, Animal Welfare,

Women's Empowerment, Healthcare and Education.

The enthusiasm of the new members brought fresh energy to the evening, as the Club looks forward to another year of fellowship, collaboration and service. In keeping with this year's theme, "Service that becomes a legacy," the Satellite Club aims to build on its journey and create meaningful, lasting impact together.

MILTON

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Highlights in Frames



PP Ramesh Narayan, Rtn. Rajesh Shah, President Manish Reshamwala, Jt. Hon. Secy. Madhusudan Daga, Guest Speaker Lt. Gen. Shailesh Tinaikar, Rtn. Albert Almeida, Rtn. Anand Dalal and Rtn. Alok Seksaria



Guest Speaker Lt. Gen. Shailesh Tinaikar, Ms. Rashmi Sharma and PP Ramesh Narayan



PP Nirav Shah and Hon. Secy. Farhat Jamal



Rtn. Ptn. Asha Shah, Rtn. Ptn. Ekta Shah, Awardee Ms. Nirmala Kokate with Vidya Team



BY Alumni Arti, Pooja, Rtn. Ptn. Ekta Shah, Awardee Nirmala Kokate, PP Ramesh Narayan and Guests



Rtn. Mudit Jain, PP Nirav Shah and Rtn. Amit Banka



Rtn. Dr. Nisheeta Agarwala, President Manish Reshamwala and Rtn. Sunita Mandelia



Rtn. Zaheer Memon, Rtn. Sanjiv Saran Mehra, Rtn. Hursh Meghani and Rtn. Dr. Rustom Ginwala



President Manish Reshamwala, Rtn. Ptn. Asha Shah and Awardee Ms. Nirmala Kokate



Rtn. Amit Banka, Rtn. Dilip Dalal, PP Satyan Israni and First Lady Rakhee Reshamwala



Rtn. Ptn. Asha Shah, PP Preeti Mehta and Rtn. Ptn. Ekta Shah



President Manish Reshamwala, PP Ramesh Narayan and Ms. Rashmi Sharma



Rtn. Naresh Kumar Jain, Rtn. Shyamniwas Somani and President Manish Reshamwala

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ROTARY CLUB OF BOMBAY.
SPORTS COMMITTEE
PRESENTS THE

9TH TABLE TENNIS Tournament

OPEN TO OUR ROTARIANS
AND THEIR FAMILY MEMBERS

**30 AUGUST
2026**

Start Time:
8:45am

Venue:
Bombay YMCA Colaba.



Register with

Rtn. Jamshyd Vazifdar +91 9821435558
jamshydv@gmail.com

Personal Safety and Child Abuse Prevention

- **150+ Std VII students participated**
- **Workshop held on 13th and 14th August**
- **Focus on personal safety, boundaries and recognising unsafe situations**
- **Students encouraged to speak up and seek help**

The Anjuman Islam Interact Club of the Rotary Club of Bombay conducted a workshop on Personal Safety and Prevention of Child Abuse for more than 150 Std VII students on 13th and 14th August, 2026. The session was led by Ms. Zainab Lokhandwala.

The workshop focused on recognising inappropriate

behaviour, distinguishing between safe and unsafe situations, understanding personal boundaries, and knowing when and how to seek help from a trusted adult.

Through an interactive and student-friendly approach, Ms. Zainab encouraged students to speak up when they feel uncomfortable and to respect the personal boundaries of

others. The session equipped them with greater awareness, confidence and practical knowledge to stay safe and make informed decisions.

The initiative reflects the Anjuman Islam Interact Club's commitment to supporting the safety, well-being and overall development of young people.



INNER WHEEL CLUB

- **Awareness sessions held for 80+ Interact students**
- **Conducted by SPARSH, Inner Wheel Club of Bombay**
- **Focus on personal safety, recognising unsafe situations and seeking help**
- **Concluding session attended by President Neela Parekh**

A series of awareness sessions on Personal Safety and Prevention of Child Abuse was conducted by SPARSH, Inner Wheel Club of Bombay, for more than 80 students of the Interact Club of Anjuman Islam of Rotary Club of Bombay on 13th, 14th and 20th August, 2026.

The sessions were conducted by Ms. Zainab Lokhandwala, who sensitised students to personal safety, recognising unsafe situations, and the importance of speaking up and seeking help.

On the concluding day, Ms. Neela Parekh,

President of Inner Wheel Club of Mumbai, graced the session with her presence. The programme was conducted under the guidance of Principal Mrs. Rizwana Satore, who appreciated the initiative and the efforts taken to create greater awareness among the students.



SDG 14: Life Below Water Awareness Session

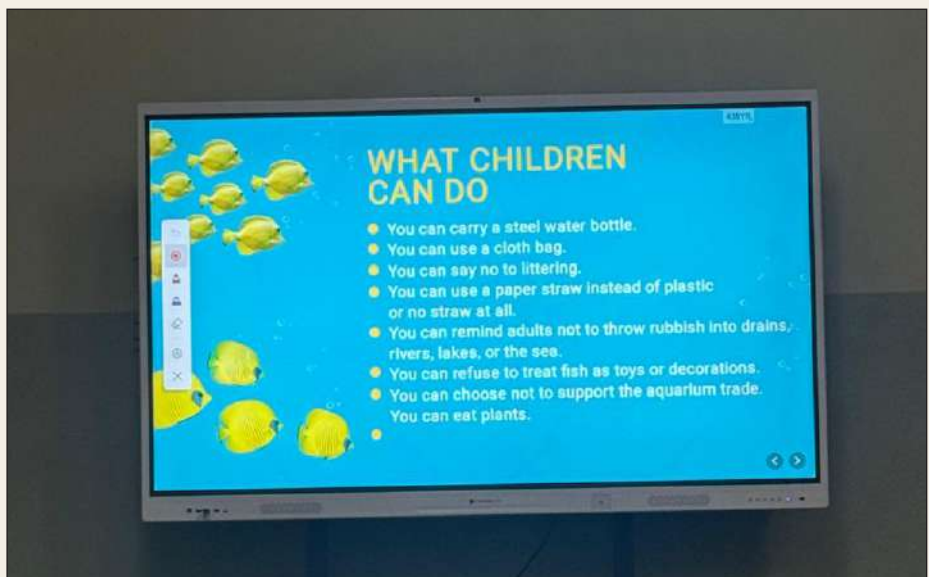
- 270 students from Classes V to VIII participated
- Focus on SDG 14: Life Below Water
- Marine life, plastic pollution and harmful fishing practices discussed
- Students encouraged to reduce plastic use and protect aquatic ecosystems

On 18th August, 2026, Sir J. J. Girls' High School conducted an awareness session on Sustainable Development Goal (SDG) 14: Life Below Water for approximately 270 students from Classes V to VIII. The session was organised by Ms. Waheeda Shaikh in collaboration with PETA India, Rotary Club of Bombay and Matterly Foundation.

Led by Ms. Minal, the interactive session introduced students to the fascinating world of marine life and highlighted the importance of oceans to life on Earth. Students learnt about the diversity and behaviour of aquatic creatures, including fish that act as cleaners, form social groups and use vibrant colours to attract mates.

The session also explored threats to marine life, including harmful fishing practices and plastic pollution, which can cause animals to ingest waste or become trapped in it. Students were encouraged to take personal responsibility by reducing plastic use, avoiding littering, keeping beaches clean, disposing of waste responsibly and spreading awareness among family and friends.

The school expressed gratitude to PETA India, Rotary Club of Bombay, Matterly Foundation and Ms. Minal for the meaningful session, with special appreciation to Ms. Waheeda Shaikh for organising the initiative.



ROTARIAN BIRTHDAYS



25 August
Rtn. Kaushal
Mehta



30 August
Rtn. Dr. Vishakha
Shivdasani



31 August
Rtn. Vijay
Meghani

ROTARIAN PARTNER BIRTHDAYS

26 August

Rtn. Ptn. Dina Golwalla

27 August

Rtn. Ptn. Neelima Baliga

27 August

Rtn. Ptn. Neeraja Taparia

28 August

Rtn. Ptn. Usha Agarwal

29 August

Rtn. Ptn. Neetee Chadha

ANNIVERSARIES

27 August

Rtn. Ptn. Shobha & PP Haresh Jagtiani

NEXT TUESDAY:

September 1st, 2026: Abraham Thomas, CEO of Radio City will address the Club.



Abraham Thomas is the CEO of Music Broadcast Limited (Radio City), a seasoned business leader, growth driver, digital entrepreneur and brand builder with extensive experience across the media and entertainment industry. Over the course of his career, he has built, scaled and led large businesses across Print, Television and Radio, delivering growth in dynamic and highly competitive markets.

A strategic and results-oriented leader, Abraham brings a strong understanding of media businesses, consumer behaviour, brand building and the evolving digital ecosystem. His leadership has been defined by his ability to identify emerging opportunities, develop sustainable business models and build high-performing teams that deliver consistent results.

As the CEO of Music Broadcast Limited, he has been at the forefront of steering Radio City through a rapidly changing media environment, where traditional broadcasting increasingly intersects with digital platforms, technology and new-age consumer engagement. His approach combines business acumen with a deep understanding of the power of content, brands and audience relationships.

An advocate of innovation and transformation, Abraham has consistently focused on creating businesses that remain relevant in a fast-evolving media landscape. His experience across multiple media formats gives him a distinctive perspective on the convergence of traditional and digital media, making him a prominent voice in India's evolving media and entertainment sector.

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contact@rotaryclubofbombay.org
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The Rotary Foundation	PP Vijay Jatia
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Finance, CSR & Investments	Rtn. Mehul Sampat
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Classification & Membership	PP Framroze Mehta
Information	PDG Sandip Agarwalla
Director Swati Jojodia	
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Bhavishya Yaan	Rtn. Jagdish Malkani
Lighthouse	Rtn. Dilip Dalal
Child Welfare	Rtn. Meher Vakil
Anaemia Project	Rtn. Vishal Vora
Director Sherebanu Baldiwala	
Urban Nature Habitat (Bio Diversity Park)	Rtn. Rustom Vakharia
Rotaract Clubs	Rtn. Murad Currawalla
Satellite Club	Rtn. Sidhant Jatia
Interact Schools	Rtn. Rustom Vakharia
Women Empowerment	Rtn. Tahera Mandviwala
Director Pradeep Chinai	
Fund Raising	PP Vineet Bhatnagar
Paediatric Neuro Sciences	Rtn. Dr. Viraj Sanghi
Public Awards	Rtn. Anand Dalal
Transformation Learning (Toy Bank)	Rtn. Ami Jagtiani
Director Rhea Bhumgara	
Bulletin	Rtn. Mudit Jatia
Early Intervention Neurodivergent Children	PP Shernaz Vakil
Scholarships	Rtn. Alok Sekhsaria
Overseas Scholarships	Rtn. Niloufer Lam
International Programmes	Rtn. Christopher Bluemel
Attendance	Rtn. Mahesh Khubchandani
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Anusuya Devi Taparia College	Rtn. Rhea Bhumgara
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Night Study Centre	Rtn. Varsha Daiya